

# *Global drug resistance following ART scale up*

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## *Public health approach to ART*

First Line:

2 NRTI + NNRTI (EFV or NVP)

**- Viral failure of 15-35% in high prevalence areas<sup>1</sup>**

Second Line:

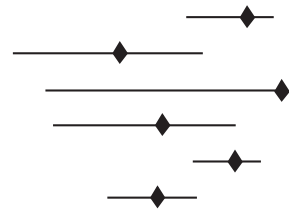
2 NRTI + bPI (ATV/r, LPV/r, DRV/r)

Cytosine analogue maintained

# Lack of viral load monitoring linked to increased resistance following AZT or d4T failure at 12mo

## Infrequent or no monitoring

Ferradini et al<sup>14</sup>  
 DART trial team<sup>15,16</sup>  
 Kanya et al<sup>17</sup>  
 Charles et al<sup>18</sup>  
 Sungkanuparph et al<sup>19\*</sup>  
 Marconi et al<sup>21</sup>



## Summary

## Frequent monitoring

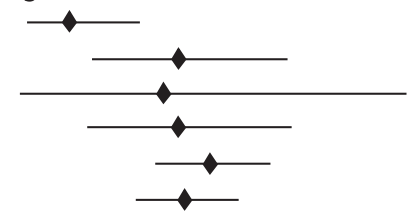
Laurent et al<sup>21</sup>  
 UK CHIC/DRD<sup>11,22</sup>  
 Ledergerber et al<sup>12,23</sup>  
 Harrigan et al<sup>13,24</sup>



% with NNRTI resistance

## Infrequent or no monitoring

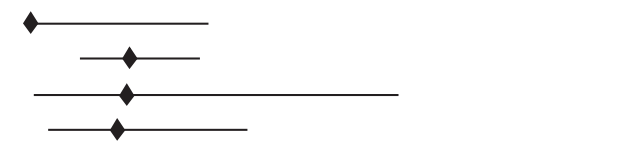
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## Summary

## Frequent monitoring

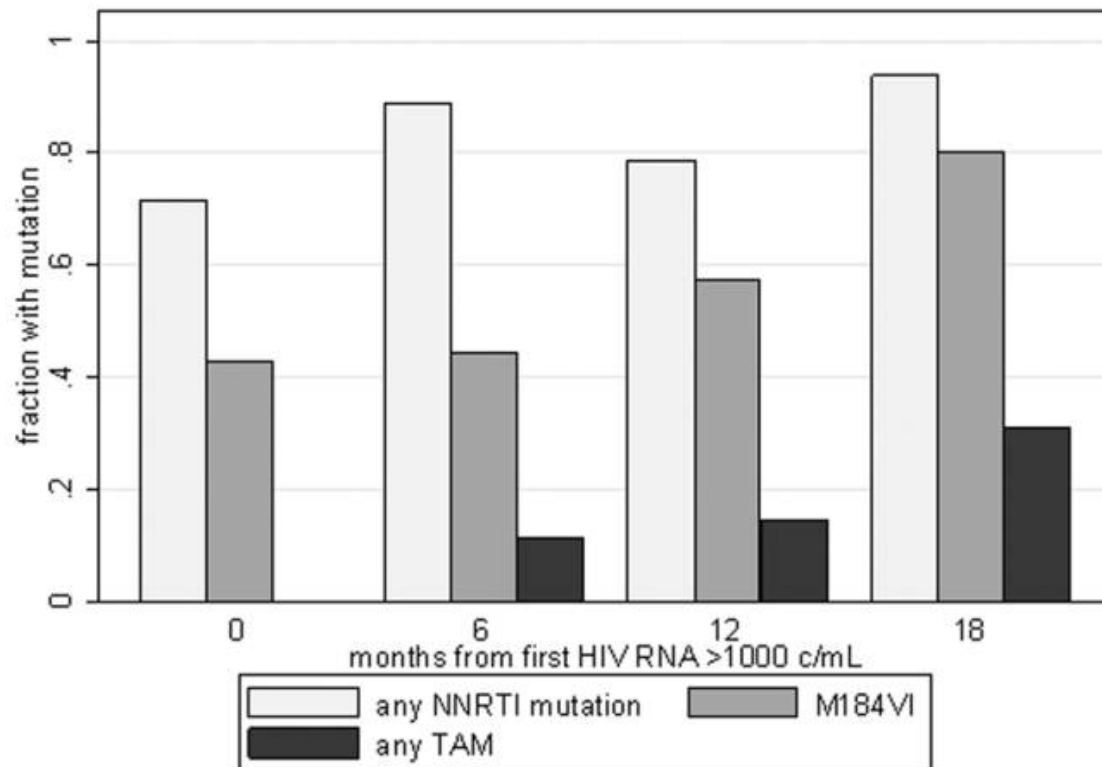
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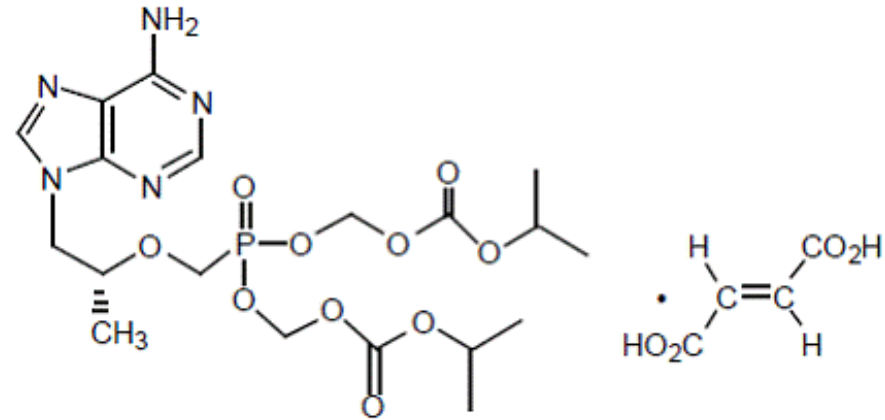


