

# Immune System Development in Pediatrics

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# 10 Immune Characteristics of Early Life...

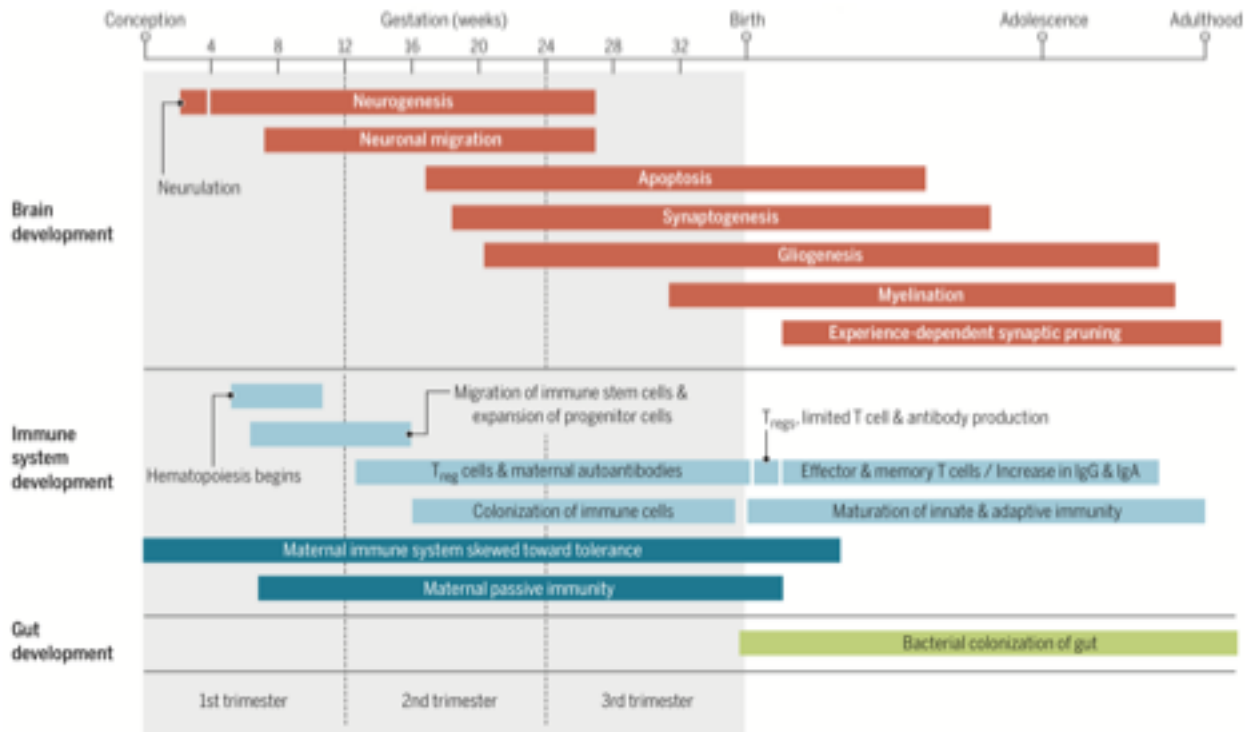
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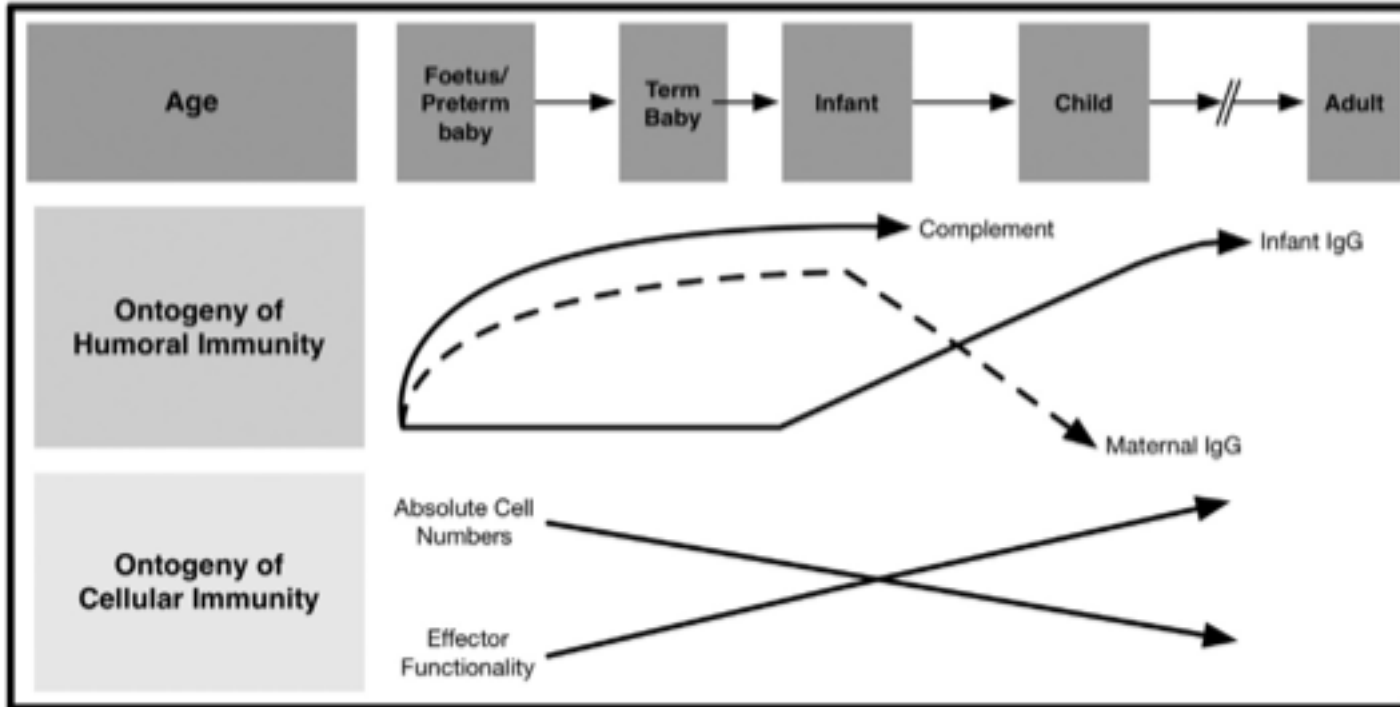
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# 1. Early life is a developmentally sensitive period for immune ontogeny



