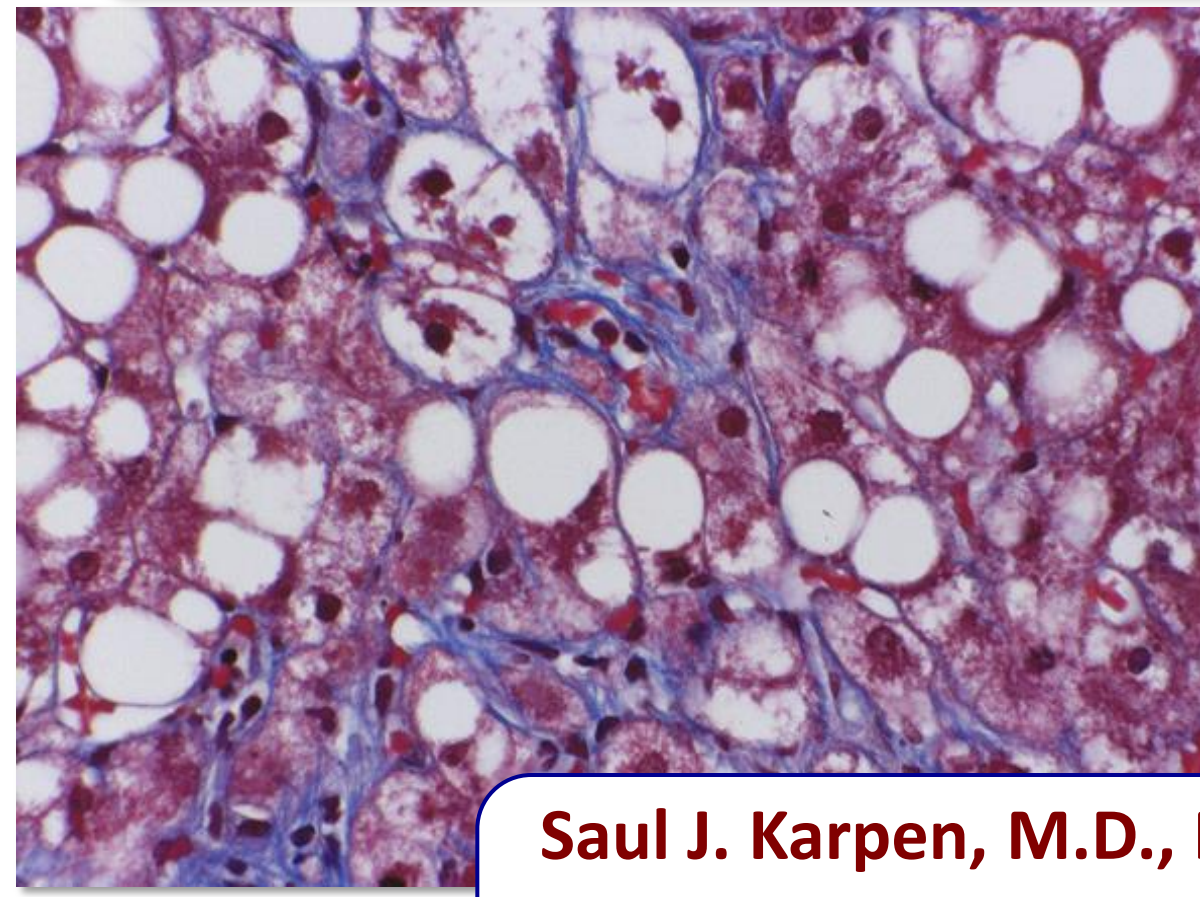


Separating the metabolic benefits from lipoprotein abnormalities associated with FXR agonists--gut vs. liver effects



Saul J. Karpen, M.D., Ph.D.

Raymond F. Schinazi Distinguished Biomedical Chair

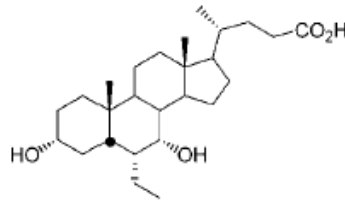
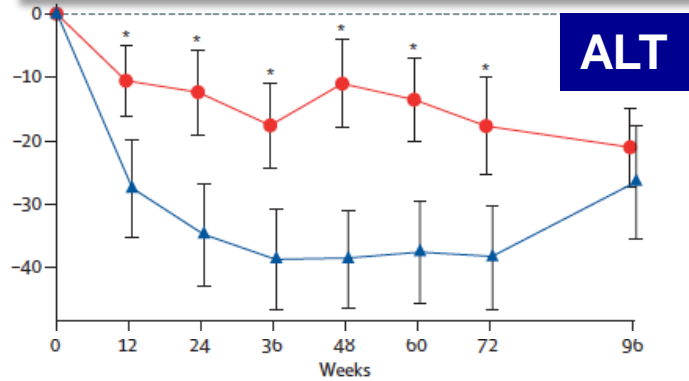
Professor of Pediatrics

Paris July 1, 2016

No Financial Disclosures

Farnesoid X nuclear receptor ligand obeticholic acid for non-cirrhotic, non-alcoholic steatohepatitis (FLINT): a multicentre, randomised, placebo-controlled trial

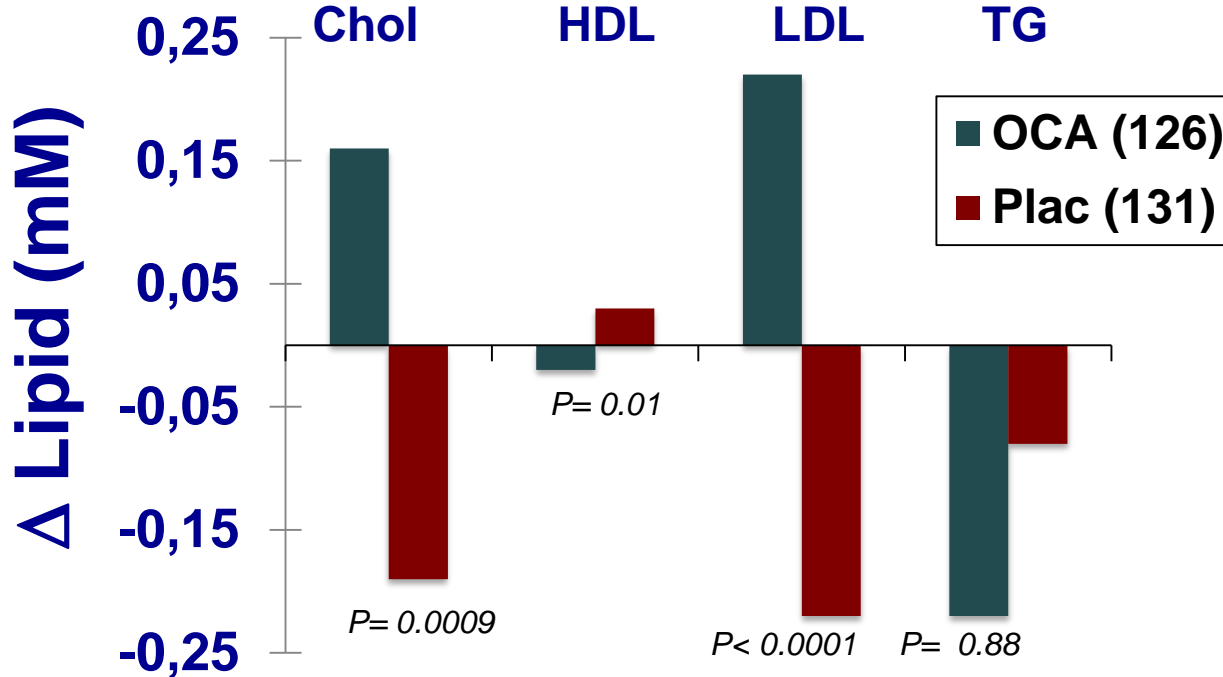
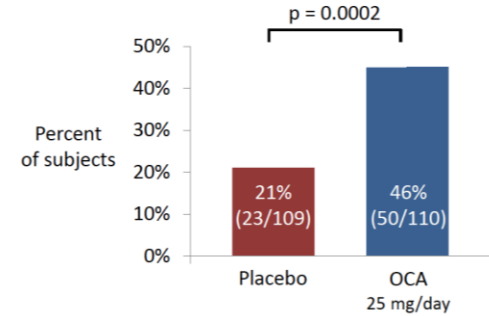
Brent A Neuschwander-Tetri, Rohit Loomba, Arun J Sanyal, Joel E Lavine, Mark L Van Natta, Manal F Abdelmalek, Naga Chalasani, Srinivasan Dasarathy, Anna Mae Diehl, Bilal Hameed, Kris V Kowdley, Arthur McCullough, Norah Terrault, Jeanne M Clark, James Tonascia, Elizabeth M Brunt, David E Kleiner, Edward Doo, for the NASH Clinical Research Network*



OCA/plac. x 72 w.

FLINT primary endpoint

- Improvement in NAFLD activity score* (NAS) ≥ 2 pts
 - * NAS = steatosis grade (0-3) + inflammation grade (0-3) + ballooning grade (0-2)
- No worsening of fibrosis
- Results:



FXR AGONIST →

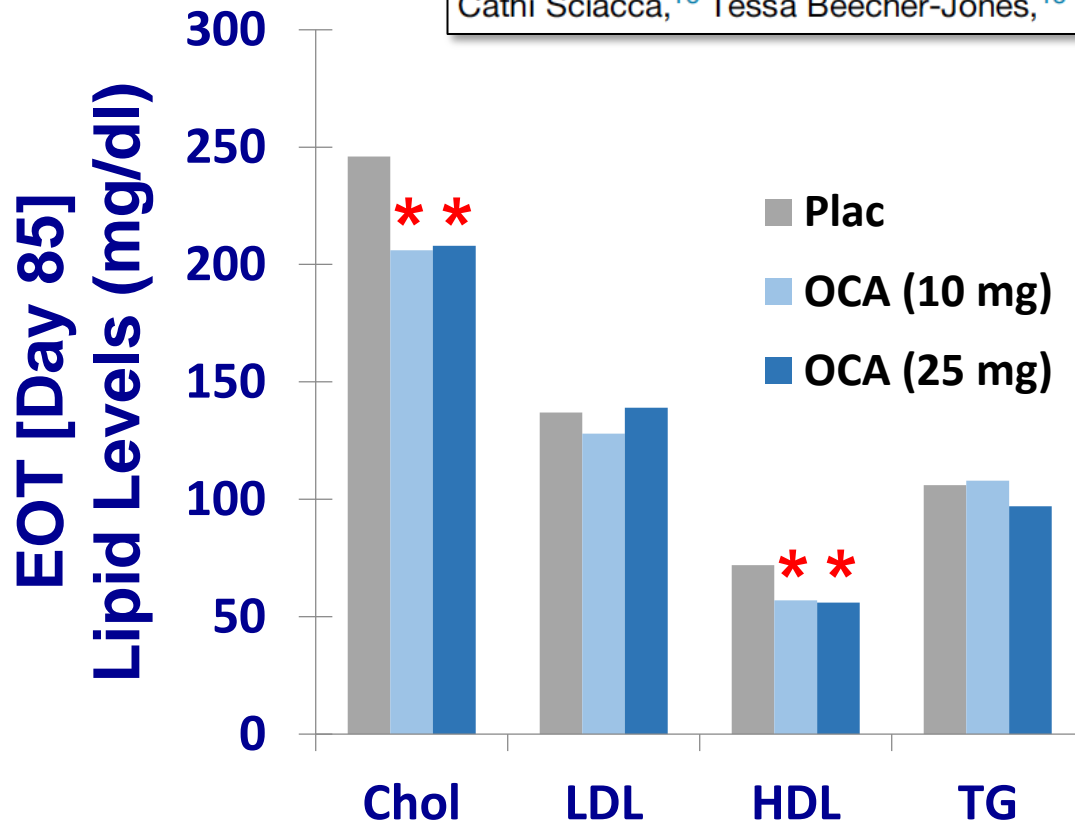
- ↑ Chol
- ↓ HDL
- ↑ LDL
- ~ TG

Efficacy of Obeticholic Acid in Patients With Primary Biliary Cirrhosis and Inadequate Response to Ursodeoxycholic Acid



