## Shifting Focus:

# Development of Integrated HIV/HCV Outreach, Testing and Linkage (OTL) Training



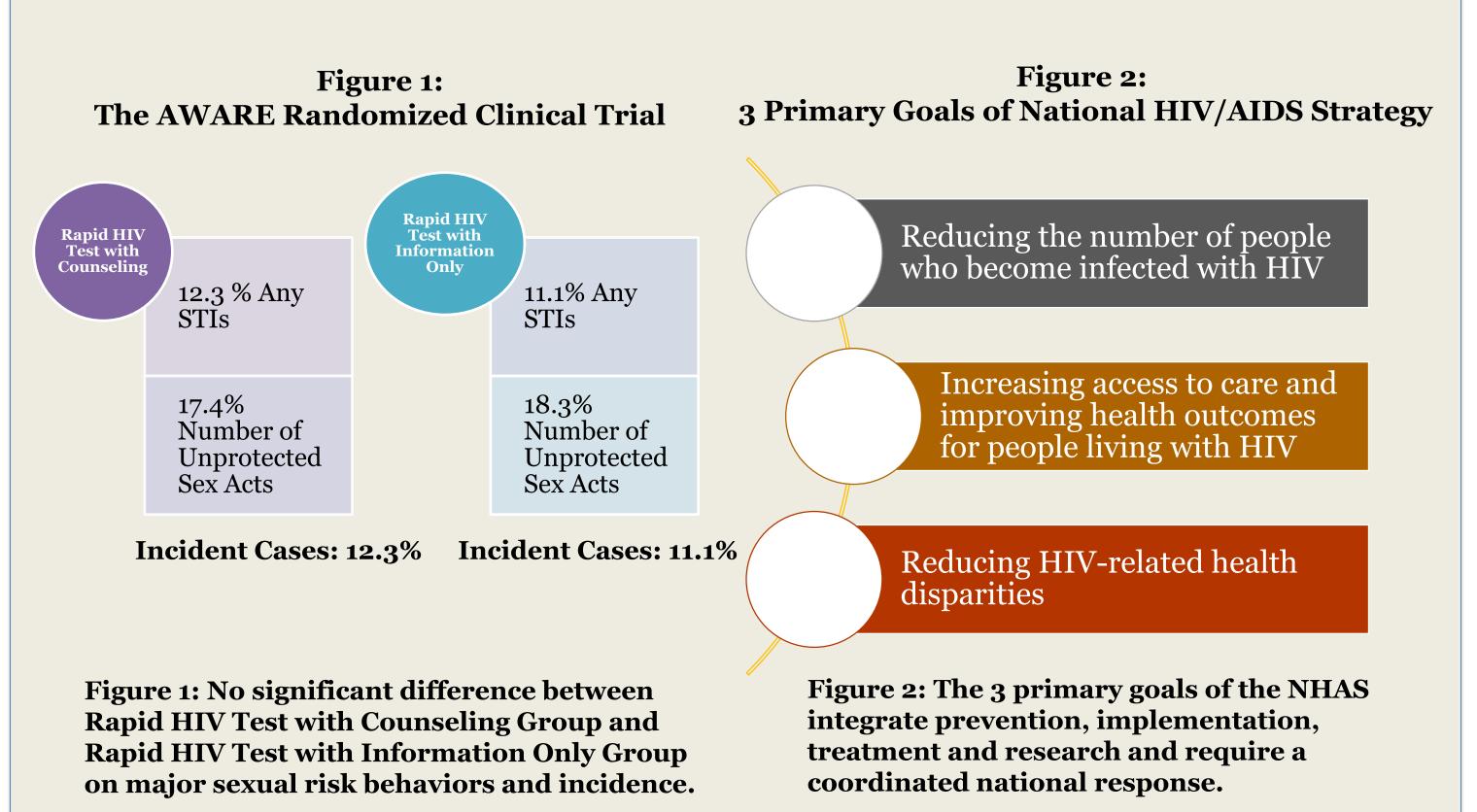
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## BACKGROUND

In 2014, the Hawaii Department of Health (DOH) developed a new statewide Outreach, Testing and Linkage (OTL) training curriculum for certification of HIV/HCV testers. Replacement of the existing counseling, testing and referral (CTR) curriculum was based on multiple factors:

- AWARE study¹ which deemed individual counseling ineffective
- Dwindling resources and funding
- National HIV/AIDS Strategy<sup>2</sup> and Viral Hepatitis Action Plan<sup>3</sup>



#### **OBJECTIVES**

- Provide training specific to targeted referral, linkage and retention-in-care services for high risk groups especially people who inject drugs and HIV-positive individuals
- Enhance tester knowledge, attitudes and practices around HIV, HCV, PrEP and referral services

#### RESULTS

DOH and LF reviewed priority areas and developed new curriculum, agenda, and all necessary training materials. The pilot training took place in February 2015 with eight participants of varying HIV/HCV testing knowledge and experience.