## Summary

% with TAMs

## ***Duration of viral failure of AZT/d4T based cART linked to emergence of resistance***





- Tenofovir is now the preferred NRTI as 1<sup>st</sup> line cART (also the preferred anti-HBV drug)
- TDF+FTC outperforms ABC+3TC at high viral loads<sup>1</sup>
- Effective treatment for HBV
- Scale up of TDF globally is occurring...

- Single amino acid change leads to TDF resistance (K65N/R, K70E/G/Q)
- Scattered reports of high (>50%) prevalence of TDF resistance in TDF virologic failures from Nigeria<sup>1</sup> and South Africa<sup>2</sup>.
- ***Prevalence of TDF resistance in clinical trials was low (0% of virologic failures in GS 934 at 144 weeks<sup>3</sup>).***

***SAME AGENT WITH LOW GENETIC BARRIER FOR BOTH  
TREATMENT AND PreP...***

## *Aims*

- To quantify regional prevalence of tenofovir resistance
- To identify risk factors for tenofovir resistance
- To assess transmission potential of TDF resistance



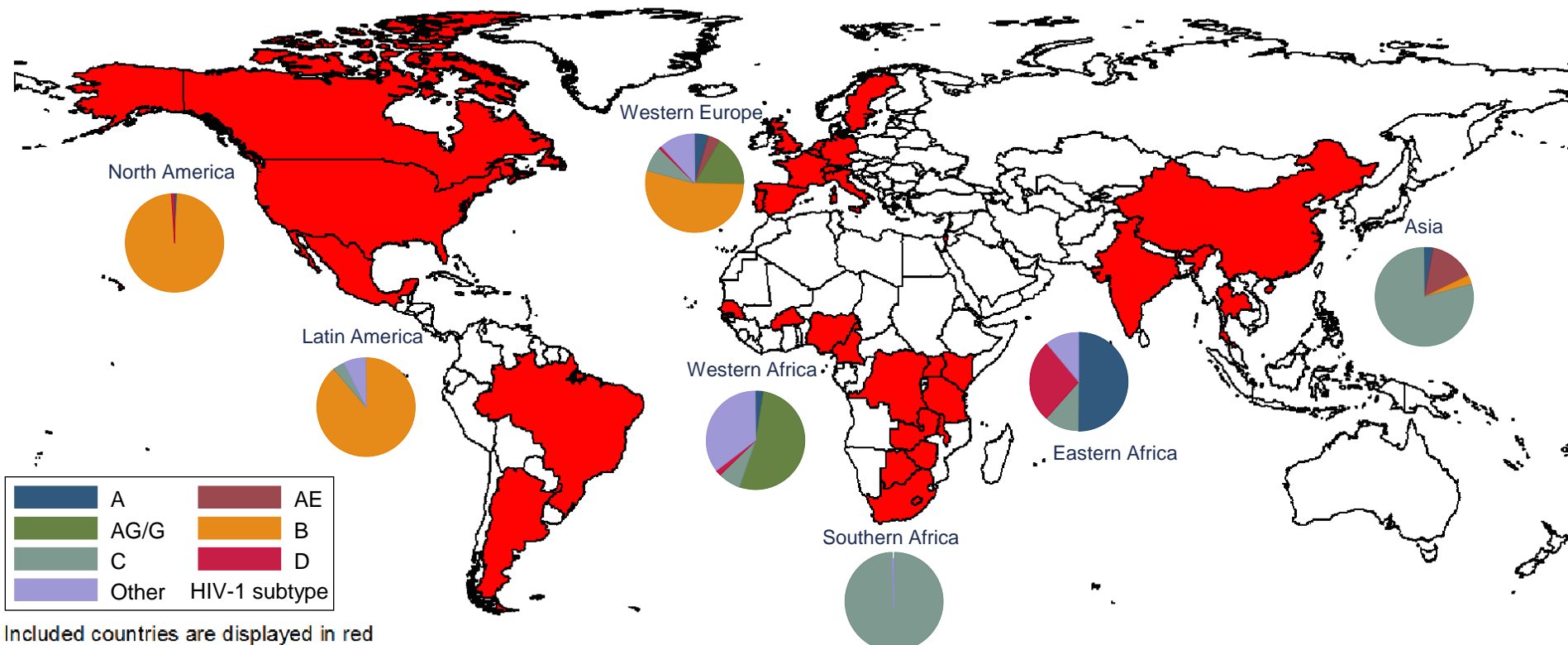
## *Methodology*

- Retrospective multi-centre study
- Covariates of interest: region, baseline CD4, baseline viral load, co-administered drugs (NVP vs EFV; and 3TC vs FTC), age, sex.