Gideon M. Hirschfield,¹ Andrew Mason,² Velimir Luketic,^{3,4} Keith Lindor,^{5,6} Stuart C. Gordon,⁷ Marlyn Mayo,⁸ Kris V. Kowdley,⁹ Catherine Vincent,¹⁰ Henry C. Bodhenheimer Jr,^{11,12} Albert Parés,¹³ Michael Trauner,¹⁴ Hanns-Ulrich Marschall,¹⁵ Luciano Adorini,¹⁶ Cathi Sciacca,¹⁶ Tessa Beecher-Jones,¹⁶ Erin Castelloe,¹⁶ Olaf Böhm,¹⁷ and David Shapiro¹⁶

Gastro 2015 PMID:25500425

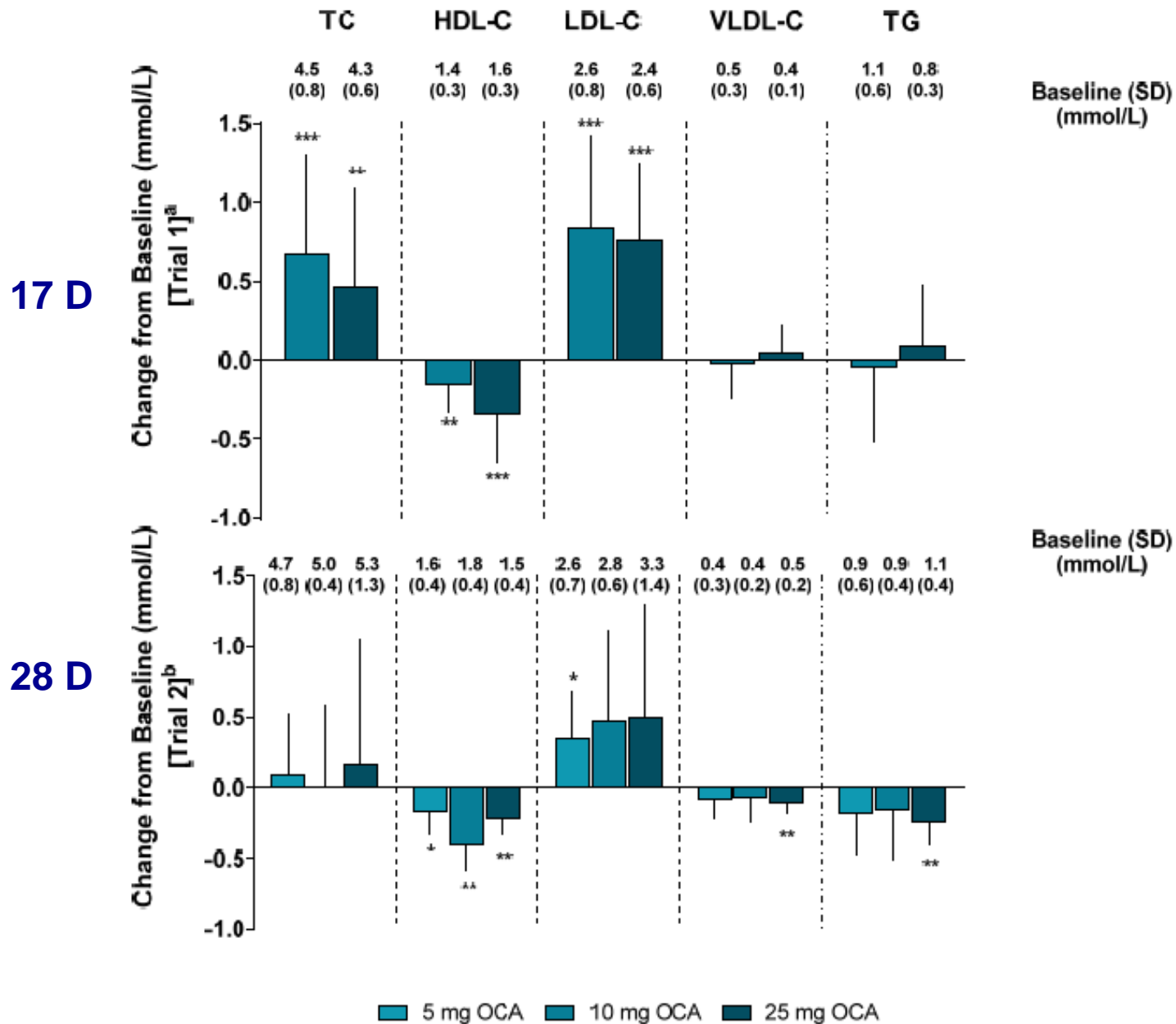


FXR AGONIST →

- ↓ Chol #
- ↓ HDL
- ~ LDL #
- ~ TG

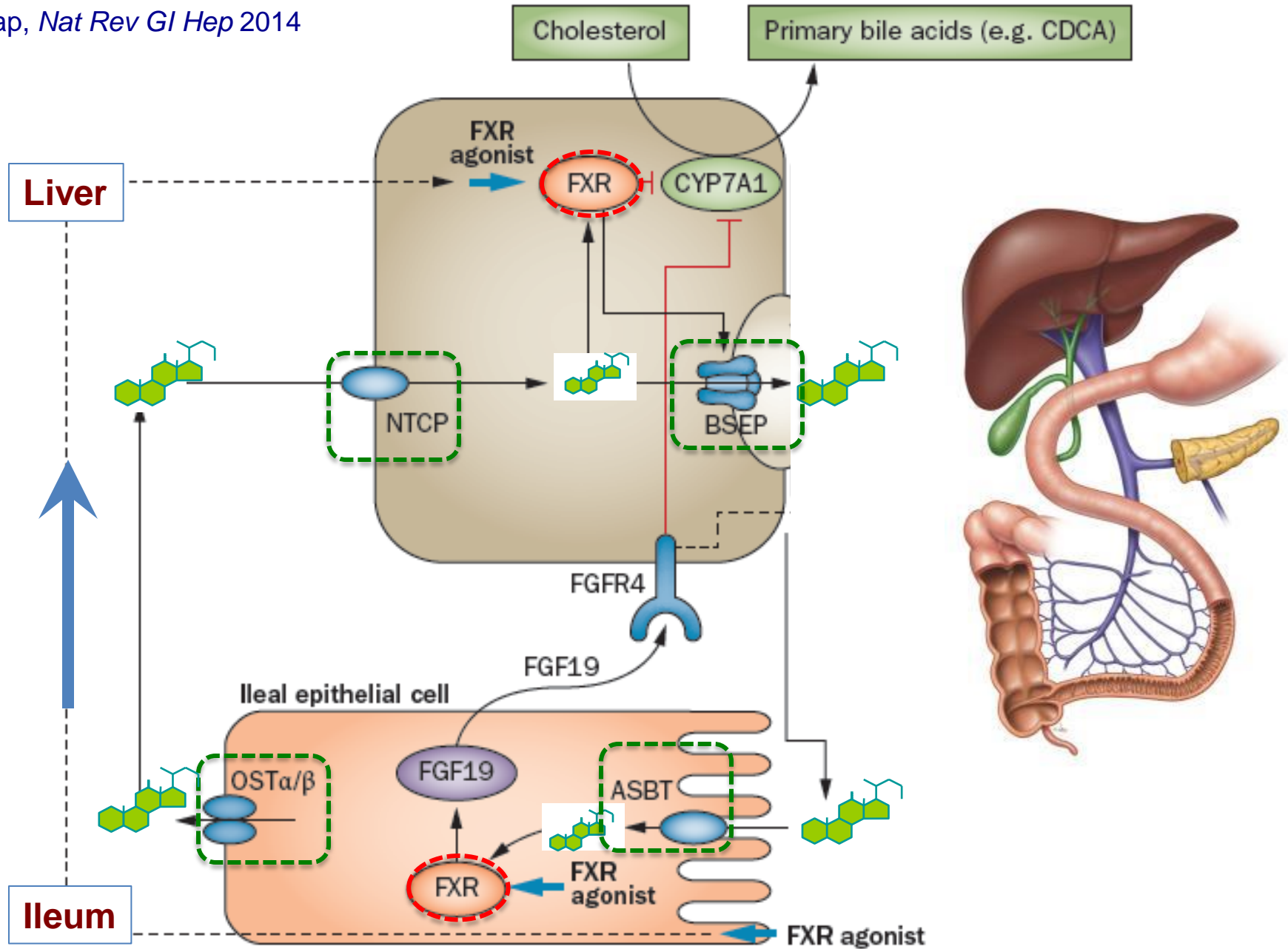
: Different from NASH

OCA in 68 Healthy Volunteers: Lipid Analyses

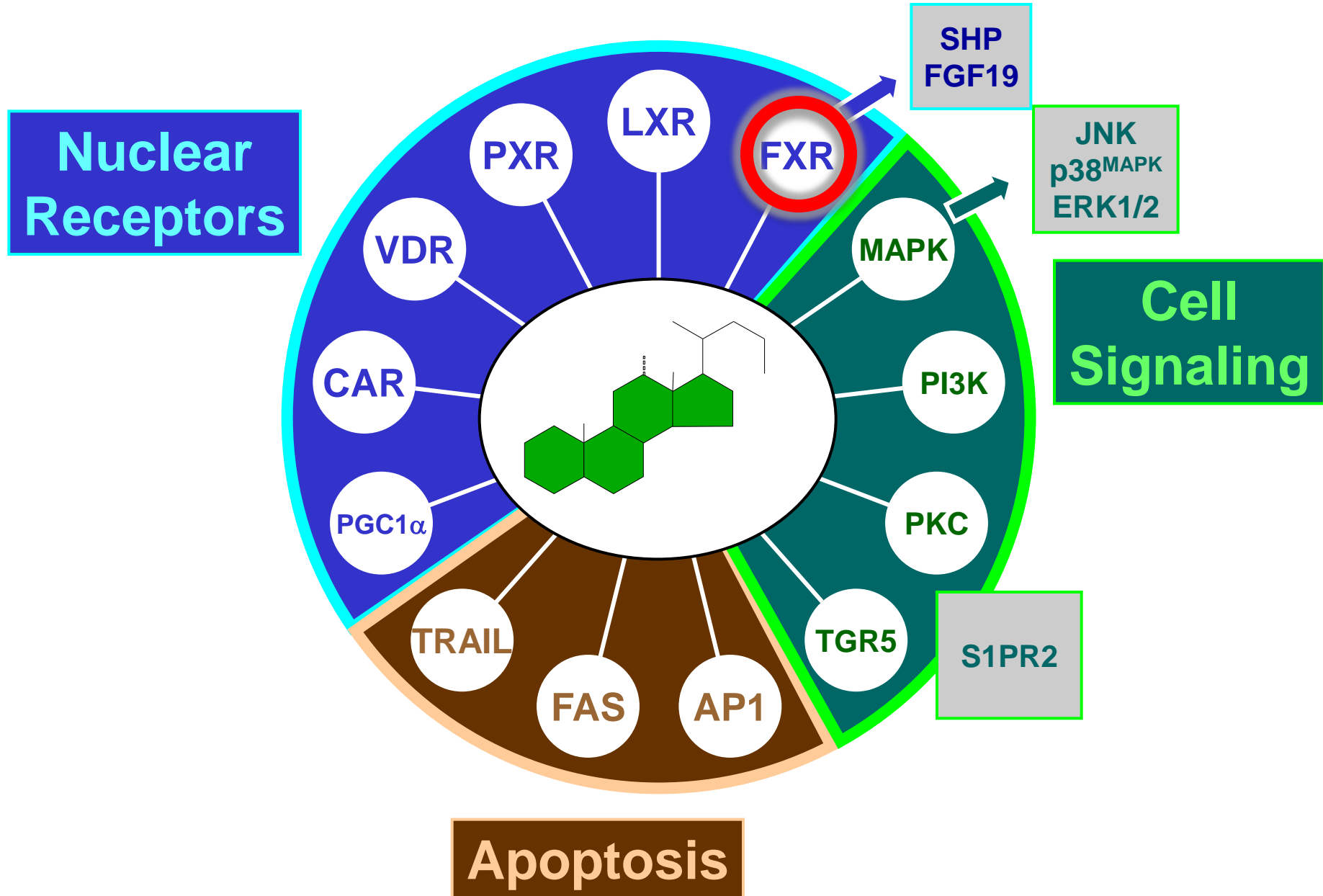


Transporters & FXR: Ileal & Hepatic Components of the EHC

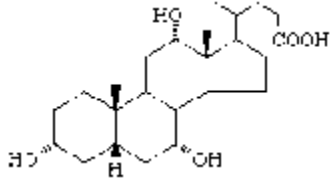
Schaap, *Nat Rev GI Hep* 2014



Multiple Molecular Roles for Bile Acids

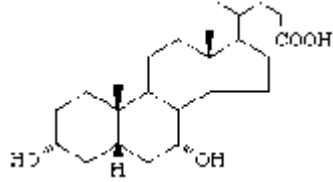


FXR Agonists



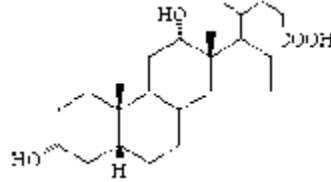
Cholic Acid

EC₅₀: ≈ 20 μM



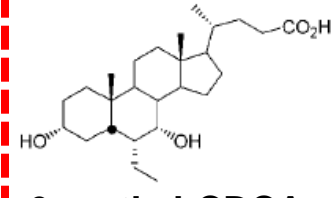
Chenodeoxycholic acid

4-10 μM



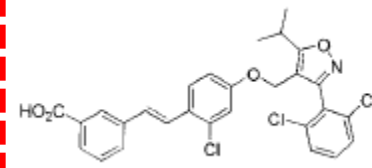
Deoxycholic acid

19-50 μM



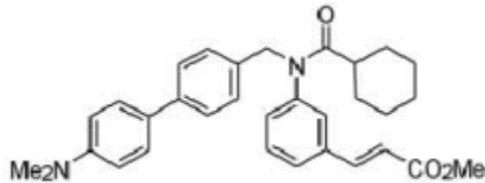
**6-α-ethyl-CDCA
(Obeticholic acid)**

99 nM



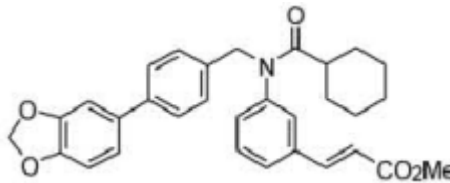
