

Clinical challenges in the development of HDV infection

Heiner Wedemeyer

Essen University Hospital, University of Duisburg-Essen

Germany

Novel HDV therapies: SWOT analysis

Strengths

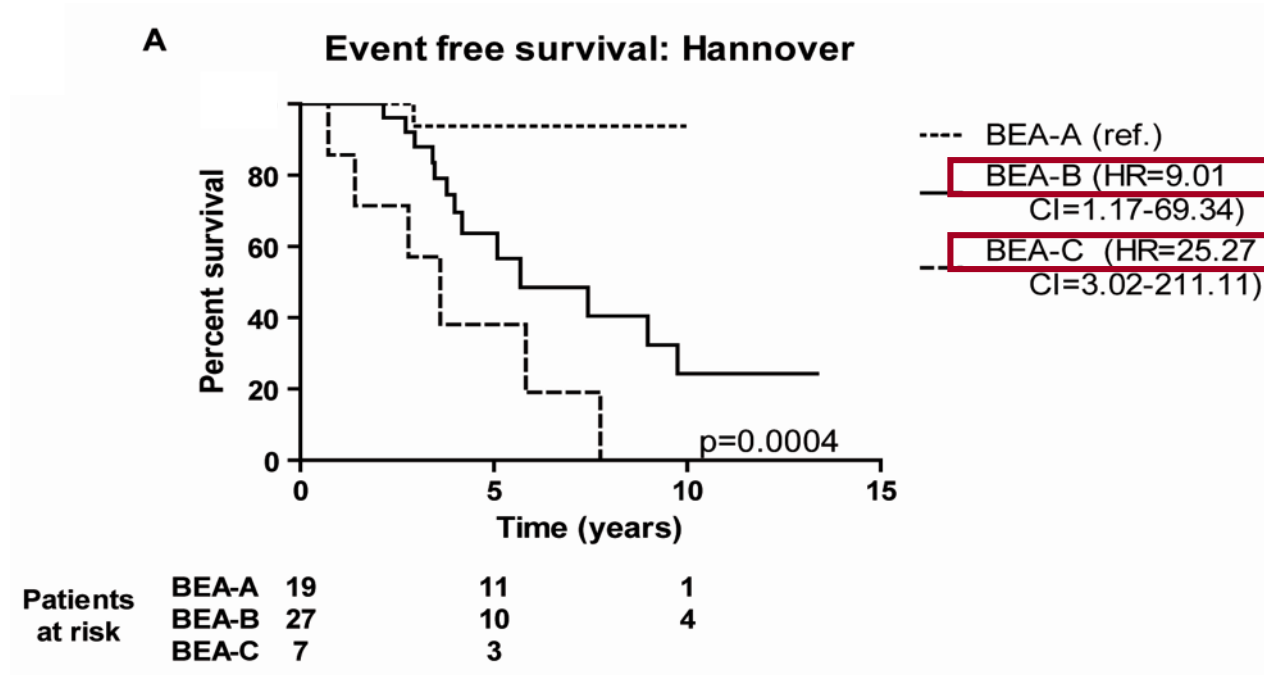
- Standardized virological endpoints
- HDV RNA in addition to HBsAg + HBV DNA
- Liver biopsies are still performed
- Motivated patients

Opportunities

- High unmet medical need
- No approved therapy
- Some side effects acceptable
- HDV could help to develop HBV drugs