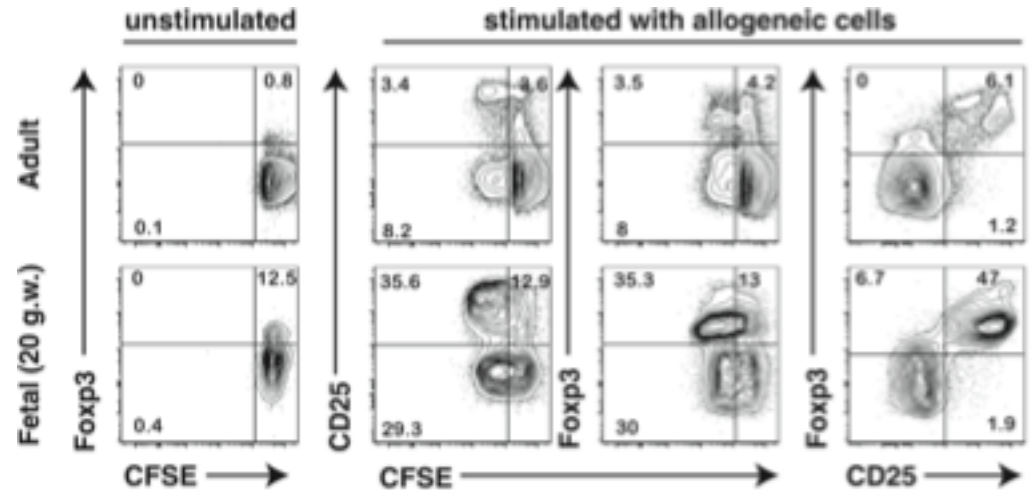
# 1. Early life is a developmentally sensitive period for immune ontogeny



# 2. Early life is tolerogenic...

- Increased frequency of Tregs
  - Functionally enhanced compared to adults
- CD71+ erythroid precursor cells
  - Deplete L-arginine, needed for T-cell function
- High circulating adenosine – anti-inflammatory
  - High CD73, alkaline phosphatase
  - Low adenosine deaminase

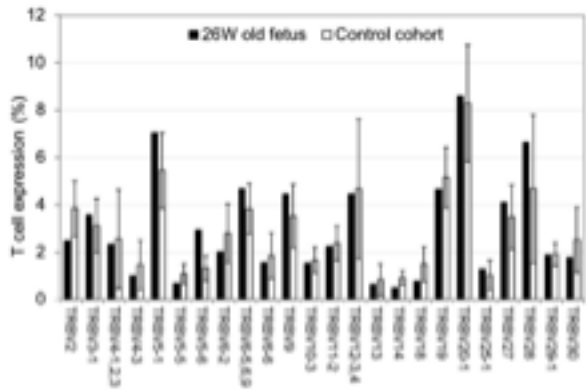
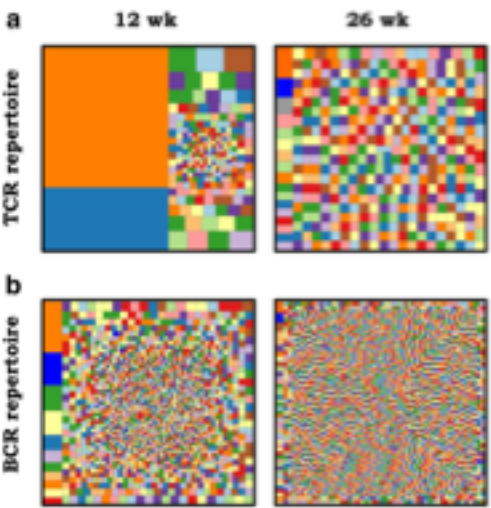
Naïve T-cells from 18-24 wk mesenteric lymph nodes, mixed lymphocyte reaction



Different gene expression pattern  
Arise from distinct HSC lineages

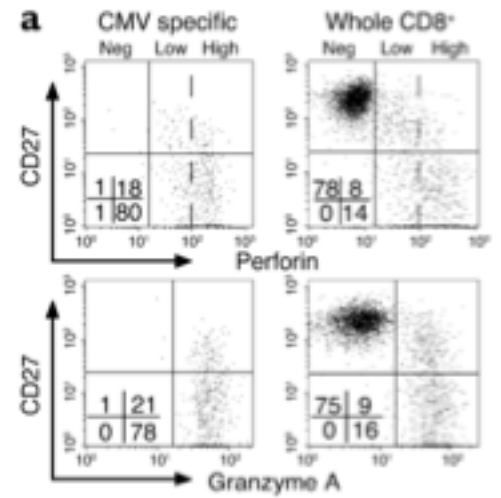
# ...but there is a robust and functional fetal immune repertoire

VDJ recombination from 8 weeks' gestation  
 Functional class switching and somatic hypermutation  
 By early T3, receptor diversity similar to healthy infants



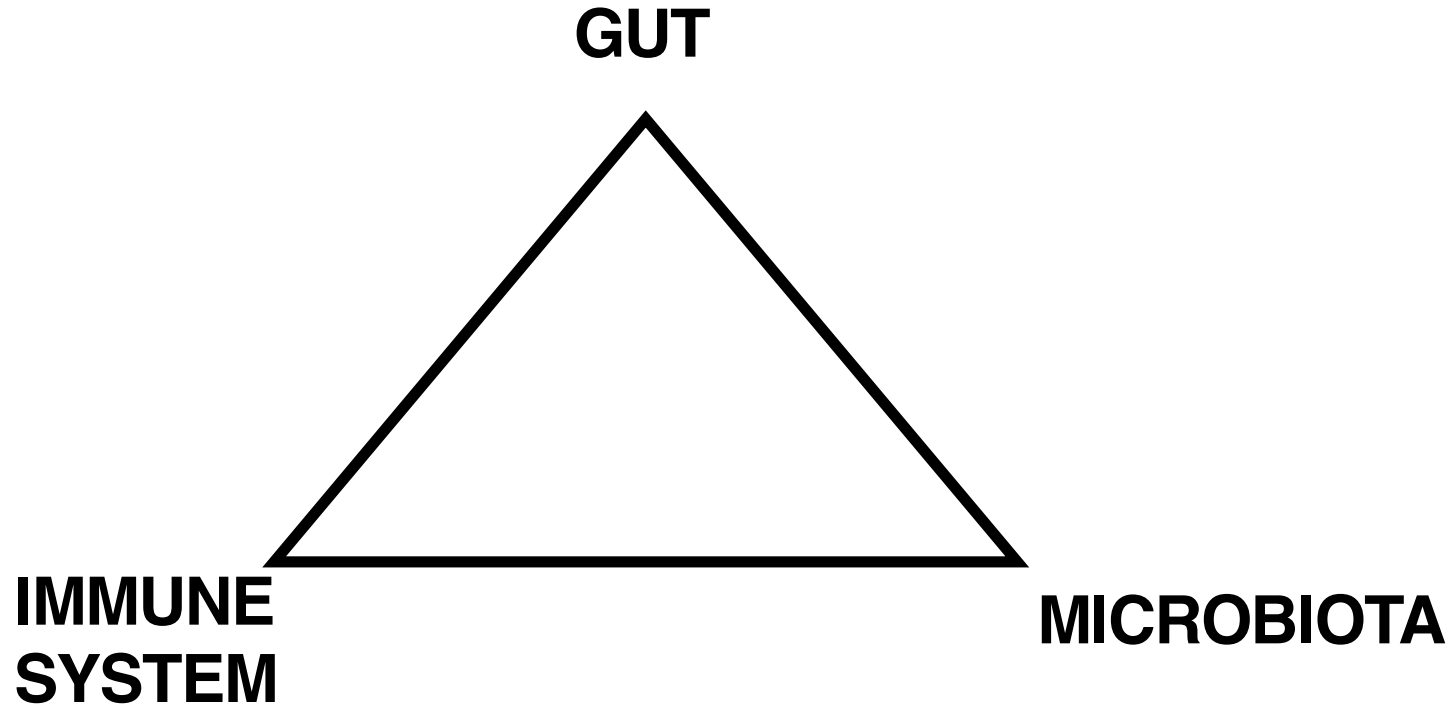
Rechavi and Somech, Semin Immunopathol 2017

cCMV infection: expansion and differentiation of mature CD8 T-cells, similar to adults