GW4064

37-80 nM



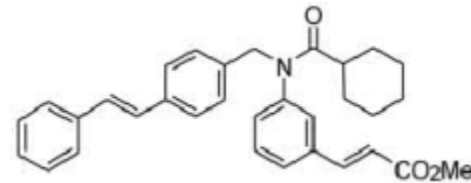
Fexaramine

25 nM



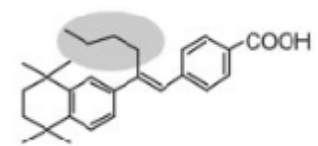
Fexarine

38 nM



Fexarene

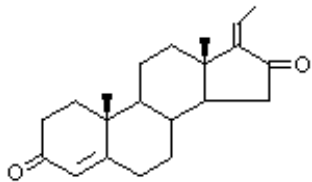
36 nM



AGN31

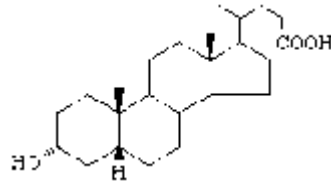
**2 μM
(also RXR)**

FXR Antagonists



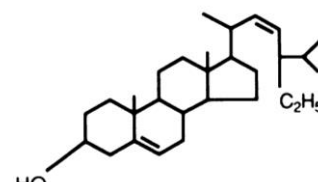
Z-Guggulsterone

IC₅₀: ≈ 10 μM



Lithocholic Acid

≈ 10-30 μM



Stigmasterol

≈ 10 μM

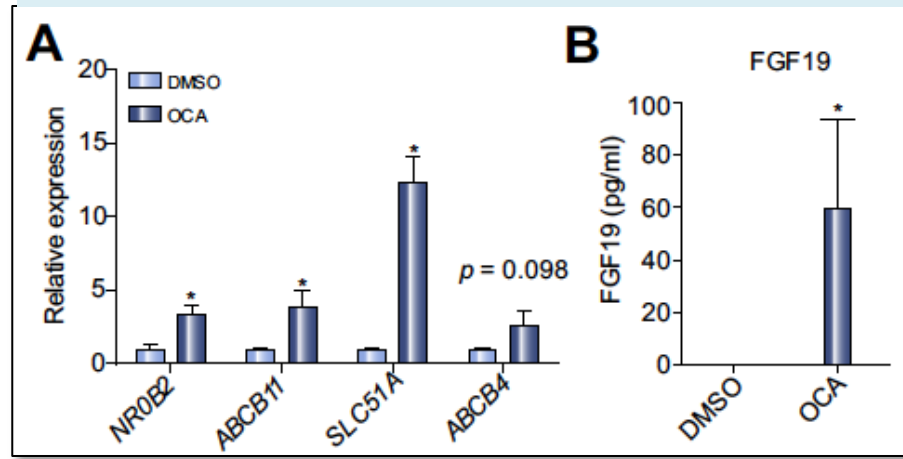
Makishima *Science* 1999
 Parks *Science* 1999
 Wang *Mol Cell* 1999
 Urizar *Science* 2002
 Yu *JBC* 2002
 Pellicciari *J Med Chem* 2002
 Hawkins *JCI* 2002
 Dussault *JBC* 2003
 Downes *Mol Cell* 2003
 Carter *Ped Res* 2007

Gene expression profiling in human precision cut liver slices in response to the FXR agonist obeticholic acid

Noortje Ijssennagger¹, Aafke W.F. Janssen², Alexandra Milona¹, José M. Ramos Pittol¹, Danielle A.A. Hollman¹, Michal Mokry³, Bark Betzel⁴, Frits J. Berends⁴, Ignace M. Janssen⁴, Saskia W.C. van Mil^{1,*†}, Sander Kersten^{2,†}

2016, PMID: 26812075

OCA x 24 h: → ↑FXR targets



RNA:

SHP

BSEP

OST α

MDR3

FGF19

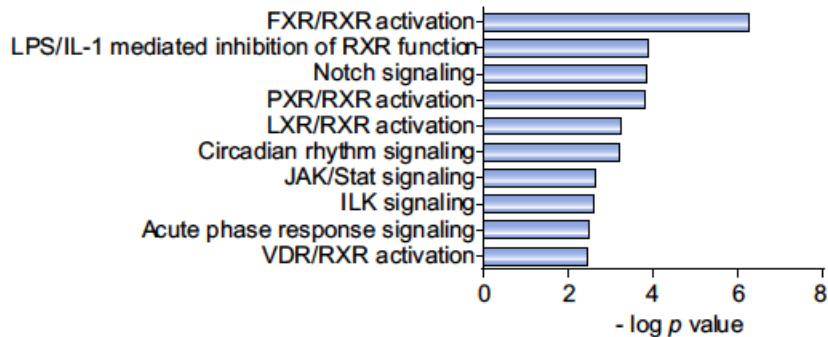
Protein

Caveats:

