

# Rare Diseases – Why Another Forum?

Rare Disease Forum, October 17, 2018

Dragos Roman, MD

Acting Director

Division of Gastroenterology and Inborn Errors Products

OND/CDER/FDA

## Disclosure Statement

- The views expressed in this presentation are entirely mine, and do not represent an official FDA position.
- I have no financial interests to disclose.

# Farnesoid X nuclear receptor ligand obeticholic acid for non-cirrhotic, non-alcoholic steatohepatitis (FLINT): a multicentre, randomised, placebo-controlled trial

*Brent A Neuschwander-Tetri, Rohit Loomba, Arun J Sanyal, Joel E Lavine, Mark L Van Natta, Manal F Abdelmalek, Naga Chalasani, Srinivasan Dasarathy, Anna Mae Diehl, Bilal Hameed, Kris V Kowdley, Arthur McCullough, Norah Terrault, Jeanne M Clark, James Tonascia, Elizabeth M Brunt, David E Kleiner, Edward Doo, for the NASH Clinical Research Network\**

	Obeticholic acid	Placebo	Relative risks or mean changes from baseline* (95% CI) (obeticholic acid vs placebo)	p value*
<b>Primary outcome†</b>				
Number of patients at risk‡	110	109		
Patients with improvement	50 (45%)	23 (21%)	1.9 (1.3 to 2.8)	0.0002
<b>Changes from baseline in histological features</b>				
Number of patients with biopsy specimens at baseline and 72 weeks	102	98		
Resolution§ of definite non-alcoholic steatohepatitis	22 (22%)	13 (13%)	1.5 (0.9 to 2.6)	0.08
<b>Fibrosis¶</b>				
Patients with improvement	36 (35%)	19 (19%)	1.8 (1.1 to 2.7)	0.004
Change in score	-0.2 (1.0)	0.1 (0.9)	-0.3 (-0.6 to -0.1)	0.01
Total NAFLD activity score				
Change in score	-1.7 (1.8)	-0.7 (1.8)	-0.9 (-1.3 to -0.5)	<0.0001
<b>Hepatocellular ballooning</b>				
Patients with improvement	47 (46%)	30 (31%)	1.5 (1.0 to 2.1)	0.03
Change in score	-0.5 (0.9)	-0.2 (0.9)	-0.2 (-0.5 to 0.0)	0.03
<b>Steatosis</b>				
Patients with improvement	62 (61%)	37 (38%)	1.7 (1.2 to 2.3)	0.001
Change in score	-0.8 (1.0)	-0.4 (0.8)	-0.4 (-0.6 to -0.2)	0.0004
<b>Lobular inflammation</b>				
Patients with improvement	54 (53%)	34 (35%)	1.6 (1.1 to 2.2)	0.006
Change in score	-0.5 (0.8)	-0.2 (0.9)	-0.3 (-0.5 to -0.1)	0.0006
<b>Portal inflammation  </b>				
Patients with improvement	12 (12%)	13 (13%)	1.0 (0.6 to 1.7)	0.90
Change in score	0.2 (0.7)	0.2 (0.7)	0.0 (-0.1 to 0.2)	0.59