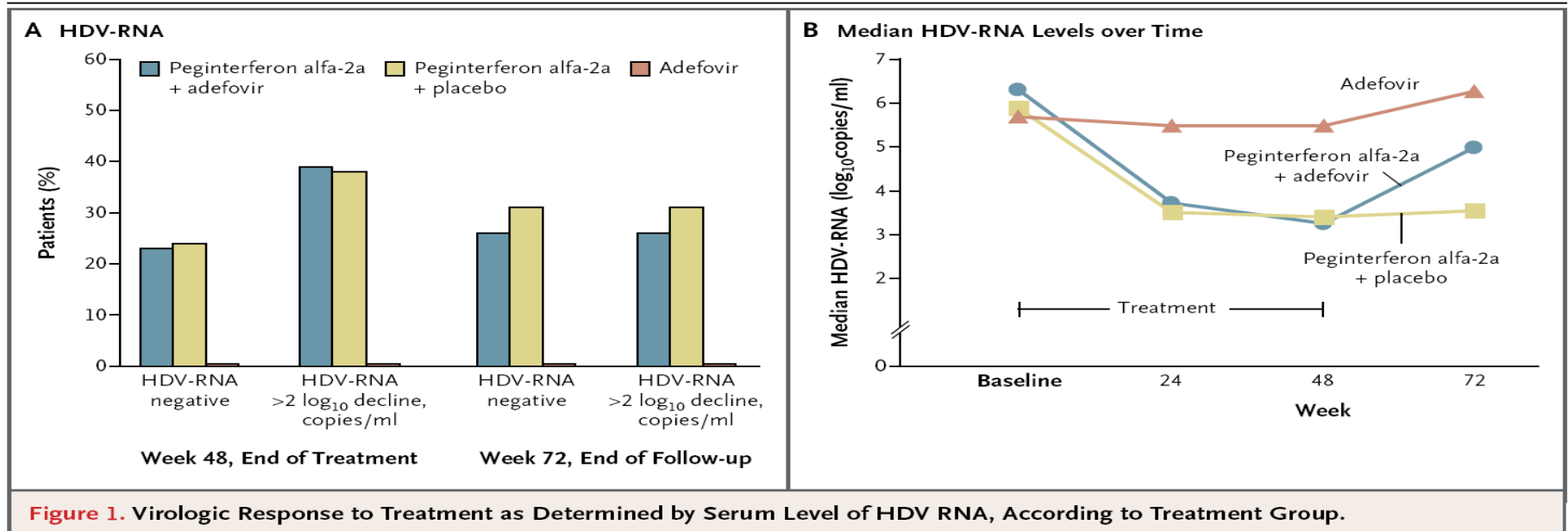
Survival according to the BEA-score



Calle Serrano et al. J Viral Hepatitis 2014



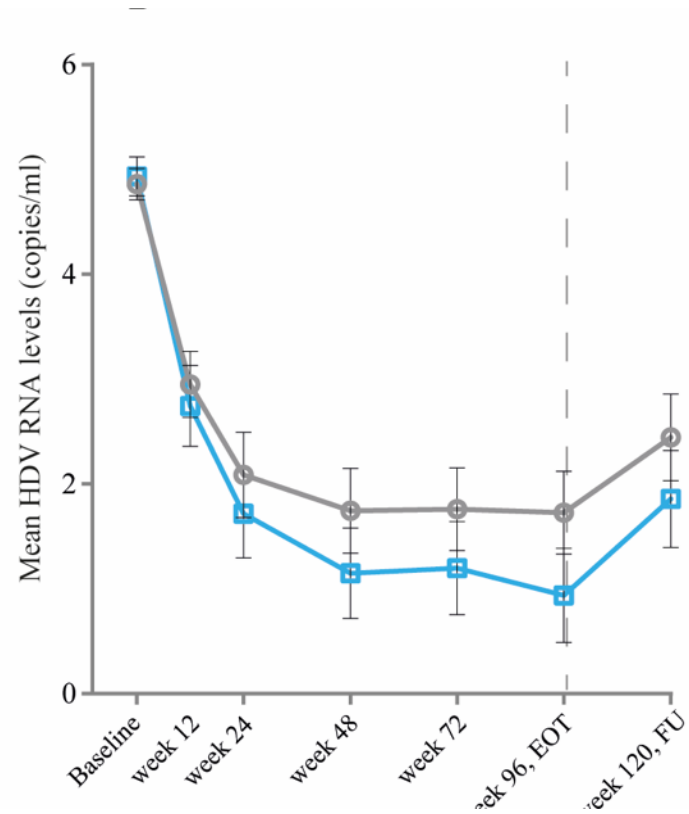
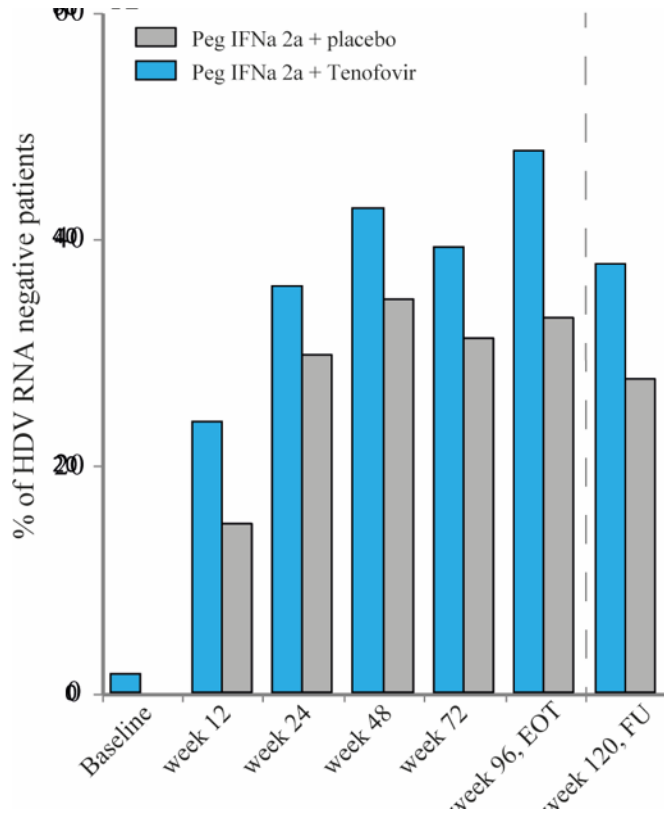
Treatment of Hepatitis Delta with PEG-IFNa-2a: ~25% HDV RNA suppression