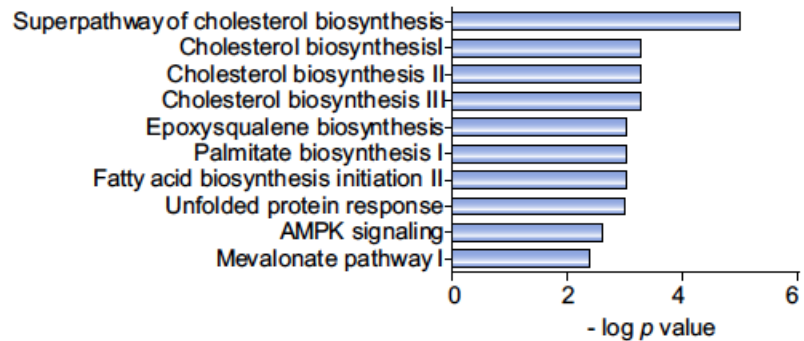
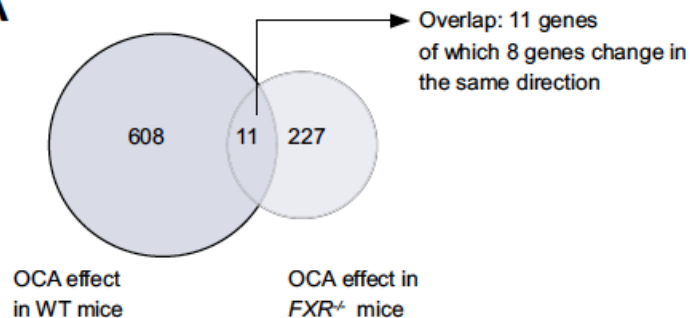
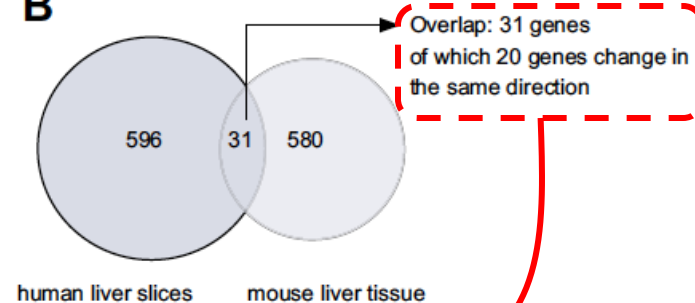
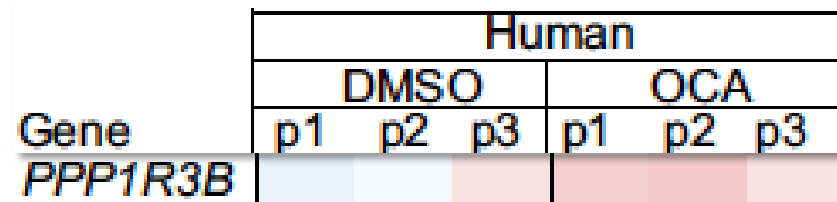
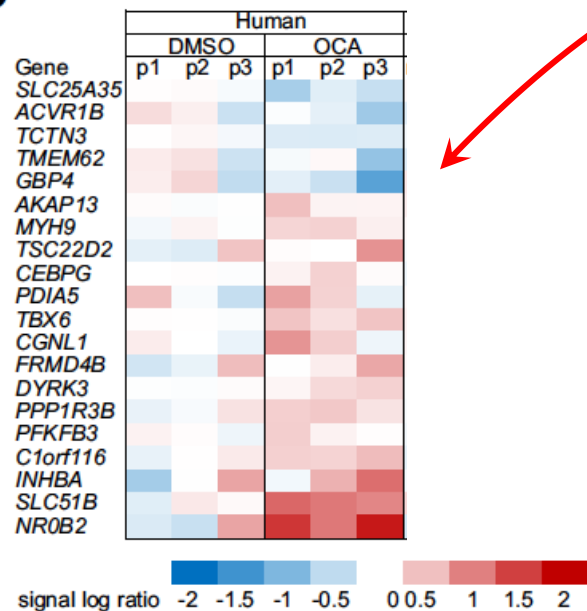
- “The hPCLS used for this study were obtained from patients with a high BMI (35–43 kg/m²).”
- Dedifferentiated human cells in culture—CYP7A1 & CYP8B1 were not downregulated.

A

Effect of OCA in human liver slices

**B**

Effect of OCA in WT mice

**A****B****C**

Essential, but seemingly contradictory effects of FXR & BA signaling in NAFLD

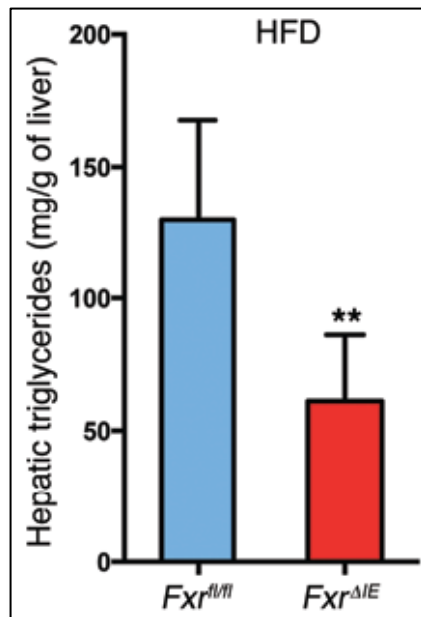
Intestinal farnesoid X receptor signaling promotes nonalcoholic fatty liver disease

Changtao Jiang,^{1,2} Cen Xie,¹ Fei Li,¹ Limin Zhang,^{3,4} Robert G. Nichols,³ Kristopher W. Krausz,¹ Jingwei Cai,³ Yunpeng Qi,¹ Zhong-Ze Fang,¹ Shogo Takahashi,¹ Naoki Tanaka,¹ Dhimant Desai,⁵ Shantu G. Amin,⁵ Istvan Albert,⁶ Andrew D. Patterson,³ and Frank J. Gonzalez¹

Intestinal FXR agonism promotes adipose tissue browning and reduces obesity and insulin resistance

Sungsoon Fang¹, Jae Myoung Suh¹, Shannon M Reilly², Elizabeth Yu¹, Olivia Osborn³, Denise Lackey³, Eiji Yoshihara¹, Alessia Perino⁴, Sandra Jacinto¹, Yelizaveta Lukasheva¹, Annette R Atkins¹, Alexander Khvat⁵, Bernd Schnabl³, Ruth T Yu¹, David A Brenner³, Sally Coulter⁶, Christopher Little⁶, Kristina Schoonjans⁴, Jerrold M Olefsky³, Alan R Saltiel², Michael Downes¹ & Ronald M Evans^{1,7}

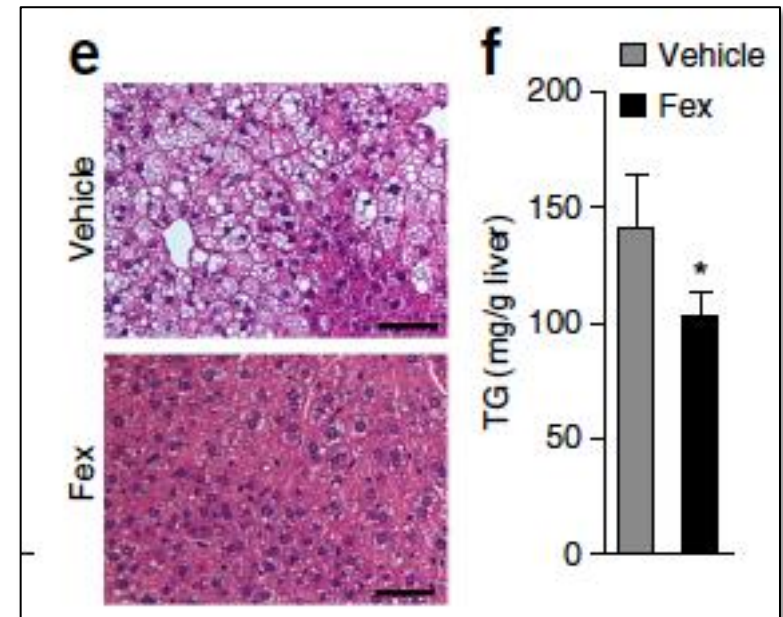
Intestinal FXR ko protects against HFD-induced hepatic steatosis



Intestinal FXR Antagonism improves NASH in mice

J Clin Invest. 2015;125:386–402.

Fexaramine (Intestinal FXR agonist) improves HFD-induced hepatic steatosis

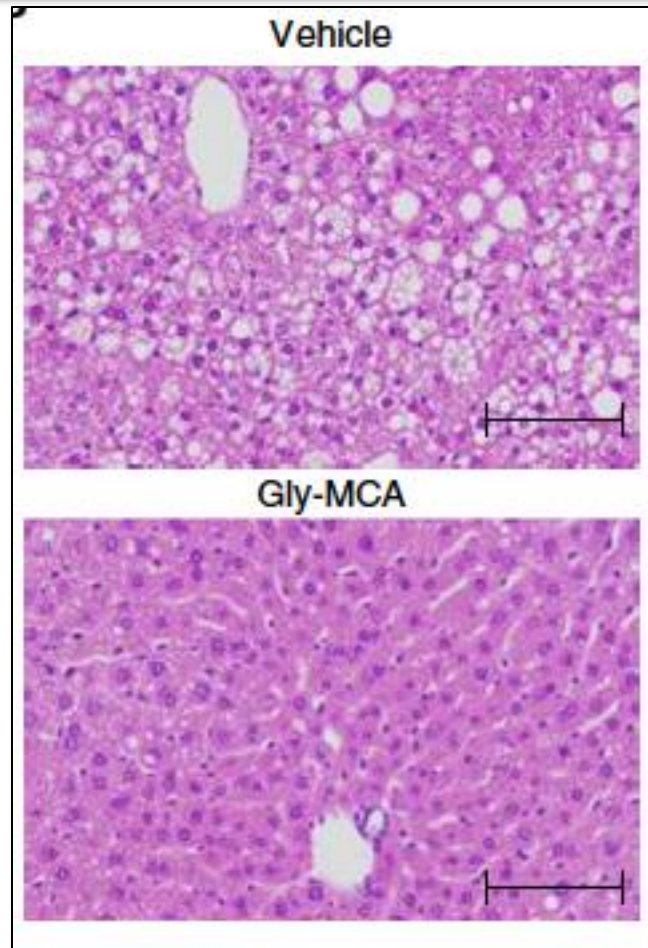
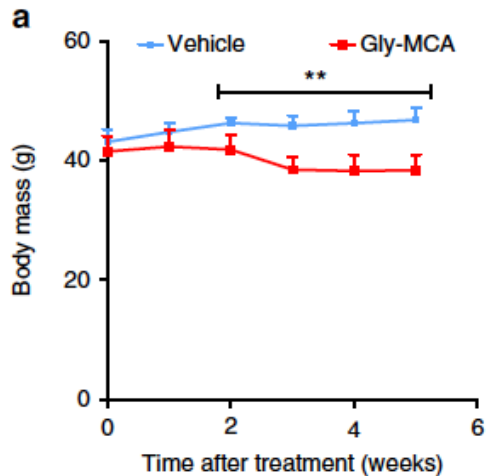


Intestinal FXR Agonism improves NASH in mice

Nat Med. 2015;21:159–165.

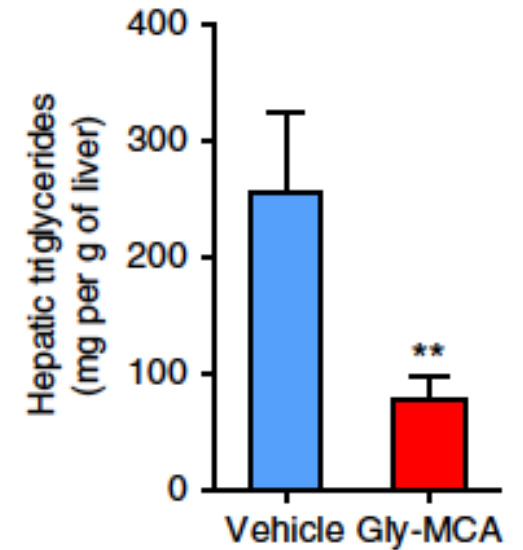
Intestine-selective farnesoid X receptor inhibition improves obesity-related metabolic dysfunction

Changtao Jiang^{1,2,*}, Cen Xie^{1,*}, Ying Lv², Jing Li³, Kristopher W. Krausz¹, Jingmin Shi¹, Chad N. Brocker¹, Dhimant Desai⁴, Shantu G. Amin⁴, William H. Bisson⁵, Yulan Liu³, Oksana Gavrilova⁶, Andrew D. Patterson⁷ & Frank J. Gonzalez¹



Glyco-Muricholic Acid:

- Intestinal FXR antag.
- ↑ Brown Fat activity
- ↓ Intest. Ceramides



NAFLD & NASH:

FXR Agonism or FXR Antagonism

Both work → Why?