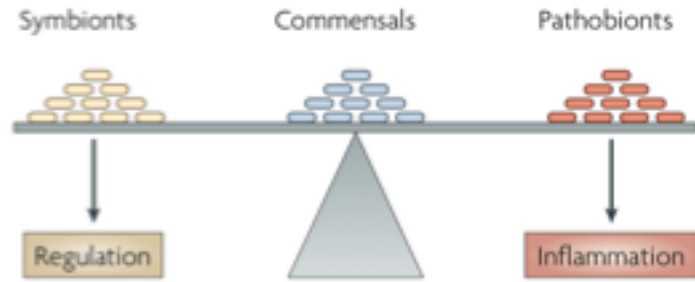
Marchant A *et al.*, J Clin Invest 2003

### **3. Immune, gut and microbiota development occur in tandem**

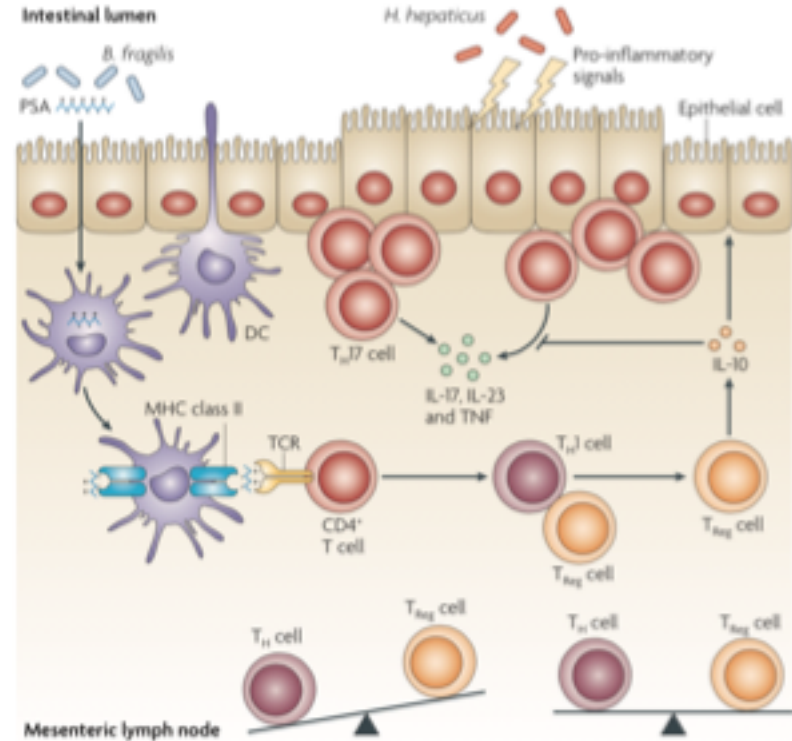
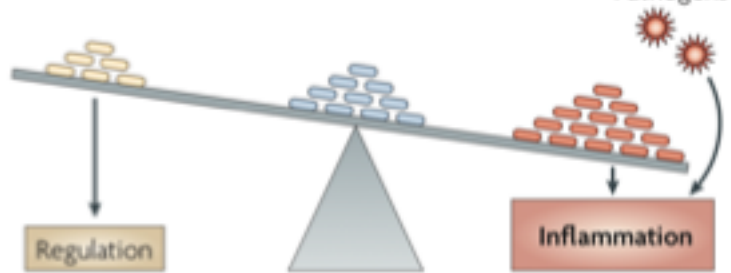