Wedemeyer, Yurdaydin et al. NEJM 2011



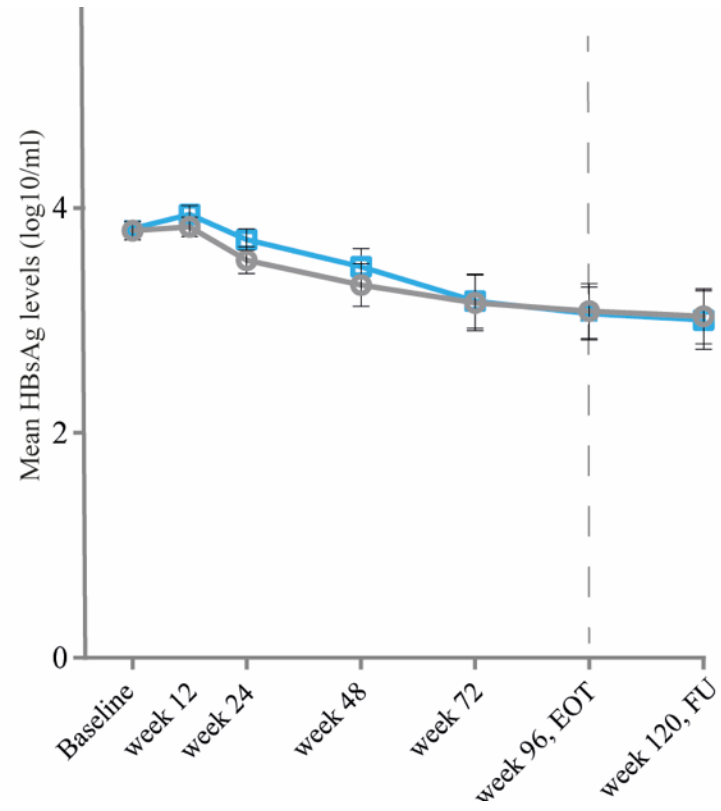
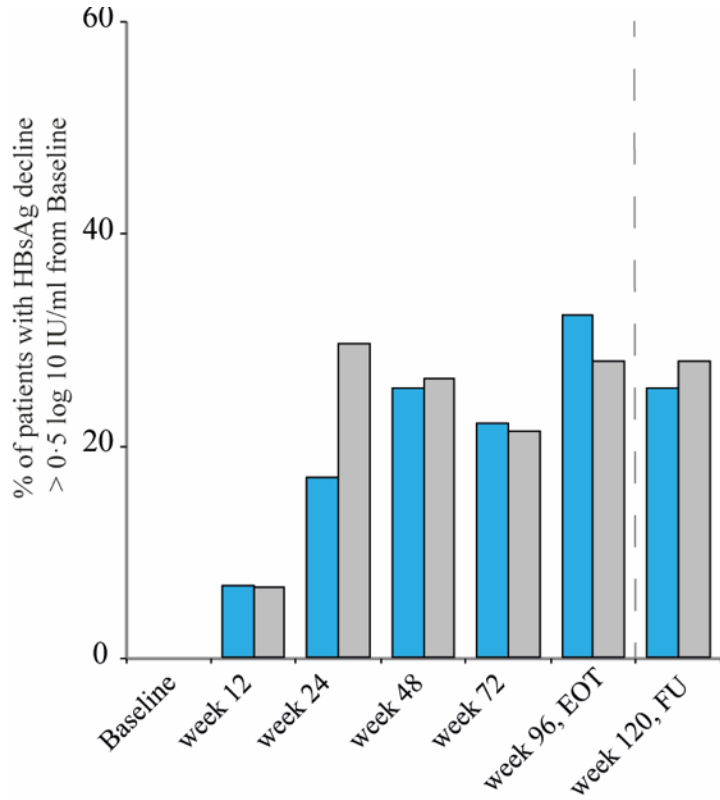
HDV-RNA relapses occur despited prolonged PEG-IFNa therapy