Intact Enterohepatic BA Recirculation

Interrupted Enterohepatic BA Recirculation

Ileal ASBT Inhibition

↓ BA Pool size

Liver

↑ BA Synthesis
↓ Cholesterol

Ileum

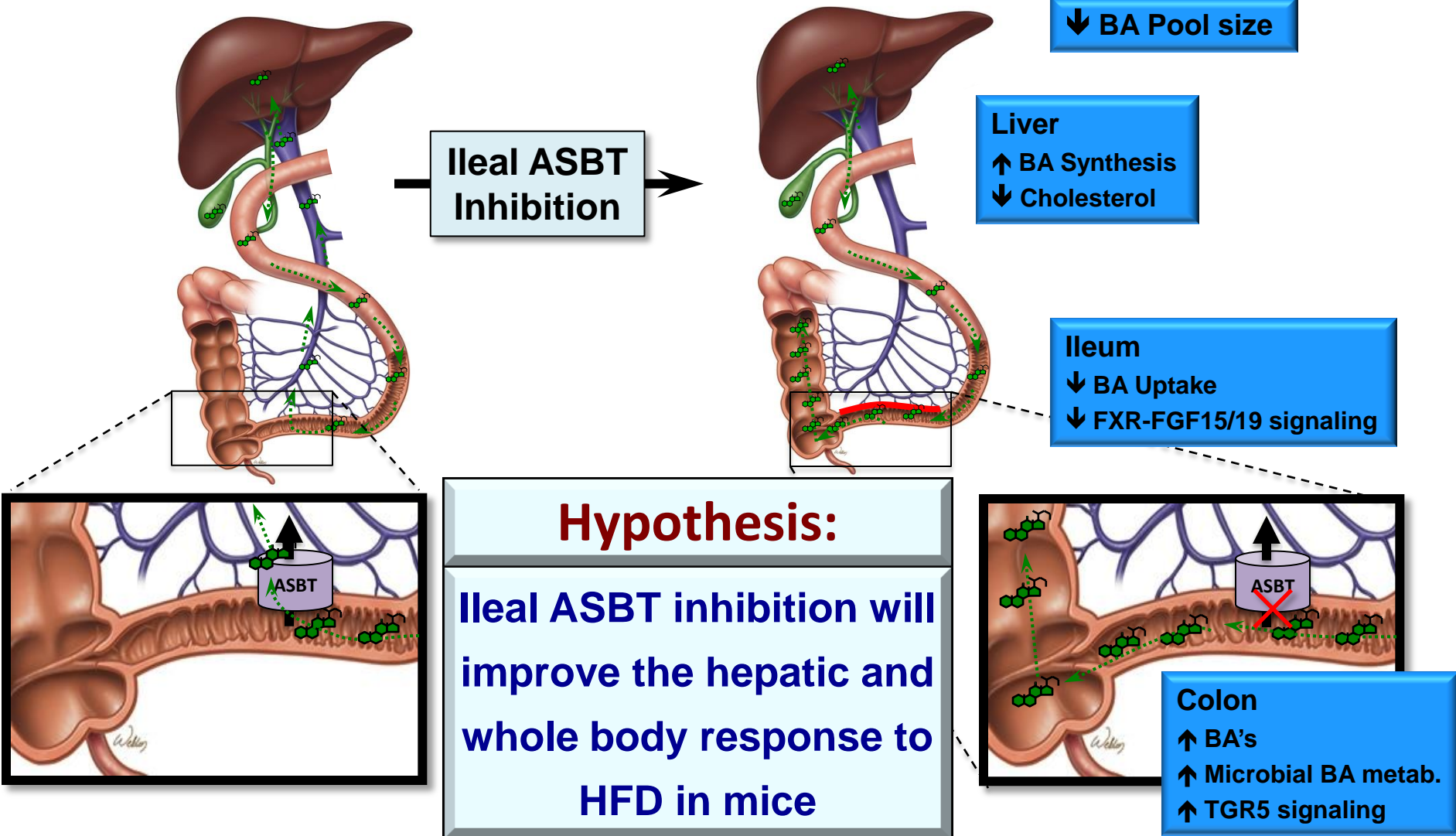
↓ BA Uptake
↓ FXR-FGF15/19 signaling

Hypothesis:

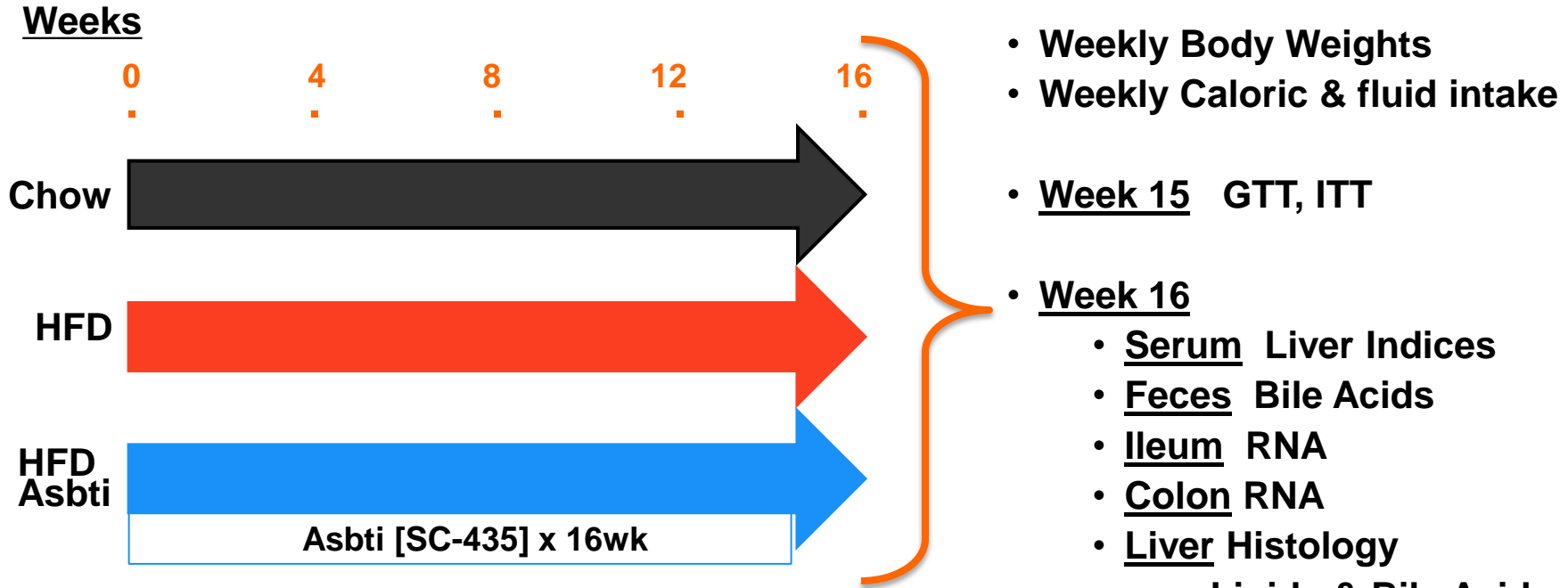
Ileal ASBT inhibition will improve the hepatic and whole body response to HFD in mice

Colon

↑ BA's
↑ Microbial BA metab.
↑ TGR5 signaling



Study Design & Endpoints



Mice: Male, C57BL6J, 4-6 weeks, n=7-16/group

HFD: ALIOS (45% fat; 0.2% cholesterol),
+ Added Sugars in the Drinking Water

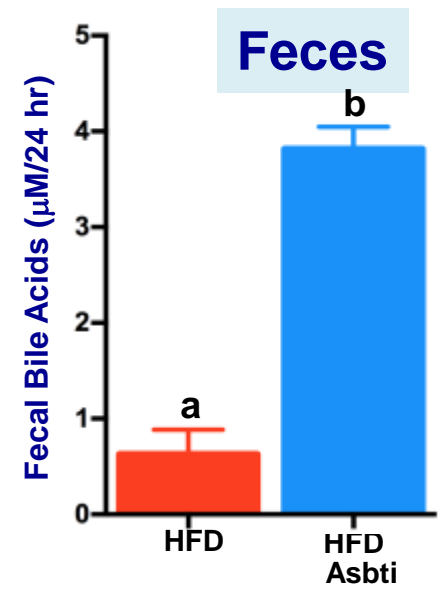
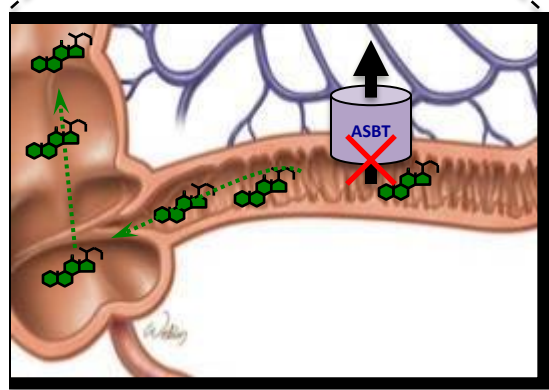
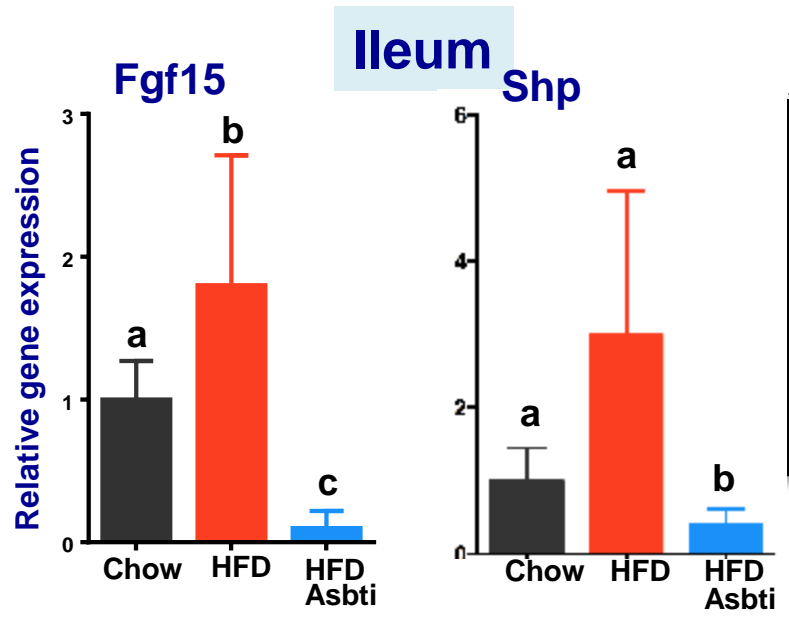
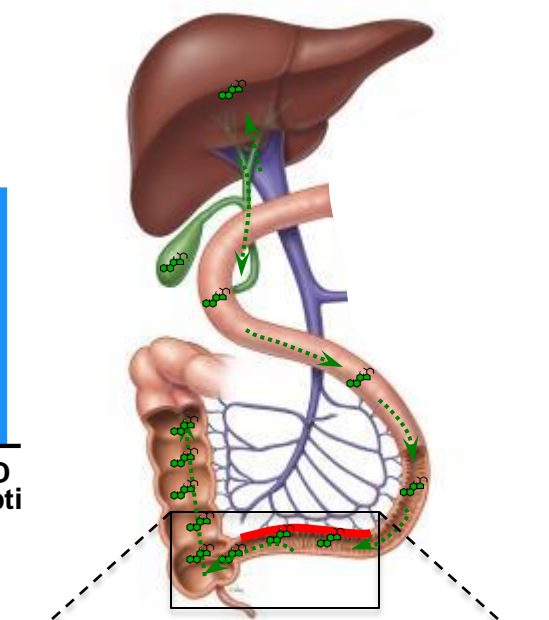
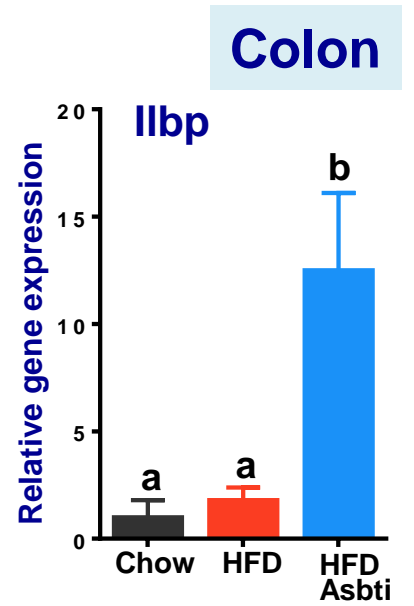
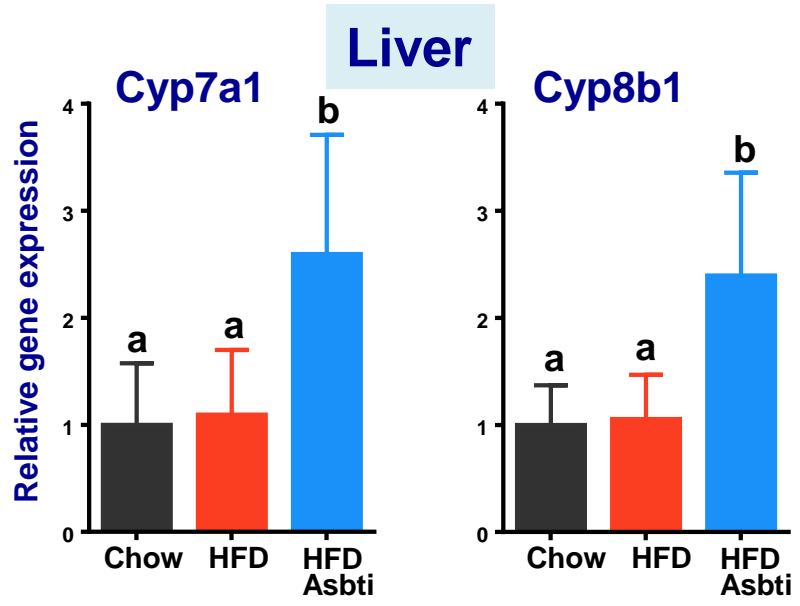
Asbti: 0.006% SC-435, 10 mg/kg/day