## *Methodology*

- >15 years old at cART initiation
- First line virologic failure (local thresholds)
- TDF as first line drug + FTC/3TC + EFV or NVP
- Genotypic resistance test successful
- Absence of Thymidine analogue mutations

## Countries contributing data and HIV-1 subtype distribution by region



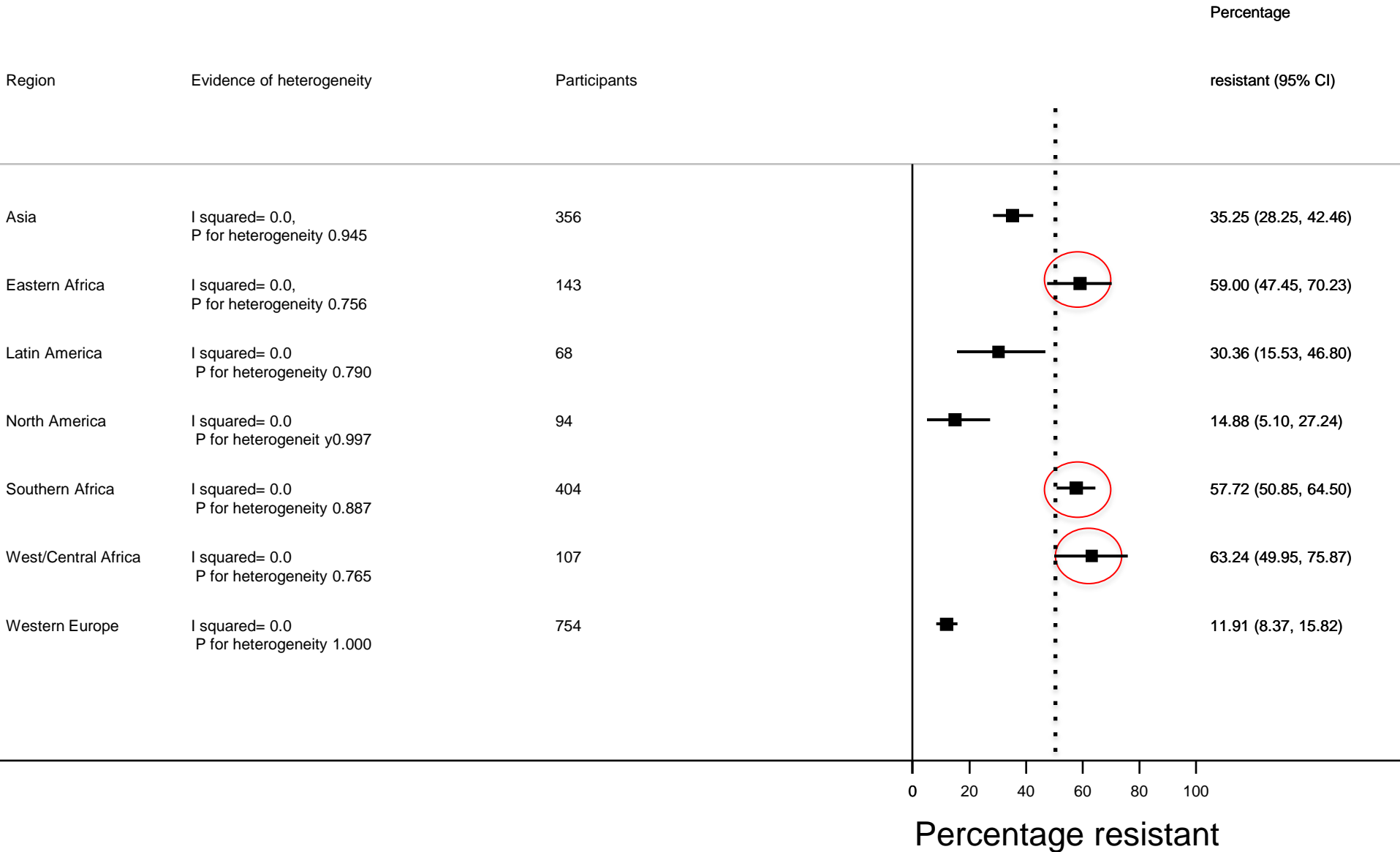
N=1926

36 countries represented

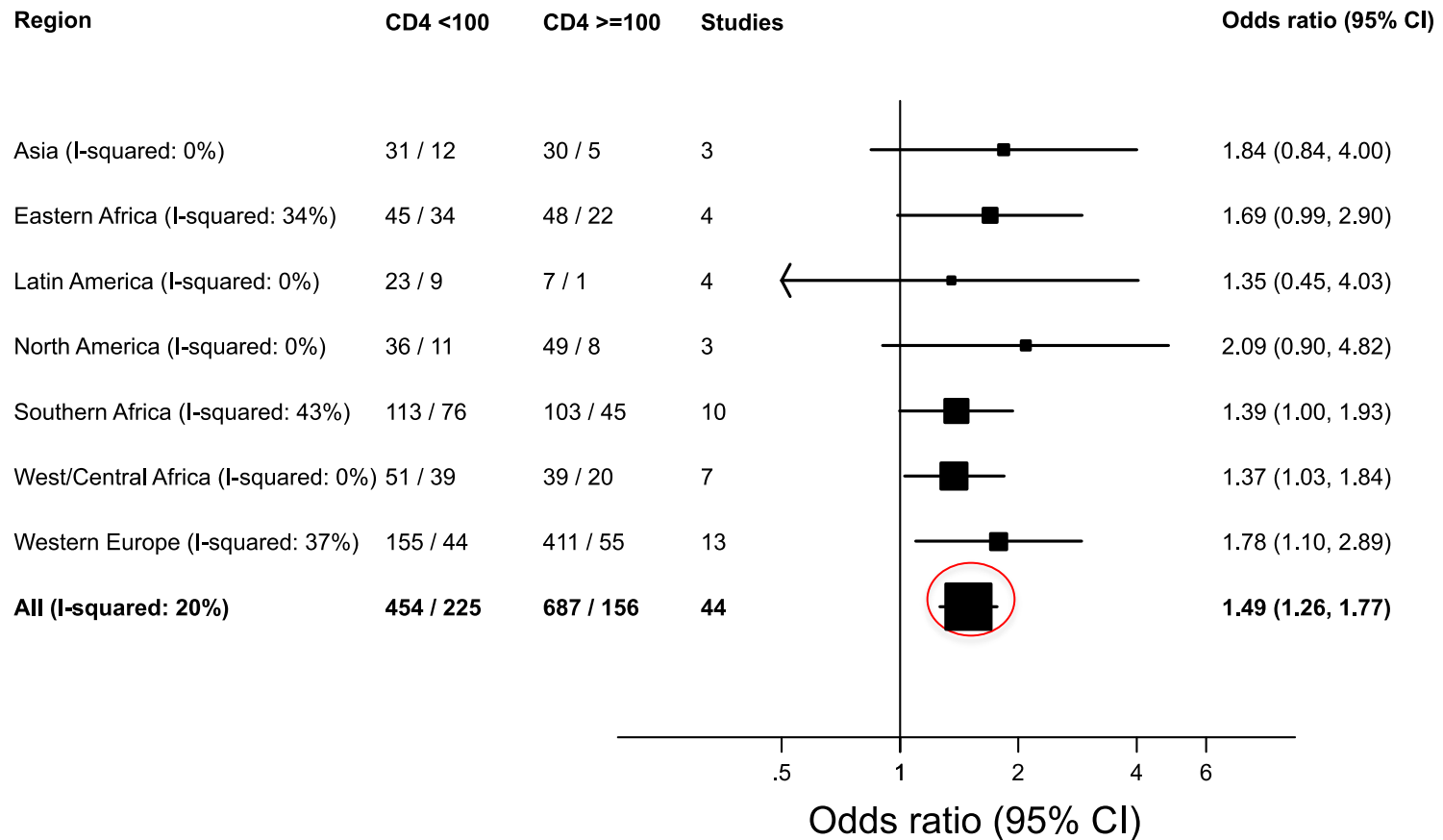
Included cohorts and some clinical trials