- The pilot training certified eight participants in February, 2015.
- Evaluation surveys from all participants demonstrated increased capacity to test, refer, and link clients, especially those at high risk.
- A refresher training for previously certified testers will provide new strategies and tools emphasized in the new curriculum.

Group Size

• Limit training group size to 12 participants
• Mix seating arrangements for integration of community resources

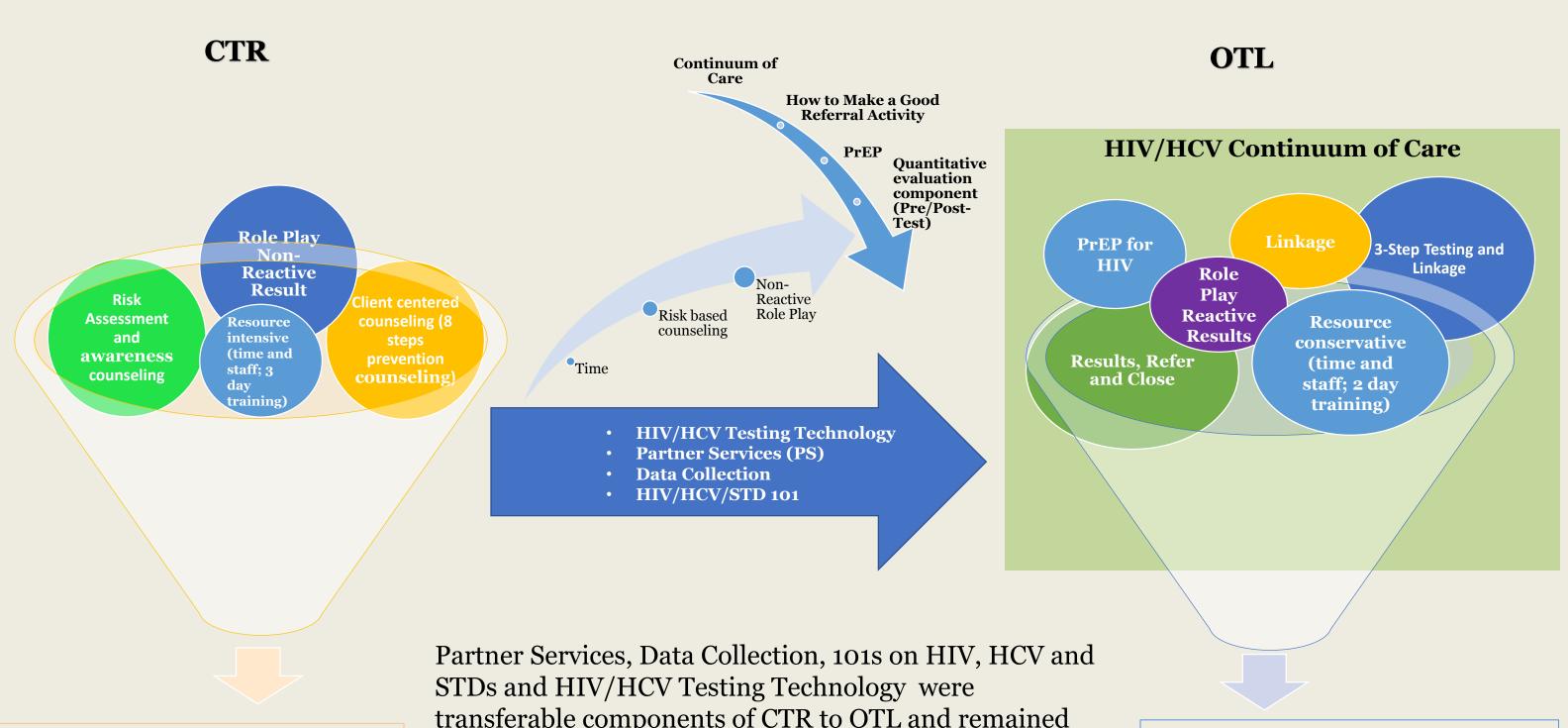
Community
Mapping

• Increase emphasis on importance of referrals for service optimization
• Increase emphasis on local resources available for referrals