Wedemeyer, Yurdaydin et al. Lancet ID 2019, 19(3):275-286



No difference in HBsAg decline between PEG-IFNa + Placebi and PEG-IFNa + TDF



Wedemeyer, Yurdaydin et al. Lancet ID 2019, 19(3):275-286



Novel HDV therapies: SWOT analysis

Strengths

- Standardized virological endpoints
- HDV RNA in addition to HBsAg + HBV DNA
- Liver biopsies are still performed
- Motivated patients

Opportunities

- High unmet medical need
- No approved therapy
- Some side effects acceptable
- HDV could help to develop HBV drugs

Challenges

- Orphan Disease
- Heterogeneity
- Epidemiology of HDV infection
- Surrogates for clinical endpoints

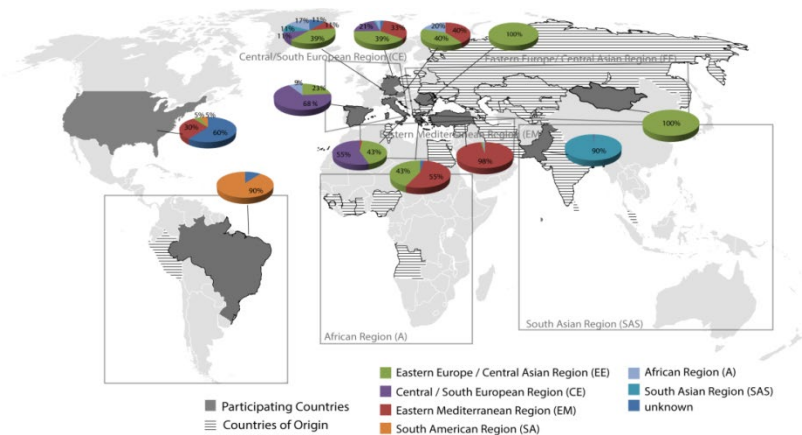
Threats

- Severity of liver disease
- Two infections
- Relapse after treatment (“SVR”?)
- PEG-IFNa backbone