Around a third of data previously unpublished

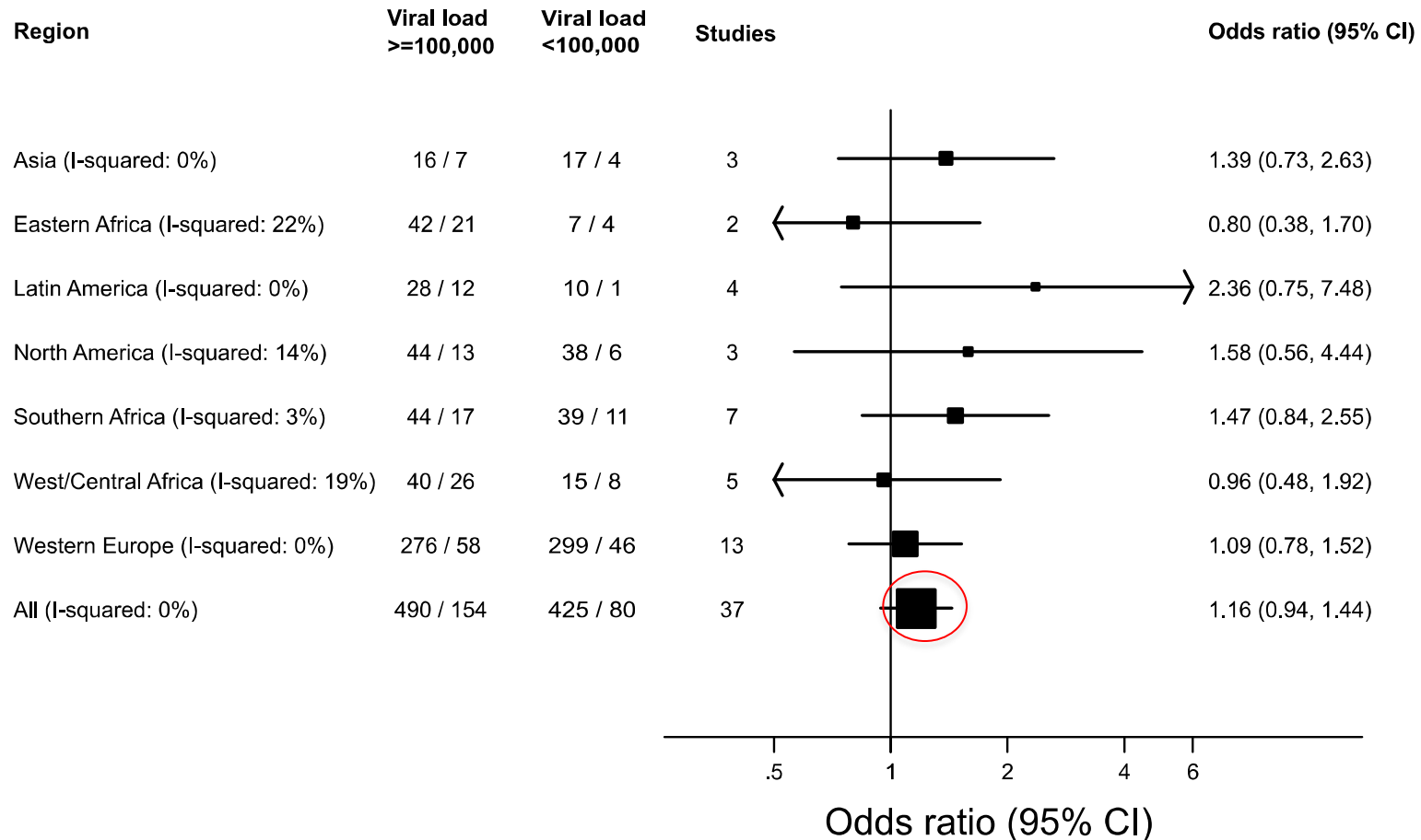
# Prevalence of tenofovir resistance