• Increase emphasis on importance of integrated HIV/HCV/STD services for coordinated health system approach
• Increase emphasis on useful tools to implement integrated service approach

The pilot training informed strategies to be implemented by trainers and facilitators at future trainings. Key results include the importance of small **group size** for the training and **relationship building among trainees**; increased attention to **community resources**; and increased emphasis **on integration of HIV/HCV/STD services** 

#### **Key Transitional Components from CTR to OTL**



Counseling, Testing and Referral model is based on conducting a risk assessment of all clients and developing a risk reduction plan. Client makes a risk reduction plan that they feel is achievable. There is no follow up from counselor to see if they actually stick to the risk reduction plan.

STDs and HIV/HCV Testing Technology were transferable components of CTR to OTL and remained the same in the process of updating the curriculum.

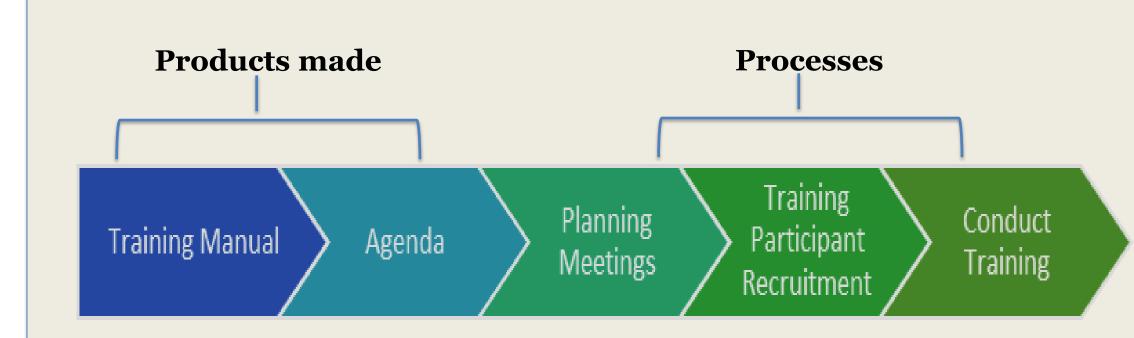
The following inputs and expunges were made:
Inputs: Implemented a pre/post-test to quantify
measurable impact of training material;
Facilitated discussion on community resources and
appropriate referrals; Case Management
Expunges: 8 step prevention counseling

Outreach, Testing and Linkage model is based on testing those at highest risk and offering appropriate referrals. Referrals made can then be followed up by the tester to ensure they receive services. Referrals are for clients who are HIV negative or HIV positive to help improve their overall health.

### METHODS

DOH staff assessed current testing curricula used in Hawaii and other jurisdictions and identified priority areas for the new curriculum:

- Established continuum of care as context
- Integration of HIV and HCV testing services
- Testing, referrals, linkage and retention-in-care
- Emphasis on PrEP
- Emphasis on referrals for Partner Services
- Streamlining DOH time and resources



Over 6 months, DOH developed training manual, agenda, held multiple planning meetings, recruited participants and conducted training with the help of Capacity Building Assistance (CBA) from Capacity for Health which subcontracted Life Foundation (LF).

## CONCLUSIONS

- The training emphasizes streamlined services for clients at high risk for HIV/HCV. The new training model is **less resource-intensive** for DOH and AIDS Service Organizations (ASOs) and more aligned with national strategies.
- The shift in priorities from counseling to **targeted referrals** has engendered larger discussions with ASOs about novel strategies for HIV and HCV prevention.
- **Continuing education** and refresher trainings will be provided for all certified testers to maintain testing and linkage skills and to ensure adherence to the priority populations at risk for HIV and HCV.



Acknowledgements
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- 3. US Department of Health and Human Services. Combating the silent epidemic of viral hepatitis: action plan for the prevention, care, and treatment of viral hepatitis. Weekington, DC: HHS: 2011