- **Statistics: Mean ± SD**
 - ANOVA

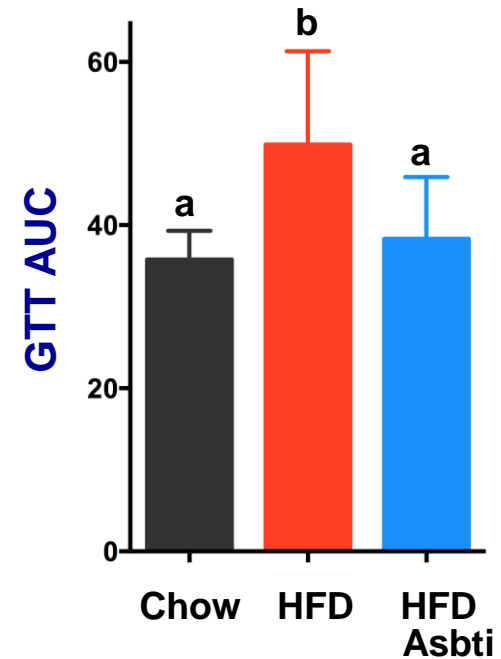
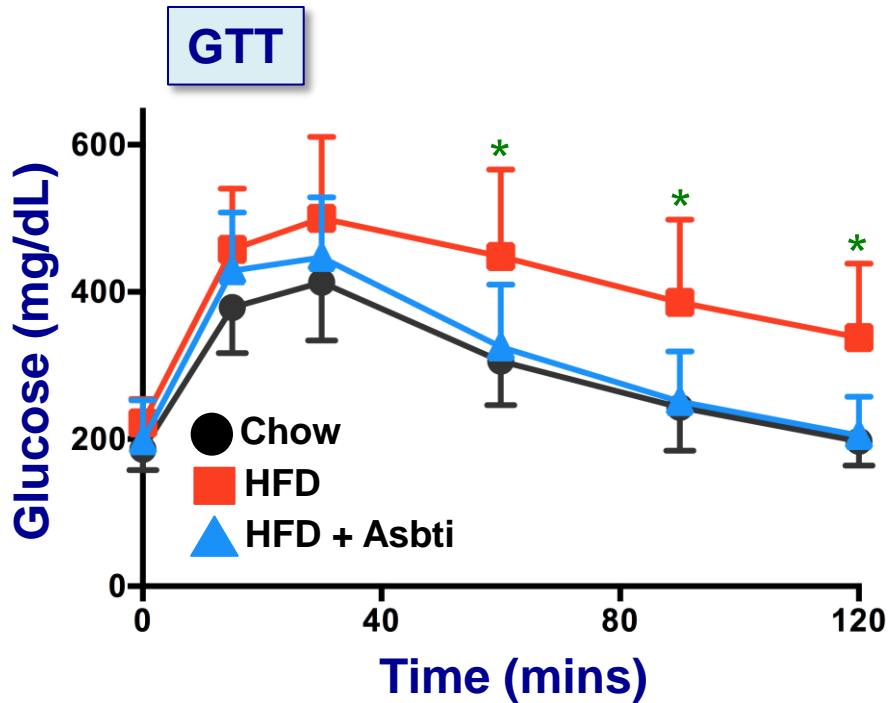
Tetri LH. *Am J Physiol GI* 2008 Nov;295(5):G987–95.

Mells *JE J Nutr Biochem*. 2015 Mar;26(3):285–92.