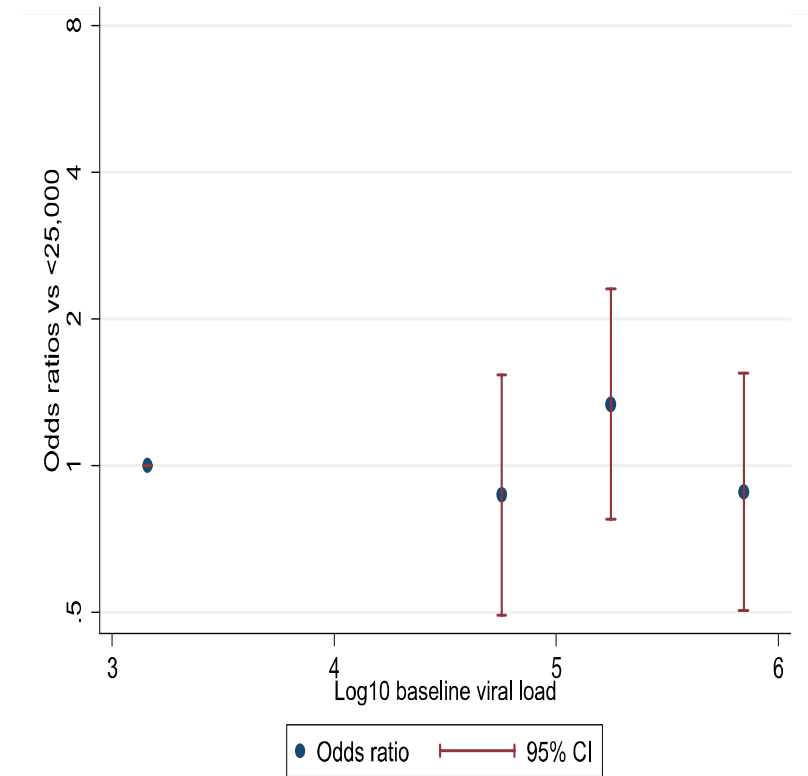
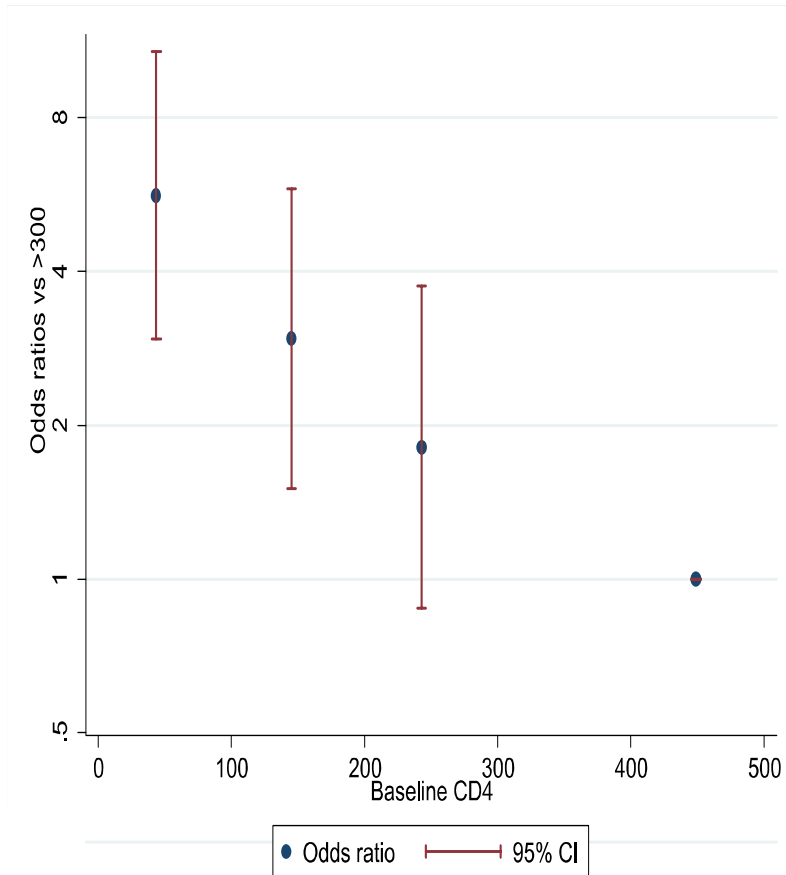
# Baseline CD4 impact on TDF resistance