# Bacterial colonization drives immune development and homeostasis

## a Immunological equilibrium

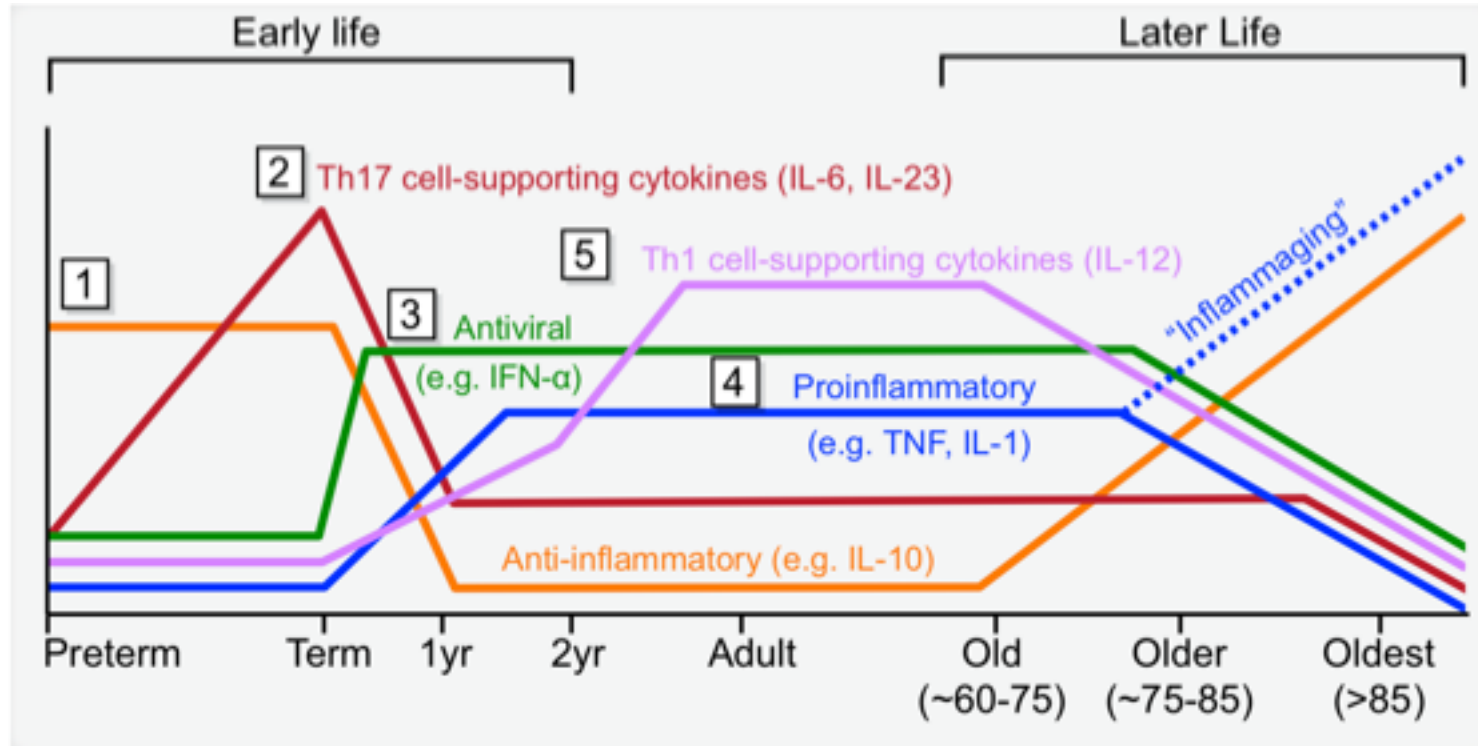


## b Immunological dysequilibrium

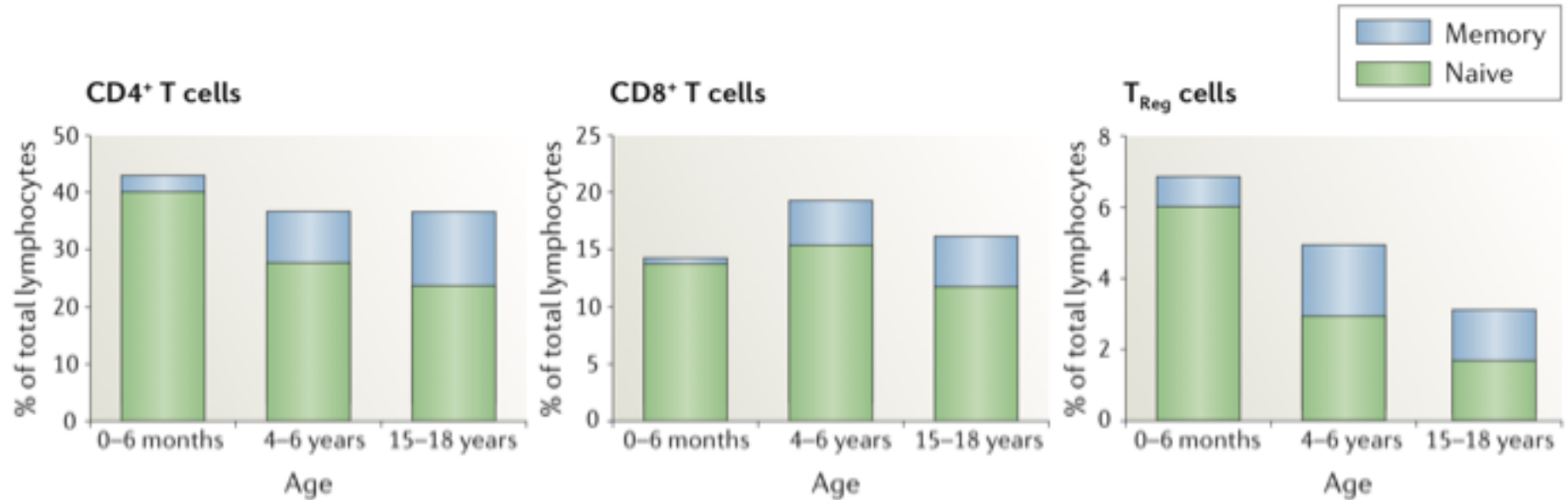




# 4. A programmed pattern of immune development occurs over time



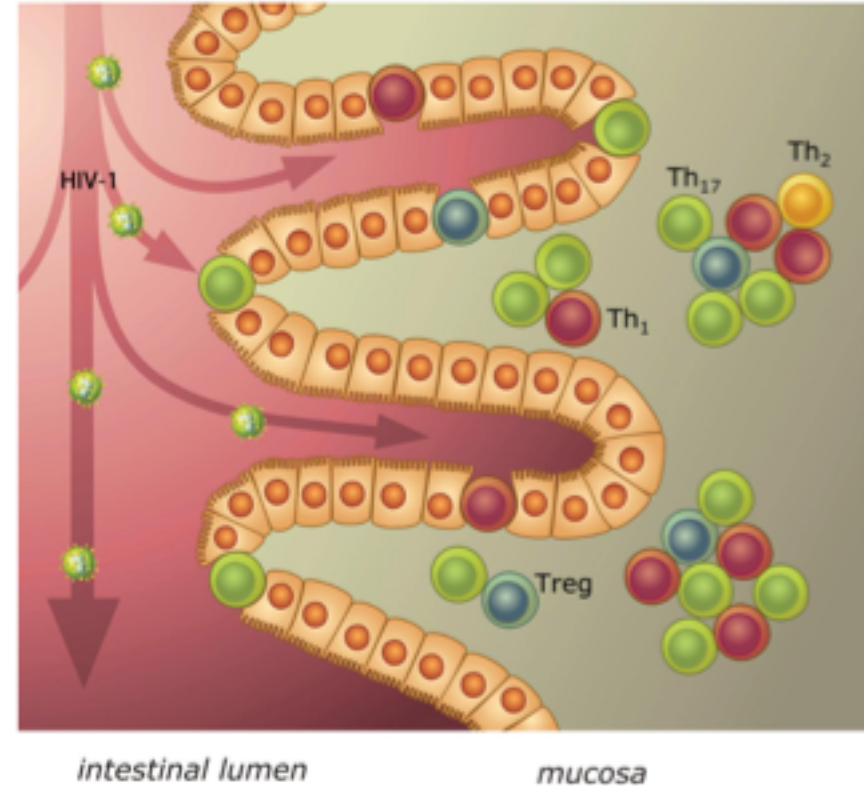
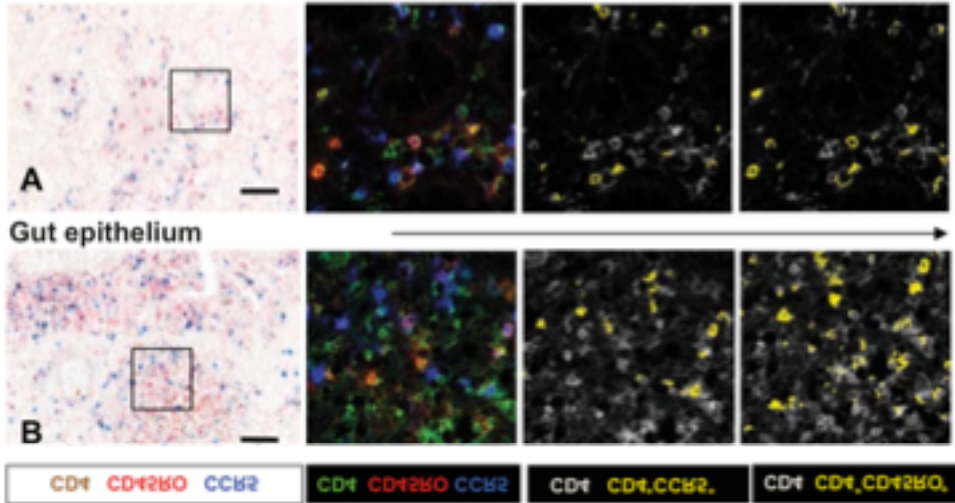
# 5. Adaptive immunity is naïve, leading to greater dependence on innate immunity



