# Increasing Access to HIV Care through Institutional Policy in the Acute Care Setting

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## Objectives

- Identify the connection between policy change and increased HIV testing and linkage to care
- Describe the dissemination of policy changes and how they influence interdisciplinary workflow
- Explore impact of policy changes on patient-level data

## Why Test Routinely for HIV in the Acute Care Setting?

- Maryland is ranked second in the nation for new HIV diagnoses among US States and Territories<sup>1</sup>
- Only 66% of Persons living with HIV are linked to HIV care; only 45% are retained in care<sup>2</sup>
- The acute care setting is the first line of medical care in our community<sup>3</sup>

<sup>&</sup>lt;sup>1</sup> Centers for Disease Control & Prevention, 2013

<sup>&</sup>lt;sup>2</sup> Gardner et al, 2011

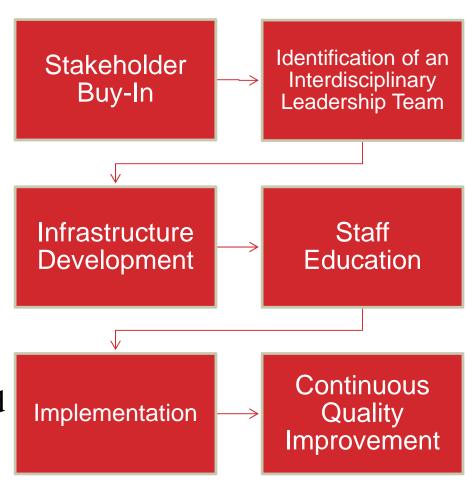
<sup>&</sup>lt;sup>3</sup> Gresenz CR, 2010

## Implementing Policy Change

- Hospital wide policy changes were made to facilitate the routine HIV testing and linkage to care process
- Policy changes were approved by the Executive Infection Control Council, Performance Improvement Steering Committee and Medical Executive Committee
- Policy changes included:
  - Clearly identifying the nurse's role
  - CDC recommended guidelines
  - Clear delineation of linkage to care process
  - Routine HIV Testing Process Algorithm
  - Patient Educational Brochure

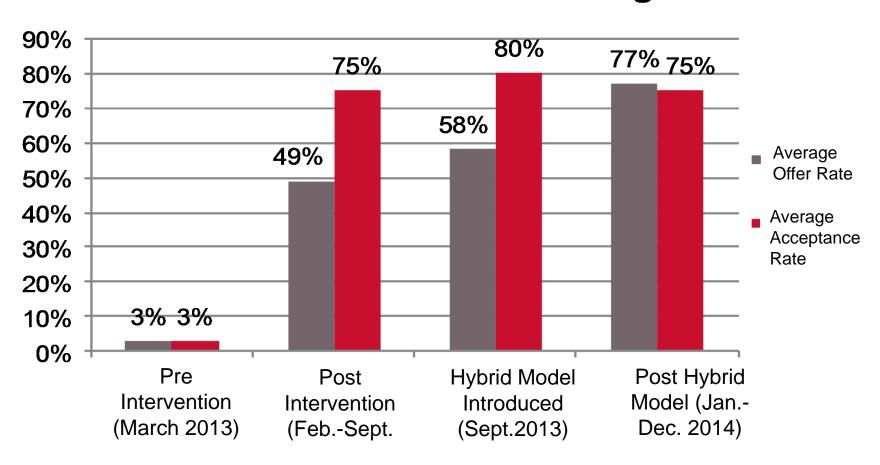
## Process for Policy Implementation

- Policy changes and the routine HIV testing and linkage to care process were established using a six-step process for organization change<sup>4</sup>
- Interdisciplinary education performed through champions, train the trainer, case conferences, huddles and staff meetings



#### Results

#### 2013 and 2014 Routine Testing Data



## Results and Next Steps

4,451

Patients tested since 2013 as part of the routine HIV testing initiative

26

Newly diagnosed HIV positive patients

Previously diagnosed HIV positive patients out of care
Newly diagnosed HIV positive patients linked to outpatient HIV care

52%

Previously diagnosed HIV positive patients re-linked to outpatient care

- Process is successful in identifying and linking PLWH to outpatient HIV care.
- Next steps include examining opportunities to reduce readmissions by implementing more comprehensive and longitudinal transitional care coordination.

#### References

- <sup>1</sup> Centers for Disease Control and Prevention. (2013). Diagnoses of HIV Infection in the United States and Dependent Areas, 2011 *HIV Surveillance Report* (Vol. 23). Atlanta: Centers for Disease Control and Prevention.
- <sup>2</sup> Gardner, E. M., McLees, M. P., Steiner, J. F., Del Rio, C., & Burman, W. J. (2011). The spectrum of engagement in HIV care and its relevance to test-and-treat strategies for prevention of HIV infection. *Clinical Infectious Diseases*, *52*(6), 793-800. doi: 10.1093/cid/ciq243
- <sup>3</sup> Gresenz CR, R. T., Lurie N (2010). Ambulatory Care Sensitive Hospitalizations and Emergency Department Visits in Baltimore City.: Rand Corporation.
- <sup>4</sup> Mignano, J. L., Miner, L., Cafeo, C., Spencer, D. E., Gulati, M., Brown, T., . . . Gottlieb, J. E. (2015). Routinization of HIV Testing in an Inpatient Setting: A Systematic Process for Organizational Change. *Journal for Healthcare Quality*.