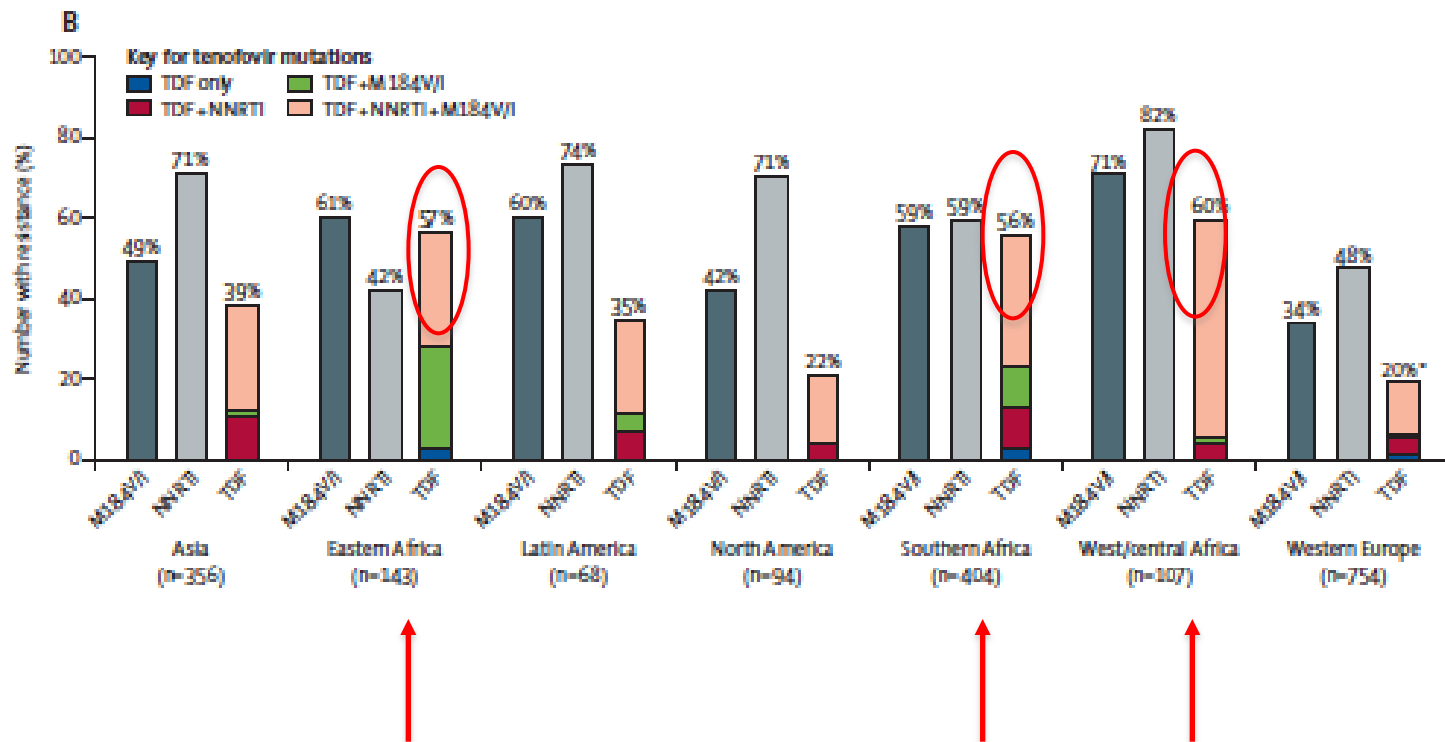
# Baseline Viral load impact on TDF resistance