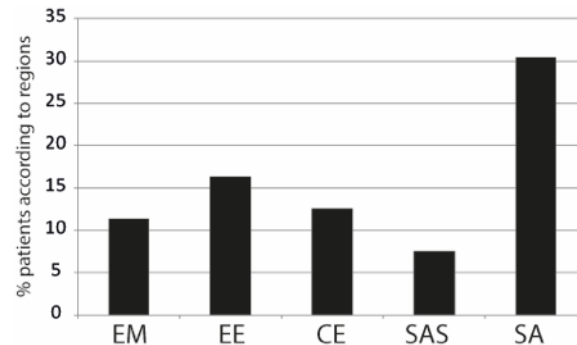


Heterogeneity of hepatitis delta world-wide: the HDIN network

- The Hepatitis Delta International Network (HDIN)
- 1579 anti-HDV+ or HDV-RNA+ patients from 15 countries



Hepatic clinical complications

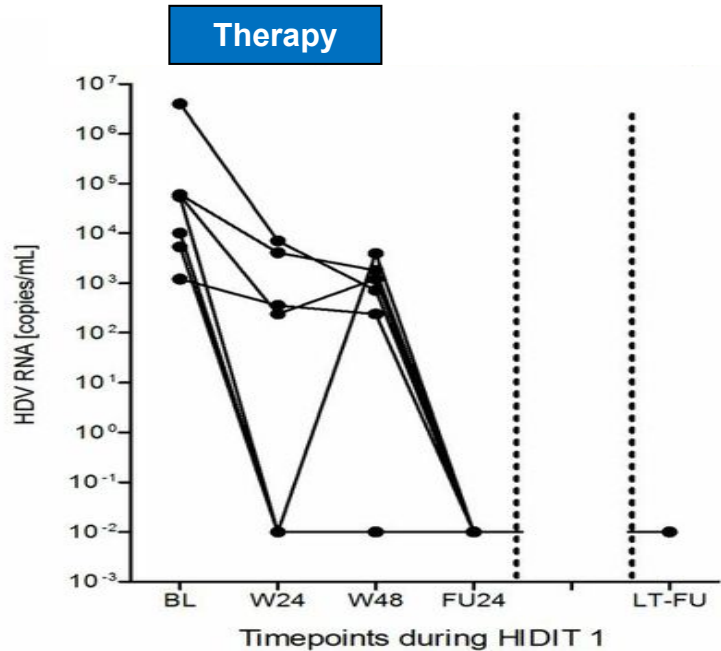


Wranke et al., Liver International 2018

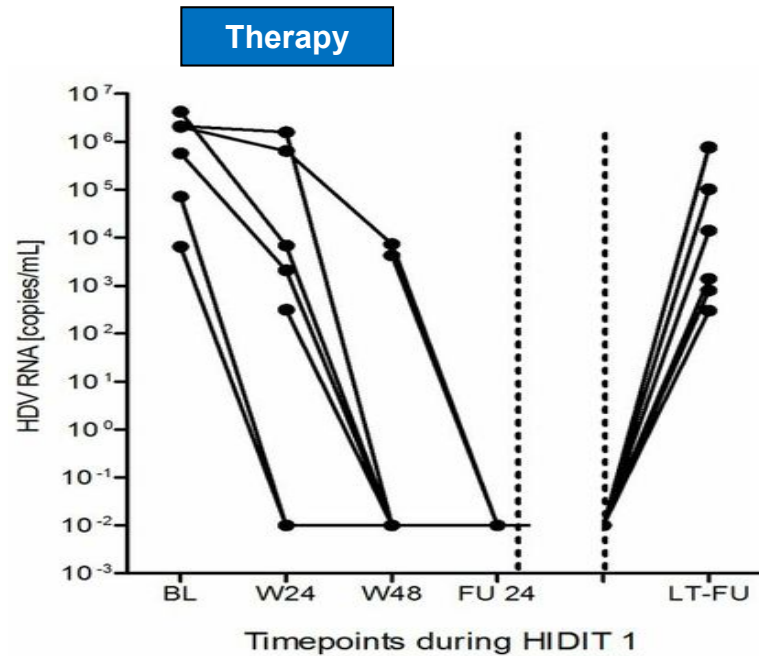


Late Relapses after initial response! No „SVR“ in hepatitis delta!