# FDA Goals for the Rare Disease Forum



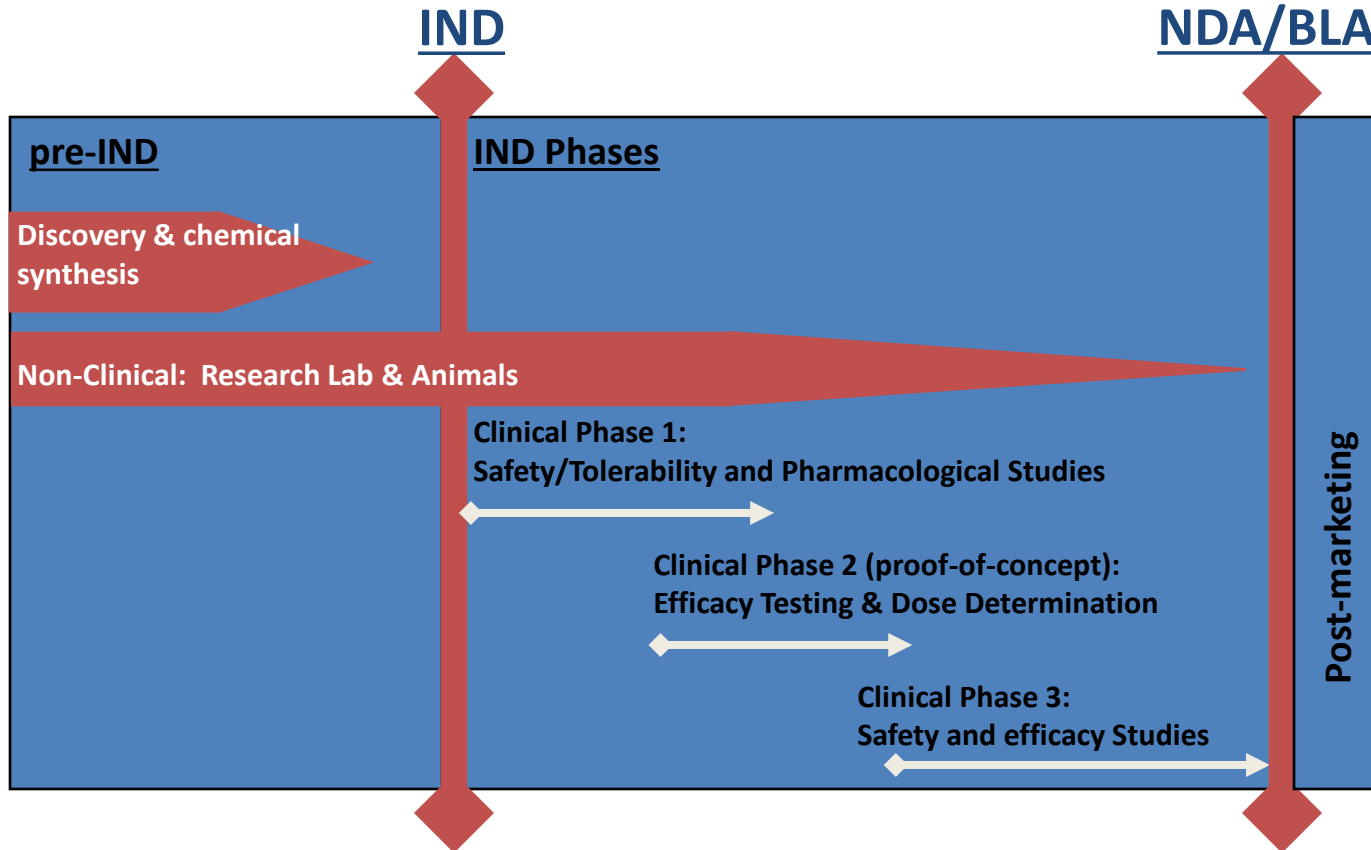
- Science and data based discussions focused on drug development in rare diseases
- “Bottom up” approach (not policy focused)
- Create a common vocabulary and experience with clinical investigators
- Transparency: share and explain FDA reviewers’ approaches to non-FDA stakeholders
  - Dispel misconceptions: “FDA’s heavy reliance on p-values”( frequentist vs. Bayesian or other new statistical approaches)
  - Explain “totality of data”
  - Regulatory flexibility

# FDA Goals for the Rare Disease Forum - continued



- Hear stakeholder's take on practical challenges and potential solutions to facilitating drug development in rare diseases
- Discuss specific issues and how they will impact all rare diseases, e.g.:
  - Relevance and limits of animal models for rare diseases
  - Dose selection in absence of PD endpoints
  - Dose selection when PD biomarkers exist but their full understanding/relevance is unclear
  - Dose selection for drugs/biologics administered directly into CSF
  - Seamless trial designs and other novel trial designs for drug development in rare diseases

# Traditional Drug Development



# Drug Development in Rare Diseases

- Continuum that integrates traditional drug development phases (I/II/III)
  - new approaches and new ways of conceptualizing the program
- Drug development is global
  - communications with other regulators
- DGIEP wants to be involved at pre-IND stage
  - Identify program specific challenges and work collaboratively towards a solution
  - Provide early input
    - dose selection and whether dose exploration is sufficient
    - endpoint(s) selection
    - ensure that the trial design is informative for a regulatory decision





# FDA Commitment to Drug Development via FDA Guidances

- Pediatric Rare Diseases — A Collaborative Approach for Drug Development Using Gaucher Disease as a Model - 2017
- Inborn Errors of Metabolism That Use Dietary Management: Considerations for Optimizing and Standardizing Diet in Clinical Trials for Drug Product Development-2018
- Slowly Progressive, Low-Prevalence Rare Diseases with Substrate Deposition That Results from Single Enzyme Defects: Providing Evidence of Effectiveness for Replacement or Corrective Therapies-2018

# Rare Disease Forum – Challenges for the Future

- Maintaining stakeholder commitment and involvement
  - marathon vs. 800m race
- Develop a flexible blueprint:
  - Lump vs. split?
    - focus on disease groups (e.g. MPS, subtypes of mitochondrial diseases, somatic vs. neurological manifestations, etc.) ?
    - focus on a specific disease and extrapolate/adapt knowledge to same or similar classes of diseases?
    - Combine approaches
    - Develop new ones

# Rare Disease Forum – Challenges for the Future

- Stick to basic principles of drug development (“first principles”) but reimagine them in a more dynamic , novel way
  - Individualize animal data requirements under current regulation to specific programs
  - Discuss Study Design Issues (e.g. adaptive designs)
  - Novel statistical approaches
  - Do not forget devices!
- Remain creative and avoid duplicative work with other forums – share information

## FDA Presentations and Participation

- Provide regulatory context:
  - CDER
  - CBER
- Discuss 3 Case Studies – Issues and Solutions:
  - Palynzig – include patient’s voice
  - Brineura – limitations of external controls
  - Mepsevii – impact of missing data
- Highlight two critical issues:
  - Data quality to support regulatory flexibility
  - Ethical considerations for initiation of pediatric studies



**Thank you!**