- Few effector memory T cells (and CD27<sup>+</sup> B cells), different homing receptors, highly proliferative and apoptotic, reduced tissue-resident memory (TRM) cells

# Infants have an abundance of target cells for HIV in the gut

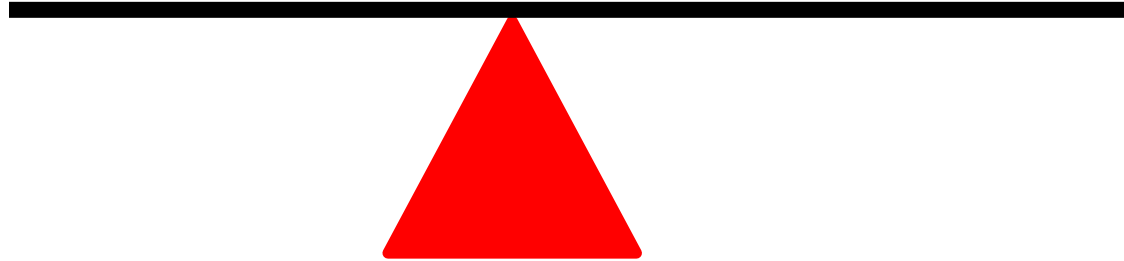
- Large pool of CD4+CCR5+ memory T-cells in infant gut mucosa, but not LN/cord blood
- Highly susceptible to HIV infection



# 6. Outcomes of infections are highly age-dependent

Inadequate control

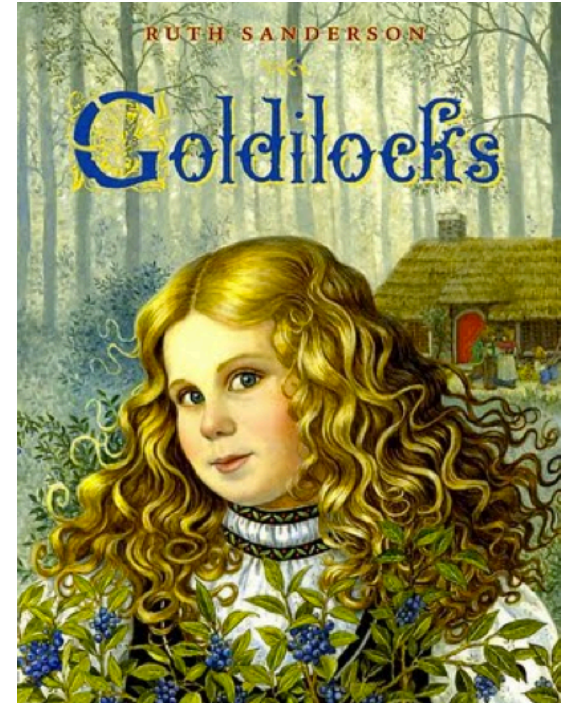
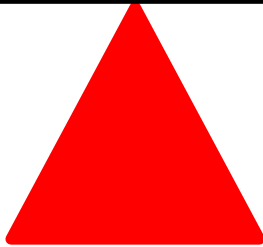
Immunopathology



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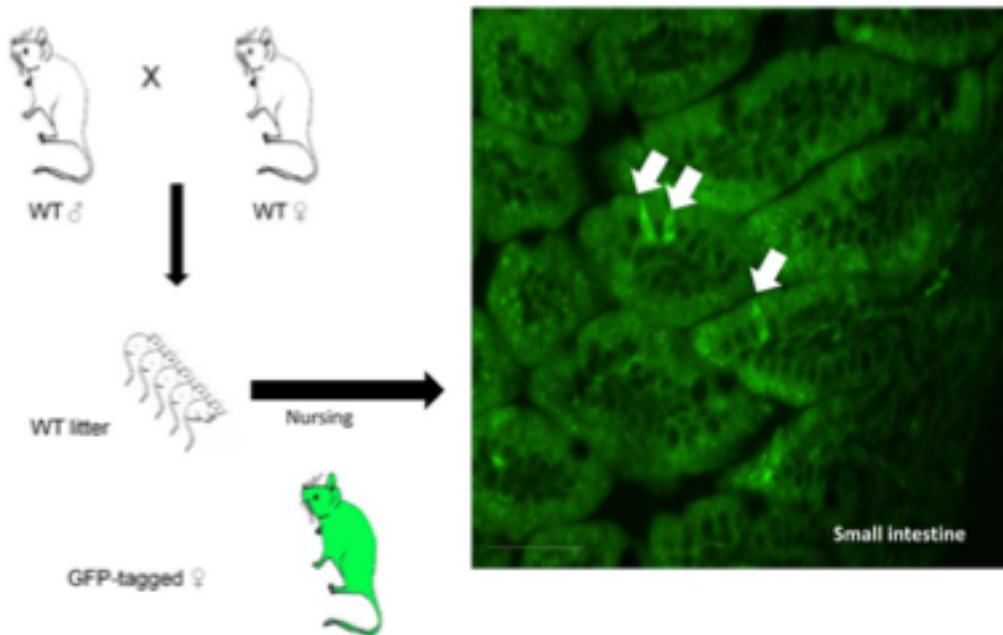
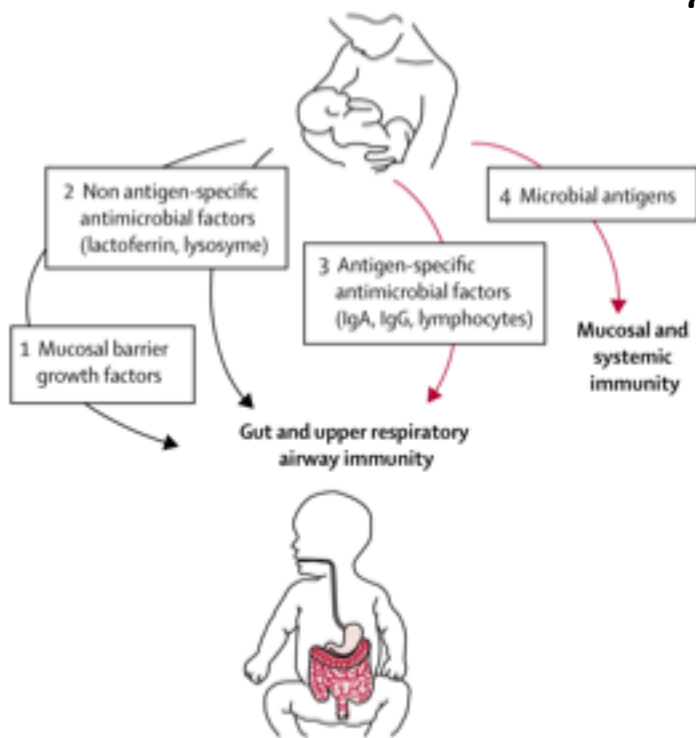
Inadequate control