Long Term Virological Response



Late Relapse



Heidrich et al., Hepatology 2014



Giersch et al., Gut 2019; 68: 150-157

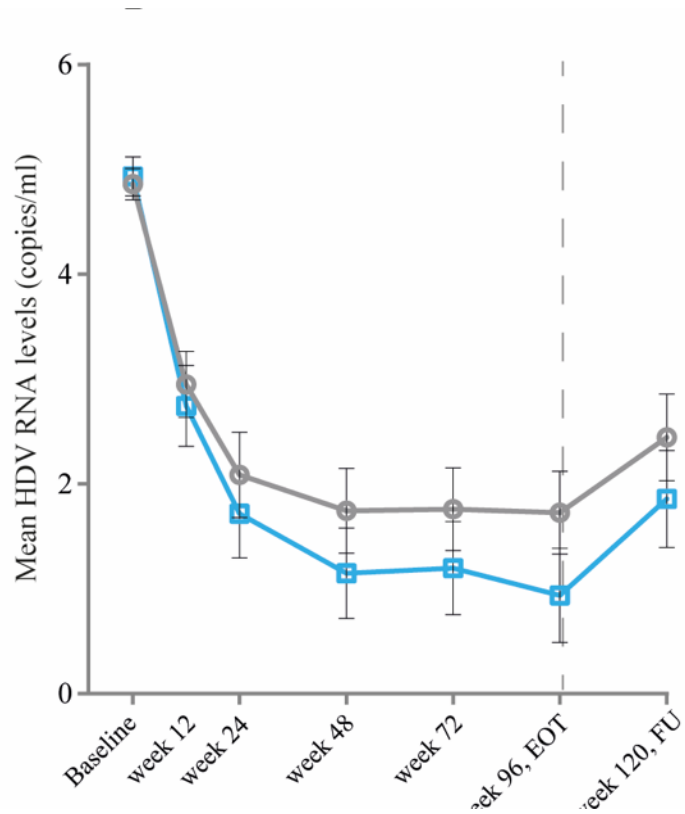
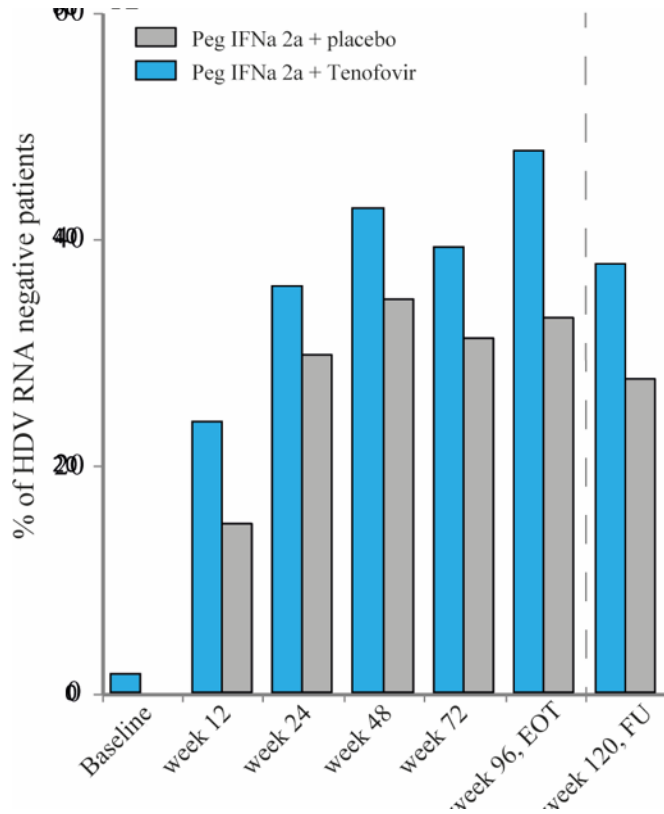
Hepatitis delta virus persists during liver regeneration and is amplified through cell division both in vitro and in vivo.