SC-435 Inhibits Ileal ASBT function

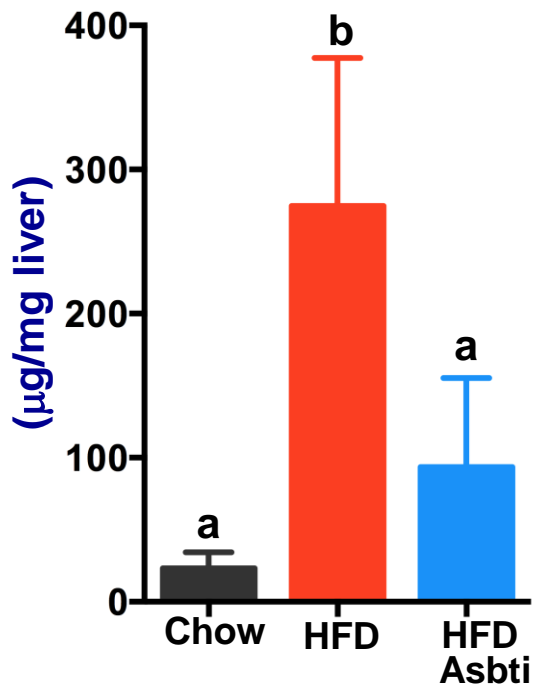


ASBTi Improves Glucose Tolerance

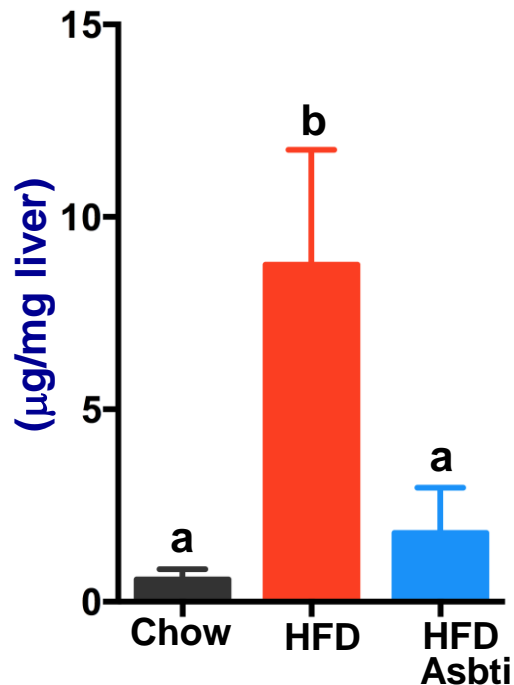


ASBTi Reduces Hepatic Lipids, But Not Total Bile Acids

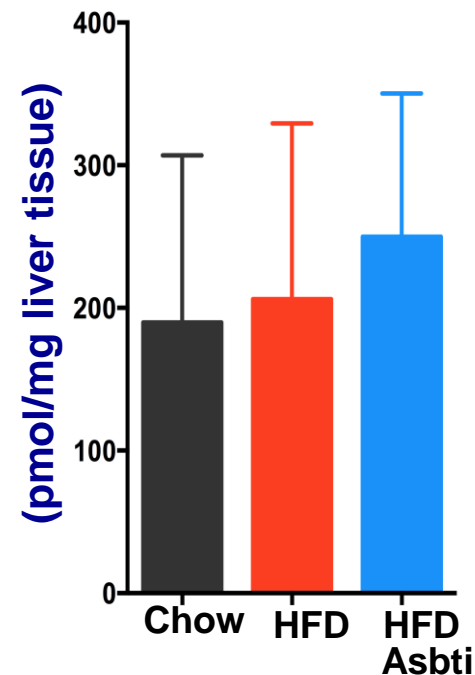
Triglycerides



Cholesteryl Ester



Total Bile Acids

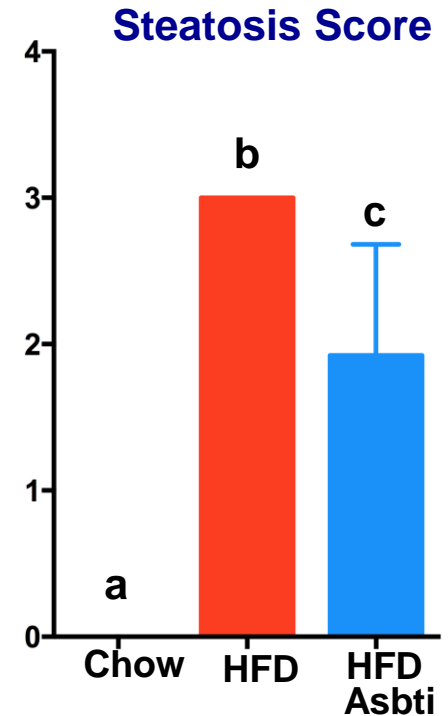
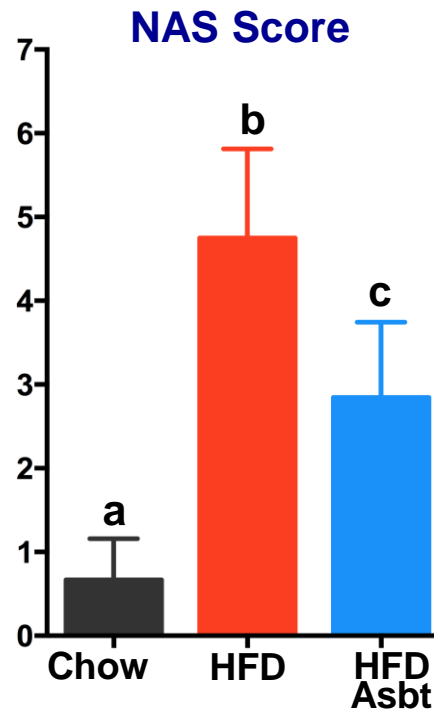
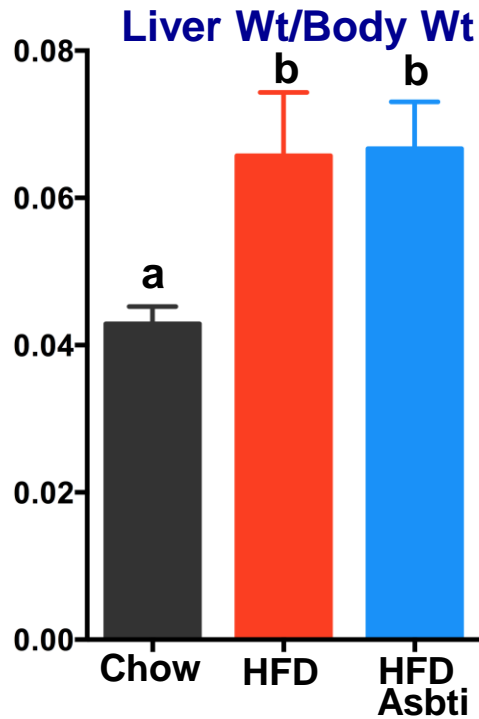
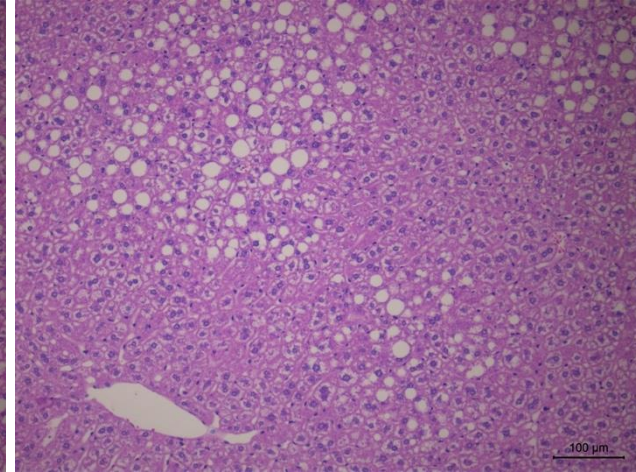
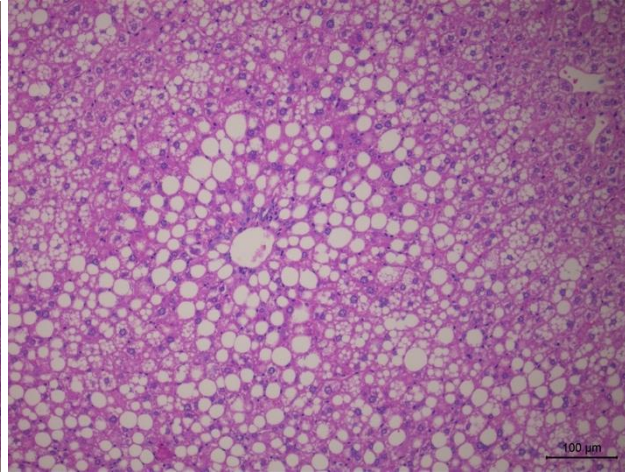
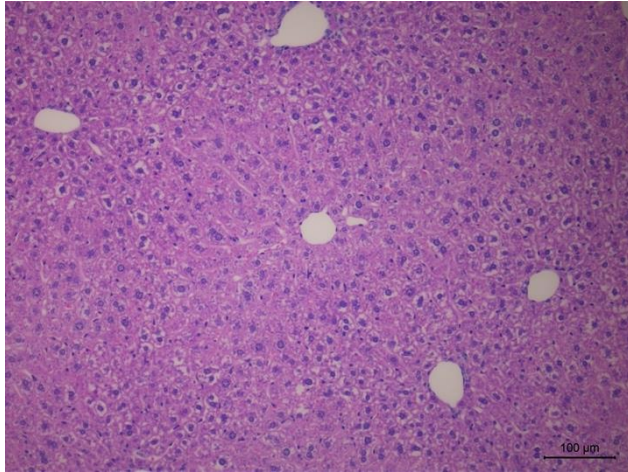


ASBTi Improves Hepatic NAS & Steatosis Scores

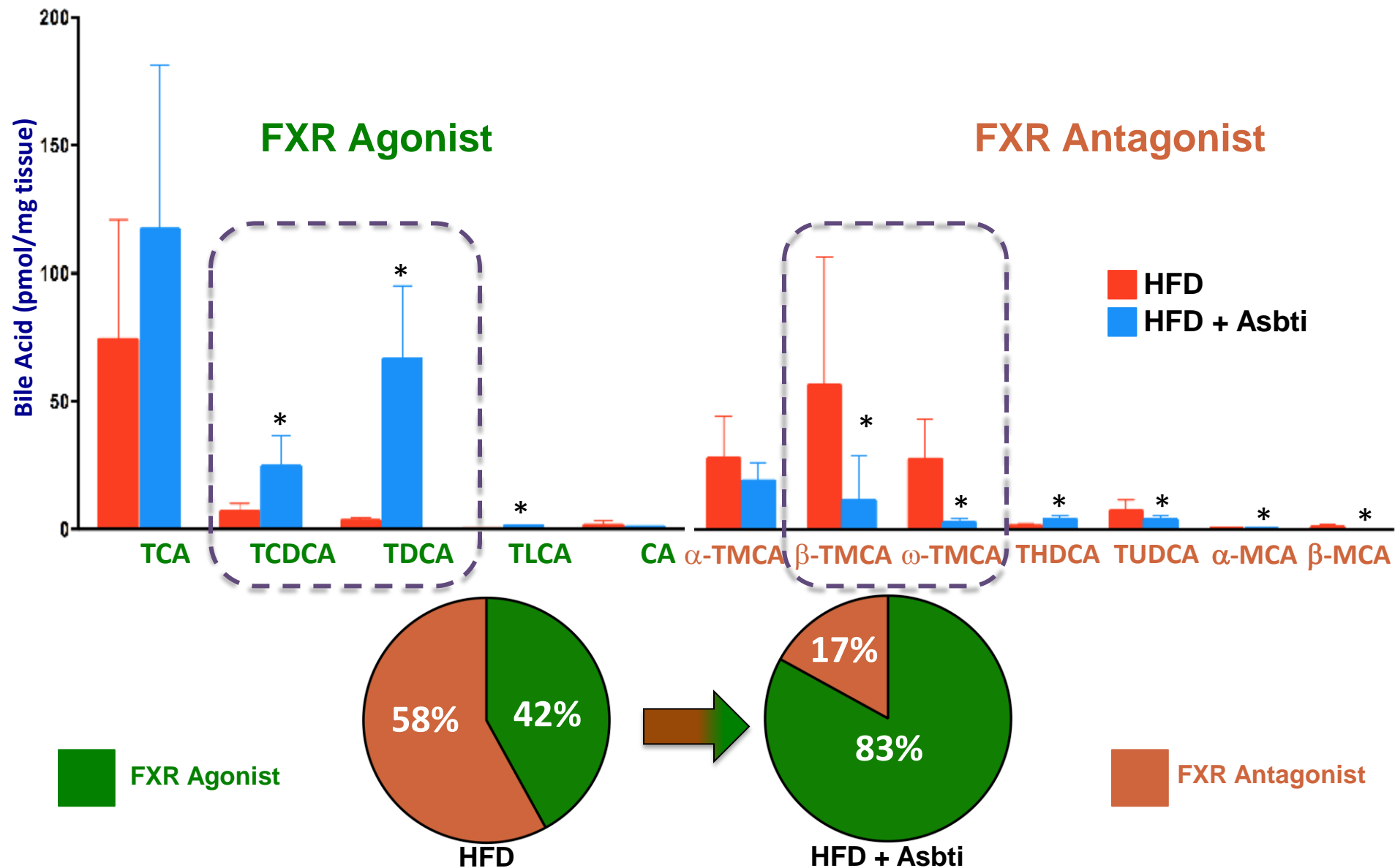
Chow

HFD

HFD + Asbti



ASBTi Markedly Alters Hepatic BA Composition



Hypothesized Mechanisms of Action of ASBTi in Liver

HFD



Insulin resistance

ASBTi



ASBTi



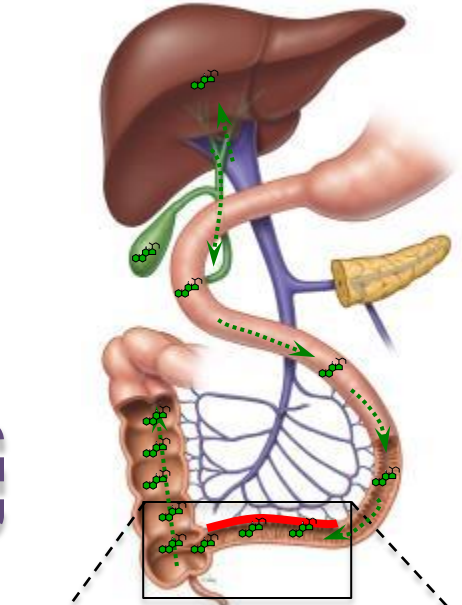
Hepatic cholesterol ↓

LXR ↓

Hepatic BA Composition ↑

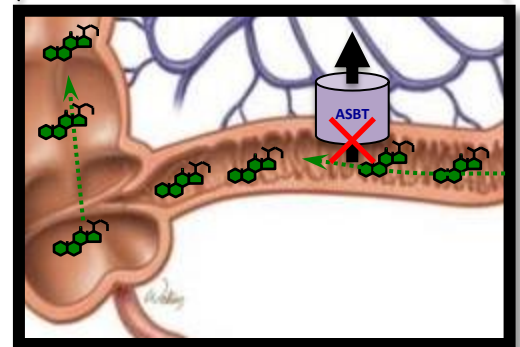
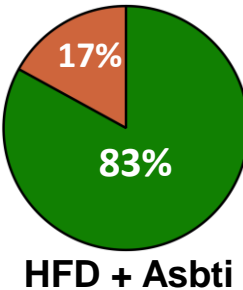
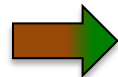
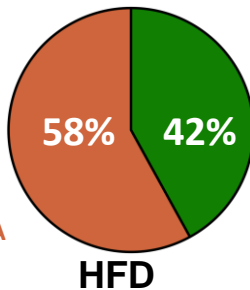
FXR ↑

ASBTi



Ileal ASBT inhibition Markedly Alters Hepatic BA Composition

- FXR Agonist**
TCA TCDCa TDCA
- FXR Antagonist**
TMCA's THDCA TUDCA



Editorial



 **EASL** | **JOURNAL OF
HEPATOLOGY**

ASBT inhibitors in cholangiopathies – Good for mice, good for men?