Immunopathology

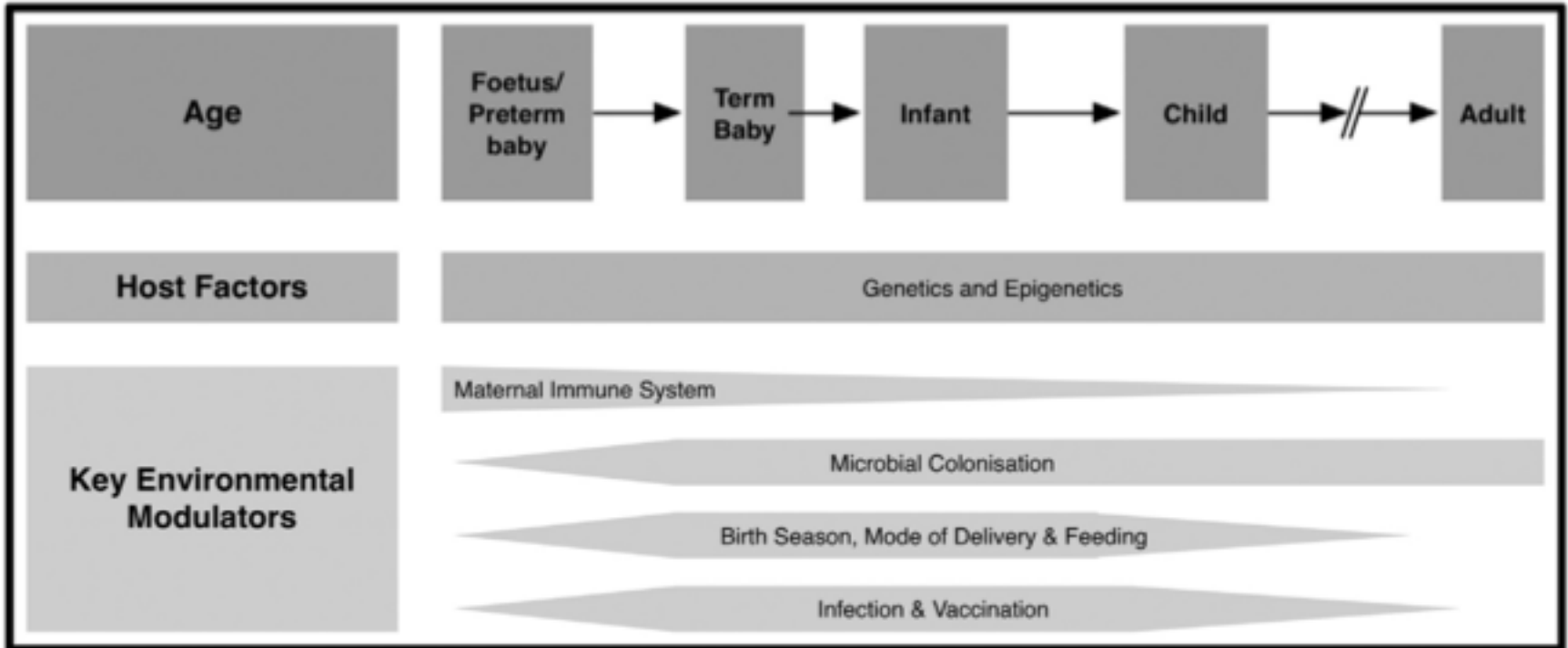


# 7. Infant immunity is shaped by and shared with the mother

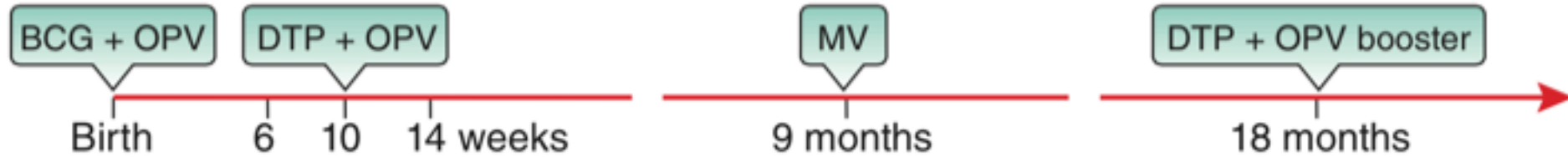
“Common maternal and infant mucosal immune system”



# 8. Environmental exposures shape immune development

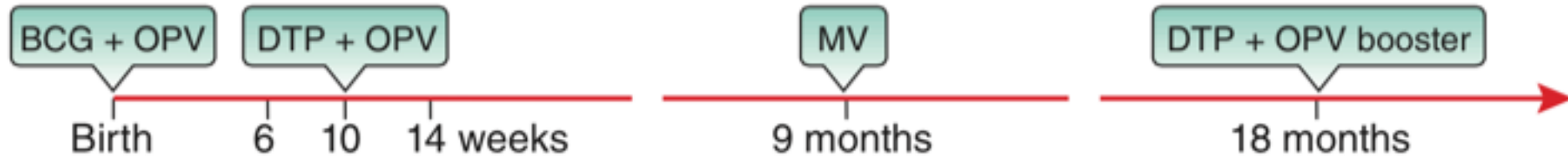


# 8. Environmental exposures shape immune development





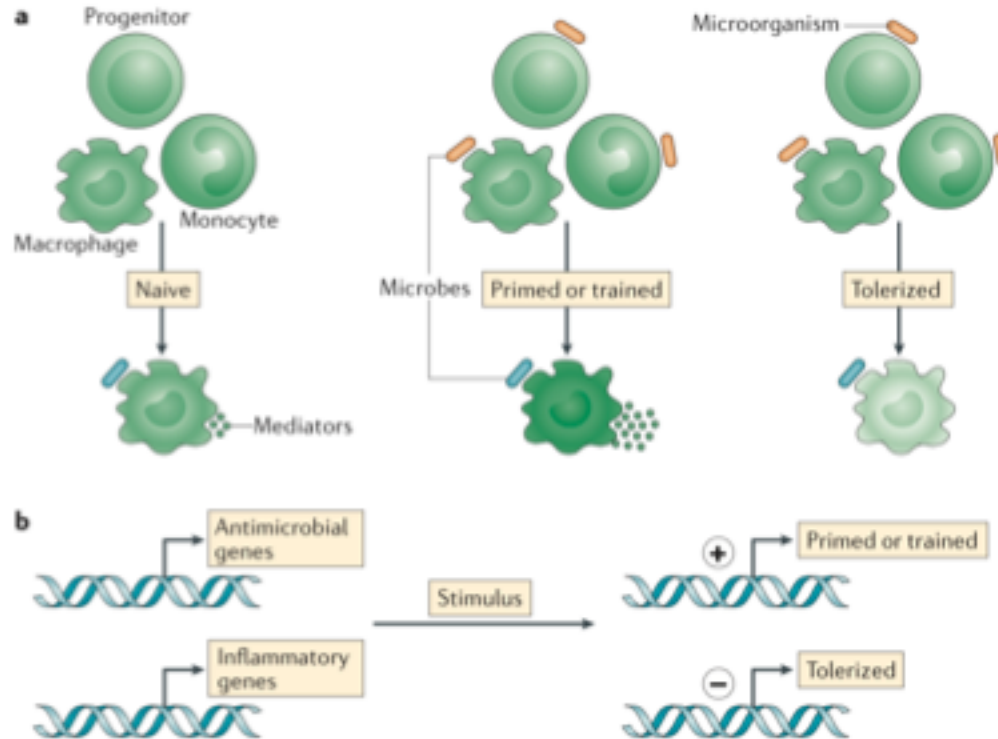
# 8. Environmental exposures shape immune development