# Baseline CD4/Viral load impact on TDF resistance

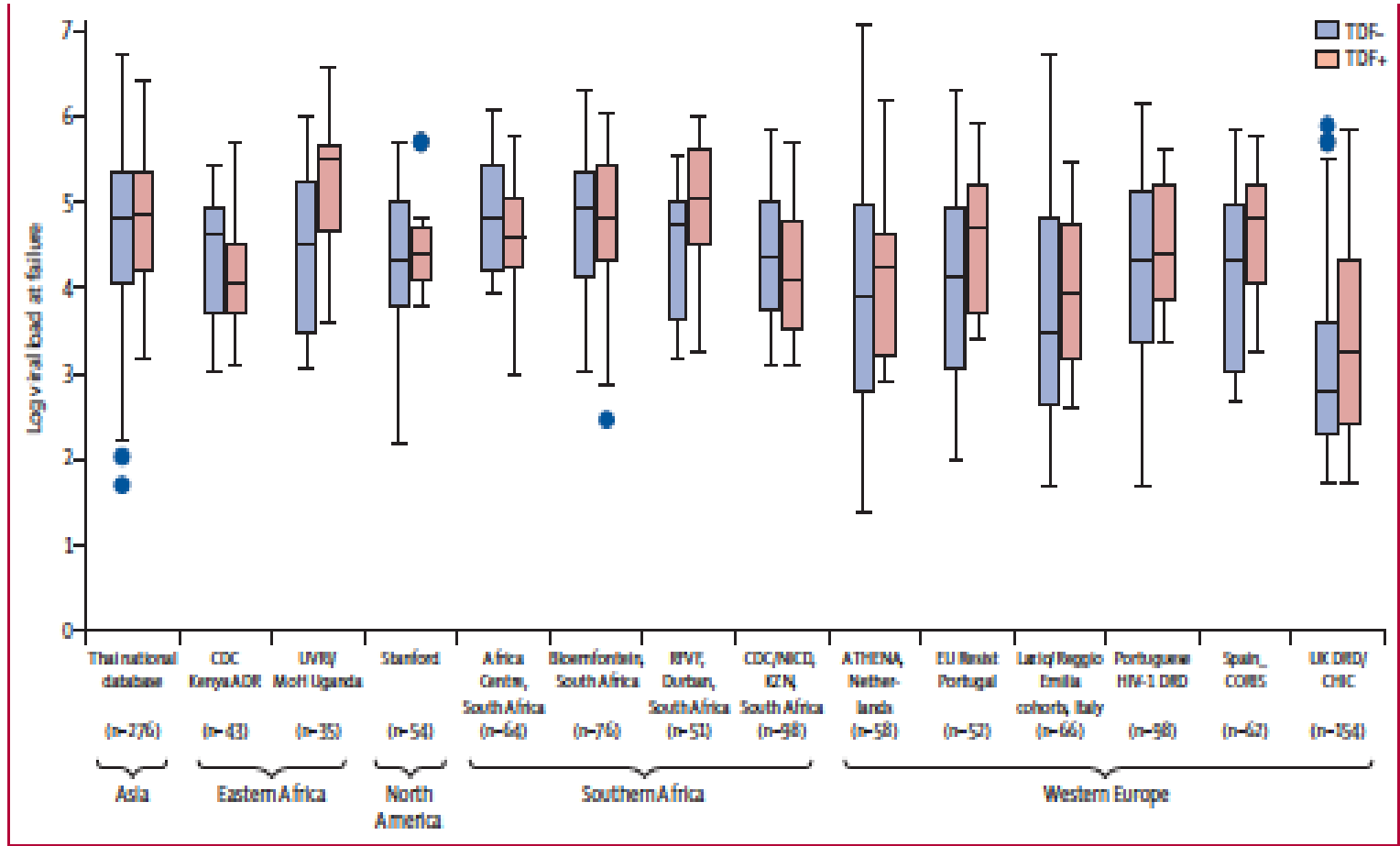


# TDF Resistance is usually accompanied by high level NNRTI resistance and M184V/I



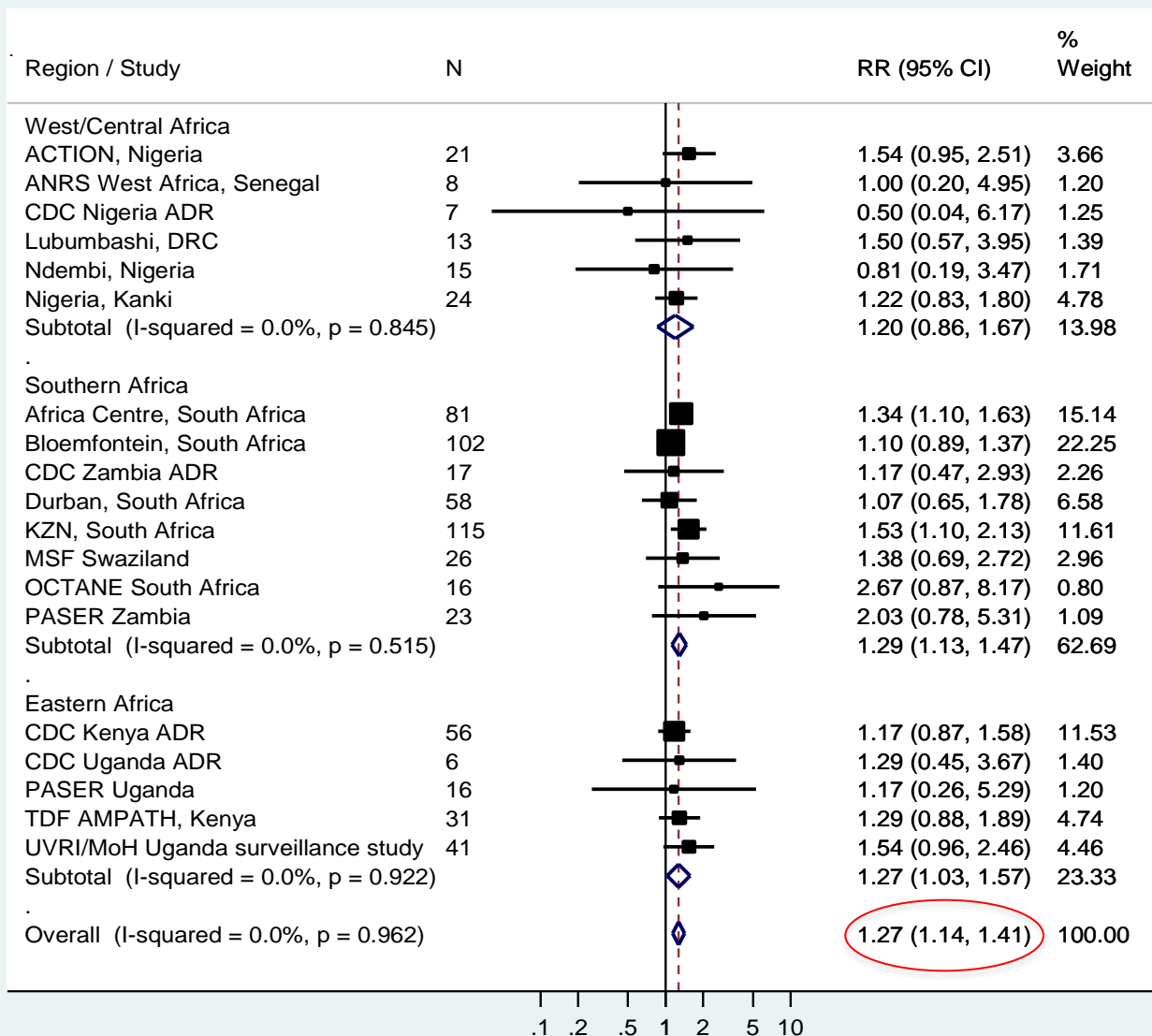


# Viral load is not impacted by tenofovir resistance



***Prior thymidine analogue exposure revealed in those with virologic failure of Tenofovir + xTC + NNRTI***

	<b>No. with ≥ 1 TAM</b>	<b>Lamivudine resistance (M184V/I)</b>	<b>Tenofovir resistance (K65R/N, K70E/G/Q)</b>	<b>Major NNRTI resistance (Multiple)</b>
<b>Eastern Africa</b>	27	26 (96%)	22 (81%)	16 (59%)
<b>Southern Africa</b>	75	62 (83%)	61 (81%)	57 (76%)
<b>West/Central Africa</b>	14	14 (100%)	11 (79%)	14 (100%)



***Prior ART with thymidine analogue based regimens is associated with more extensive drug resistance following virologic failure of Tenofovir + xTC + NNRTI***

	<b>No. with ≥ 1 TAM</b>	<b>Lamivudine resistance (M184V/I)</b>	<b>Tenofovir resistance (K65R/N, K70E/G/Q)</b>	<b>Major NNRTI resistance (Multiple)</b>
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	<b>No. without TAMs</b>	<b>Lamivudine resistance (M184V/I)</b>	<b>Tenofovir resistance (K65R/N, K70E/G/Q)</b>	<b>Major NNRTI resistance (Multiple)</b>