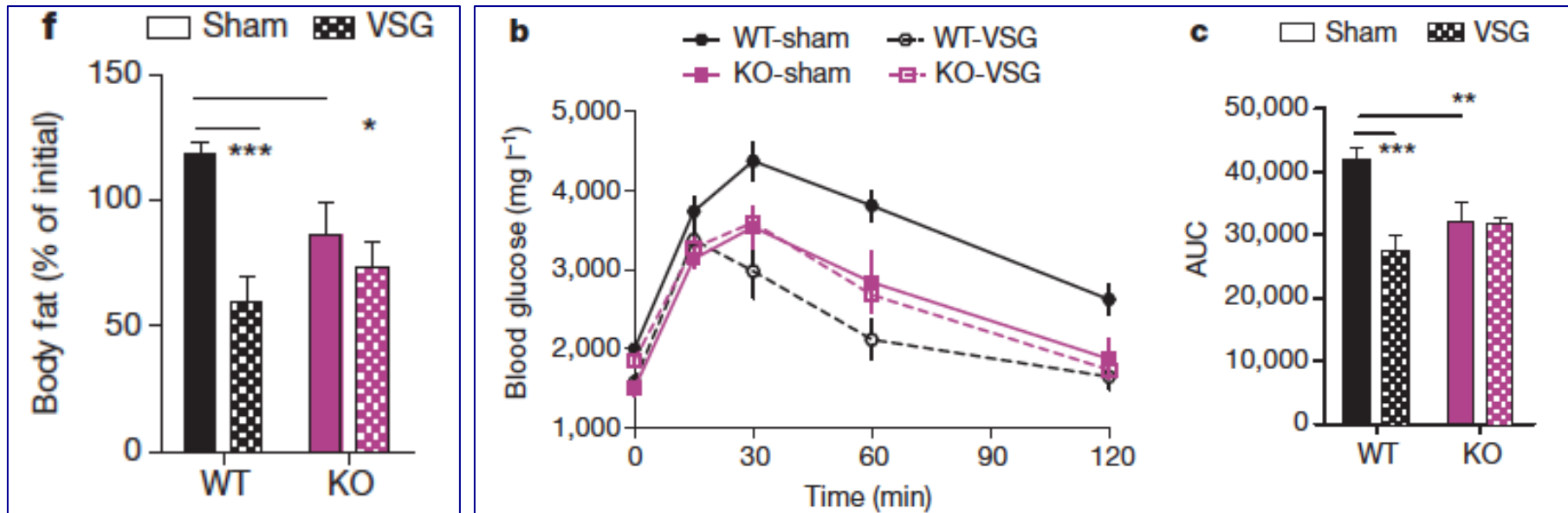
Raoul Poupon*

*UPMC Univ Paris 06, INSERM, UMR_S 938, Service d'Hépatologie et Centre de Référence des Maladies Inflammatoires des Voies Biliaires,
Hôpital Saint-Antoine, AP-HP, Paris, France*

FXR is a molecular target for the effects of vertical sleeve gastrectomy

Nature. 2014 Mar 26.

Karen K. Ryan¹, Valentina Tremaroli², Christoffer Clemmensen^{1,3}, Petia Kovatcheva-Datchary², Andriy Myronovych⁴, Rebekah Karns⁵, Hilary E. Wilson-Pérez¹, Darleen A. Sandoval¹, Rohit Kohli⁴, Fredrik Bäckhed^{2,6} & Randy J. Seeley¹

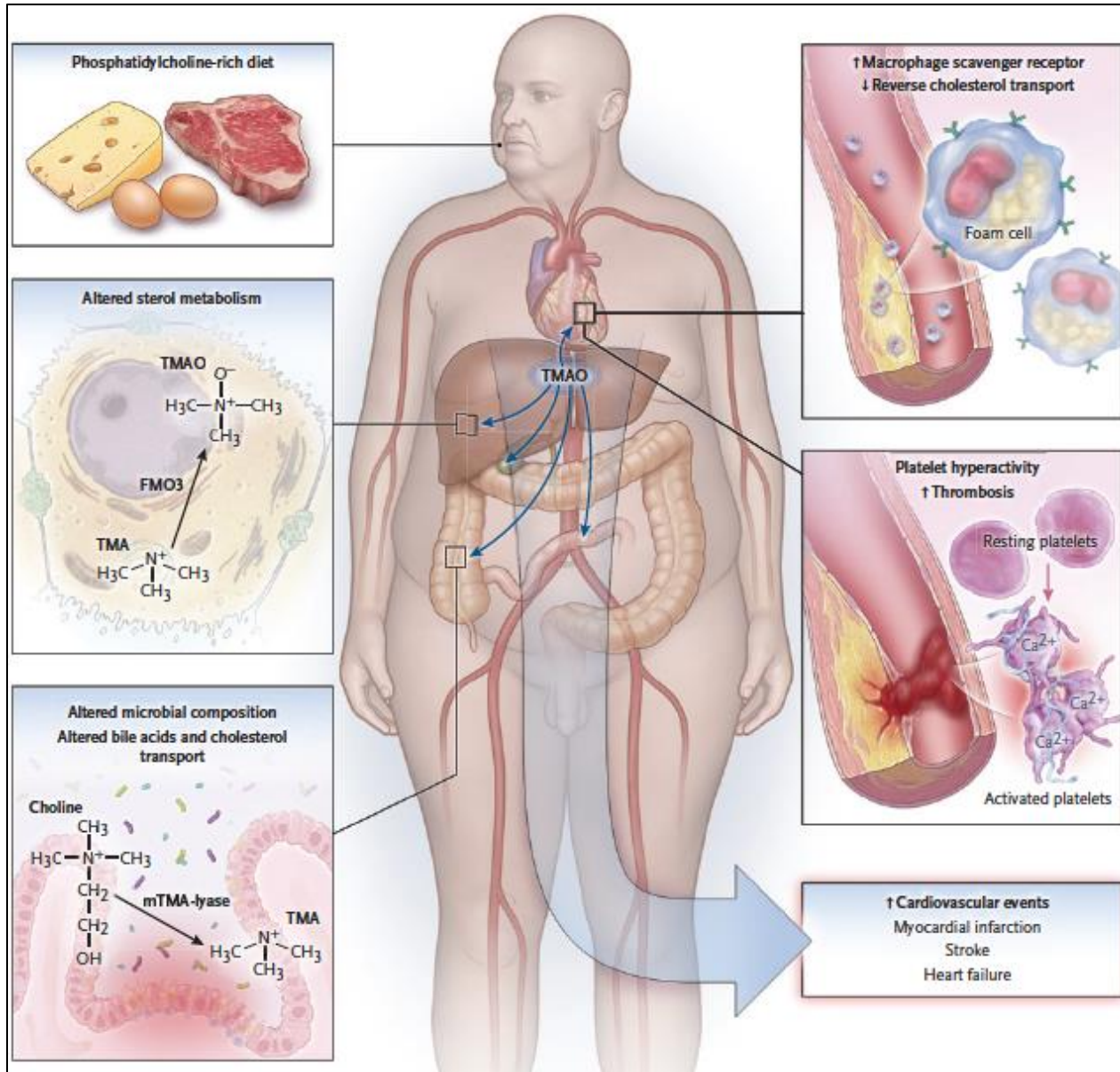


Intact BA signaling, through its receptor, FXR, mediates the response to Bariatric Surgery

HFD, 11w of VSG in mice

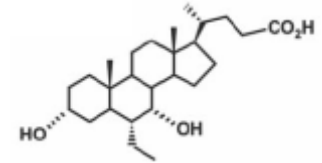
KO = FXR^{-/-}

Interaction of Diet (PC), microbes, BAs, Genes (FMO3) → CV Disease



Bile acid based therapeutic trials (~ 200 in clinicaltrials.gov)

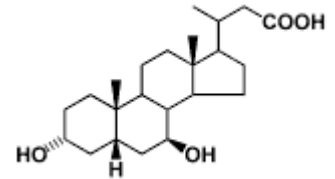
Glycocholic Acid: BA Synthesis Defect



FXR agonists: Obeticholic Acid

**NASH
PBC
PSC**

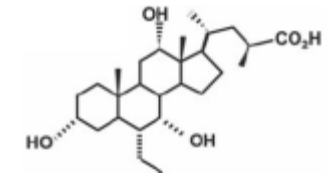
**BA diarrhea
Alcohol
Fibrosis**



NorUDCA: PSC

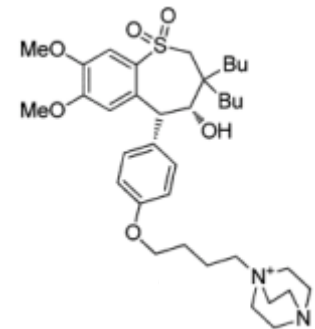
TGR5 agonists:

**Satiety
Constipation**



ASBT inhibitors:

**Pruritus in cholestasis (ALGS, PFIC's)
IBS-C
PSC**



BA Sequestrant: Colesevelam

**Diabetes
NASH
Obesity**

Summary: FXR & the Lipids in NASH

- **Bile acid (BA) biology:** Opportunities for discovering new linked components of the Gut-Liver-Microbe-Gene Axis
 - Differential effects of FXR & BAs in Ileum, Colon, Liver, Fat, ...
 - Individual BA's have distinct functional properties
- **FXR Agonists in NAFLD & NASH: Lipid Issues**
 - Reduces CYP7A1 & BA synthesis
 - ↑ Total Cholesterol
 - ↑ LDL
 - ↓ HDL
- **Further evidence that we will need to attack NASH from multiple therapeutic angles**
 - FXR Agonism & Antagonism both improve NASH in mice
 - ASBT inhibition improves NASH in mice
 - Reduces Hepatic TG & Cholesterol



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Funding (NIH)

- R01 DK056239
- R01 DK047987

Philanthropies:

- Alpard Foundation
- Spain Fund
- Moss Fund

LDL Pathway targets

Gene	Human					
	DMSO			OCA		
	p1	p2	p3	p1	p2	p3
<i>PPP1R3B</i>	Light Blue	Light Blue	Light Red	Light Red	Light Red	Light Red

HDL Pathway targets

Genes ↓ by OCA:

- *Abca1*
- *Tgm2*
- *Fgl1*
- *Npc1l1*
- *Angptl4*
- *Hif1*
- *Ghr*