**Table 2 Mortality after immunization with the BCG vaccine**

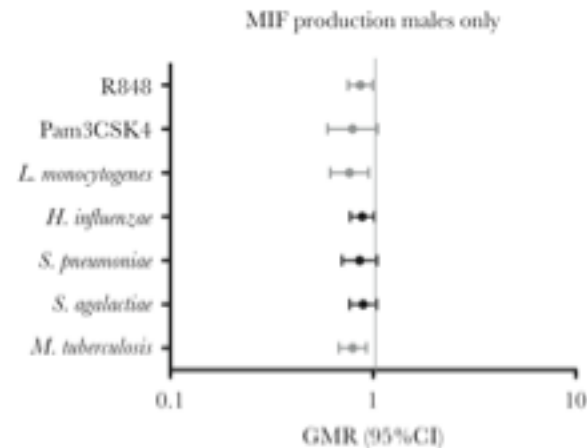
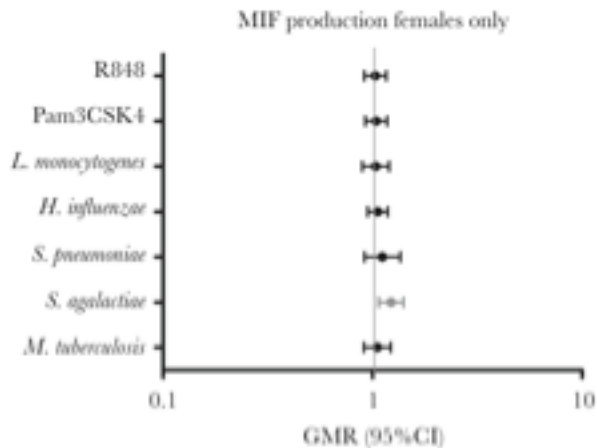
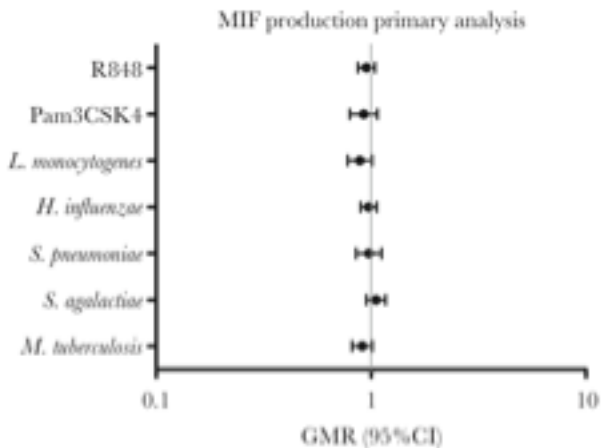
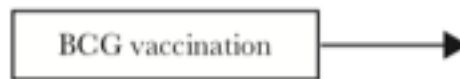
Follow-up period	MRR	MRR	Combined MRR
	Small RCT	Large RCT	
3 days	0.17 (0.02–1.35)	0.49 (0.21–1.15)	0.42 (0.19–0.92)
4 weeks	0.18 (0.06–1.37)	0.55 (0.34–0.89)	0.52 (0.33–0.82)
12 months	0.41 (0.14–1.18)	0.83 (0.63–1.08)	0.79 (0.61–1.02)

# 8. Environmental exposures shape immune development



# 9. Boys and girls are not the same immunologically

Infants randomized to BCG or no BCG  
Production of macrophage migration inhibitory factor (MIF) differed by sex



# 10. The immunological battleground in developing countries is different



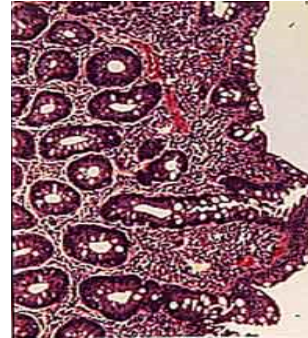
- Higher prevalence of preterm and LBW
- Co-infections
- Environmental exposures including toxins
- Seasonality

# 10. The immunological battleground in developing countries is different



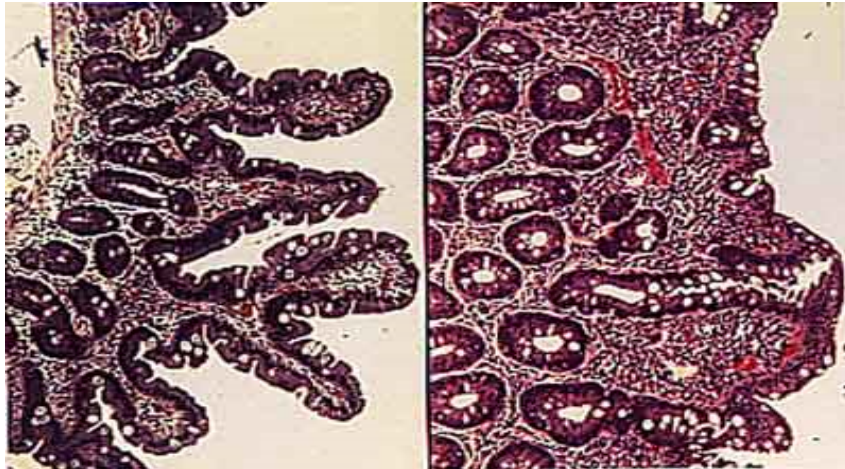


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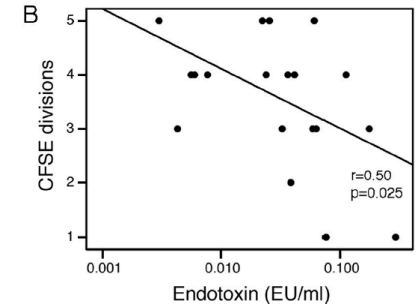
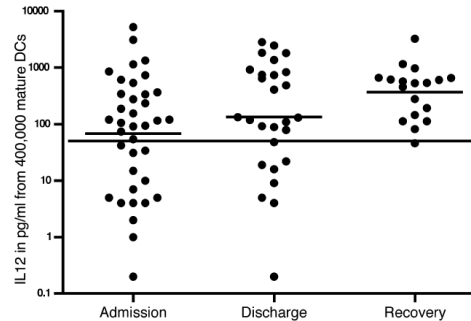
# Environmental enteropathy is almost universal in developing countries