<b>Eastern Africa</b>	143	61%	57%	42%
<b>Southern Africa</b>	404	59%	56%	59%
<b>West/Central Africa</b>	107	71%	60%	82%

## *Conclusions I*

- Wide variation in prevalence of TDF resistance
- Presence of K65R/N or K70E/Q/G associated with extensive resistance
- Immune status predicts risk of TDF resistance
- NVP (and 3TC) use associated with higher risk of TDF resistance

## *Conclusions II*

- In vivo fitness is independent of tenofovir resistance
- TAMs indicate suboptimal prior ART exposure and are associated with higher likelihood of tenofovir resistance.
- Viral load monitoring should be used before substitution of TDF for thymidine analogues and during 'first line' cART.

## *The TenoRes study team*

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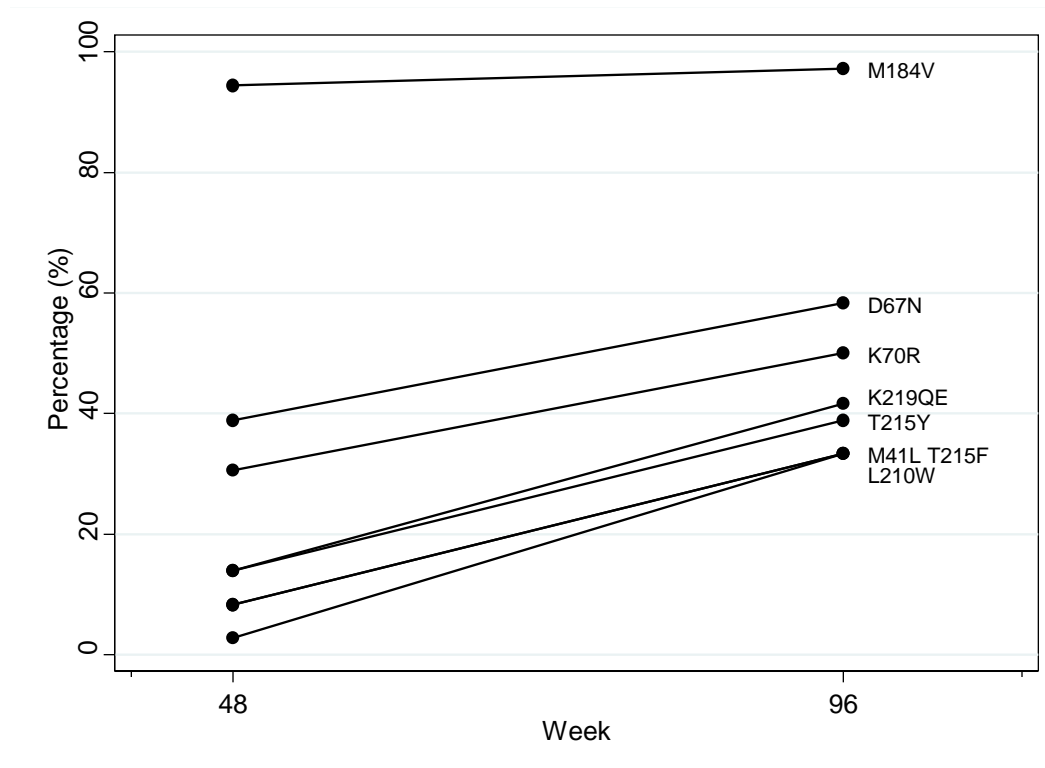


**Thank you!**

## Statistical notes

DerSimonian-Laird weighting and estimates of heterogeneity taken from Mantel-Haenszel model

## TAMs accumulate at 1.5 per year following initiation of AZT+3TC+NVP



DART-NORA: Prevalence of Thymidine analogue mutations and M184V in patients with paired genotypes (n=36) at week 48 and 96