Chronic intestinal inflammation  
Impaired barrier function  
Microbial translocation



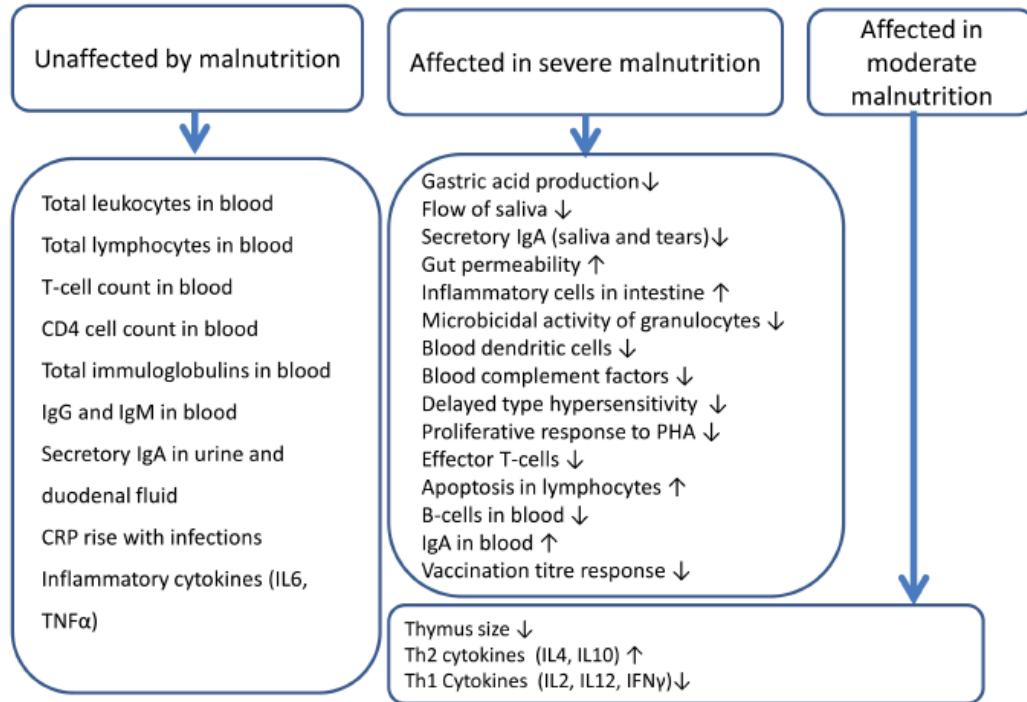
## Dendritic Cell Anergy Results from Endotoxemia in Severe Malnutrition<sup>1</sup>

Stephen Miles Hughes,<sup>2\*†‡§</sup> Beatrice Amadi,<sup>‡</sup> Mwiya Mwiya,<sup>‡</sup> Hope Nkamba,<sup>§</sup>  
Andrew Tomkins,<sup>†</sup> and David Goldblatt\*



Hughes SM *et al.*, J Immunol 2009

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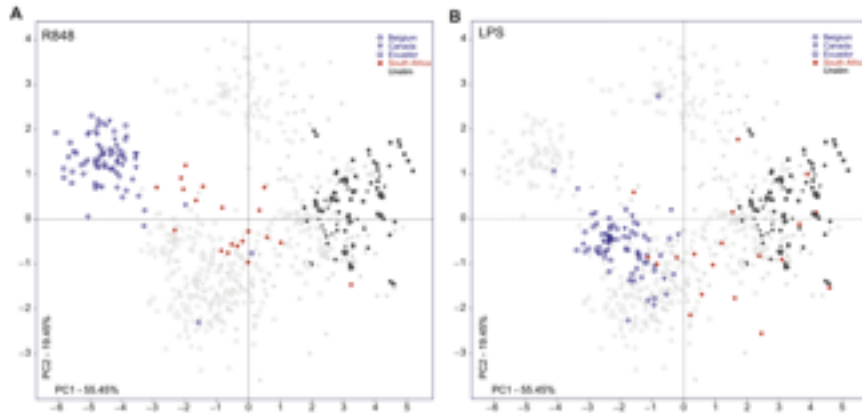


- Generally good rates of protection from protein and polysaccharide vaccines
  - Titres may be lower in malnutrition
- Responses to T-cell dependent (live) vaccines may be suboptimal



# 10. The immunological battleground in developing countries is different

	Belgium	Canada	Ecuador	South Africa
N	14	20	43	20
Infant characteristics				
Mean age (mo), mean $\pm$ SD	24.7 $\pm$ 4.3	19.1 $\pm$ 0.8	26.7 $\pm$ 1.28	24.7 $\pm$ 0.6
Birth weight (g), mean $\pm$ SD	2996.2 $\pm$ 796.3	3339.6 $\pm$ 448.2	3475.1 $\pm$ 988.3	3018.4 $\pm$ 383.6
Birth mode (vaginal/c-section)	13/1	11/13	34/9	20/0
Gestational age, mean $\pm$ SD	38.4 $\pm$ 3.4	39.2 $\pm$ 1.5	38.9 $\pm$ 1.1	37.8 $\pm$ 2.4
Premature < 37 wk (% of total)	2 (14%)	1 (4.5%)	0 (0%)	3 (15%)
Weight (g), mean $\pm$ SD	13364.3 $\pm$ 1786.1	11190.9 $\pm$ 1392.5	11501.16 $\pm$ 1010.7	11205.0 $\pm$ 1300.7
Height (cm), mean $\pm$ SD	92.2 $\pm$ 4.6	82.2 $\pm$ 3.0	84.3 $\pm$ 2.5	84.4 $\pm$ 0.91
WAZ, mean $\pm$ SD	0.69 $\pm$ 1.2	-0.05 $\pm$ 0.9	-0.32 $\pm$ 0.93	-0.58 $\pm$ 0.95
LAZ, mean $\pm$ SD	1.56 $\pm$ 0.8	-0.30 $\pm$ 0.9	-0.78 $\pm$ 1.49	-1.07 $\pm$ 1.20
WLZ, mean $\pm$ SD	-0.18 $\pm$ 1.4	0.17 $\pm$ 1.0	0.16 $\pm$ 0.79	-0.03 $\pm$ 0.87



# Summary

- Dynamic, adaptive programmed assembly throughout childhood
  - “Layered” immune development, specific functions at different ages
  - Tolerogenic early life, reduced Th1 responses, naïve cell predominance
  - Increase in Th1 and pro-inflammatory responses during infancy
- Age-dependent outcome of infections
- Interlinked maternal and infant immunity, breast milk highly adaptive, long-term immune seeding
- Early life is a developmentally sensitive period
  - Influence of infant sex
  - Impact of environment, geography, infections, vaccines, nutrition