Mederacke et al., J Hepatol 2012; 56: 115-22

Rapid early HDV RNA decline in the peripheral blood but prolonged intrahepatic hepatitis delta antigen persistence after liver transplantation.



HDV-RNA relapses occur despite prolonged PEG-IFNa therapy



Wedemeyer, Yurdaydin et al. Lancet ID 2019, 19(3):275-286



Treating chronic hepatitis delta: The need for surrogate markers of treatment efficacy

Cihan Yurdaydin^{1,*}, Zaigham Abbas², Maria Buti³, Markus Cornberg⁴, Rafael Esteban³, Ohad Etzion⁵, Edward J. Gane⁶, Robert G. Gish⁷, Jeffrey S. Glenn⁷, Saeed Hamid⁸, Theo Heller⁹, Christopher Koh⁹, Pietro Lampertico¹⁰, Yoav Lurie¹¹, Michael Manns⁴, Raymundo Parana¹², Mario Rizzetto¹³, Stephan Urban¹⁴, Heiner Wedemeyer¹⁵, on behalf of the Hepatitis Delta International Network (HDIN)[†]



Treatment goals in HBV/HDV coinfection

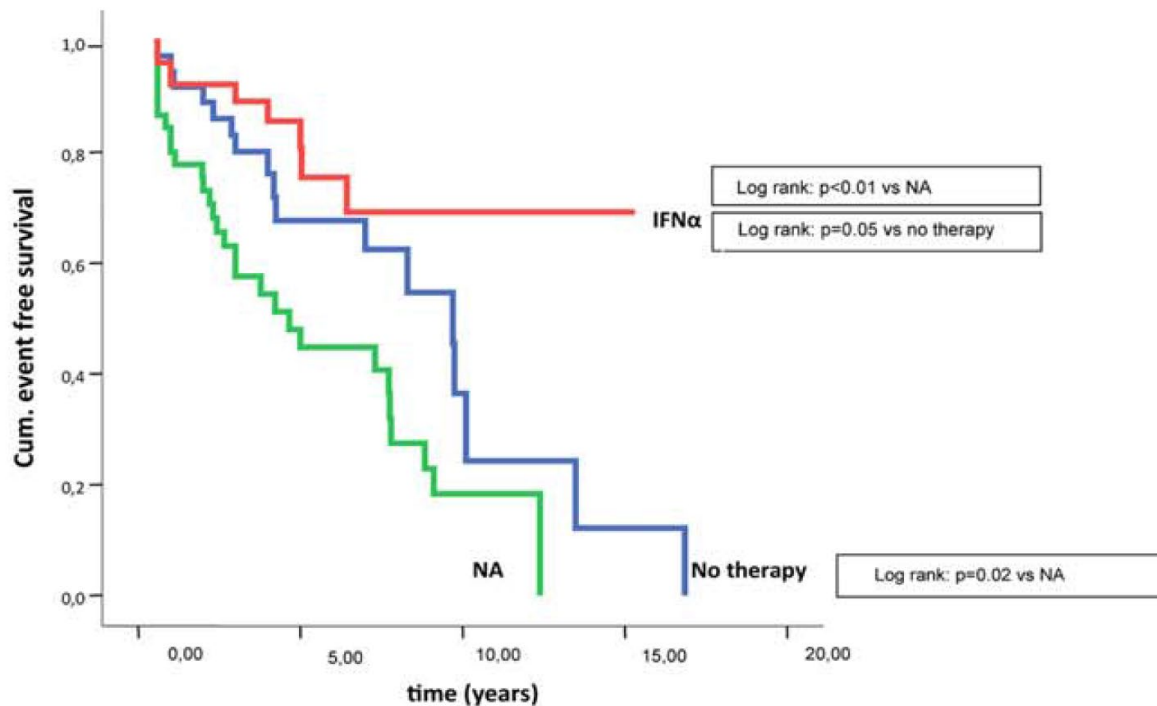
Table 1. Treatment goals for clinical trials in HBV/HDV coinfection.

Treatment goals	Parameter	Readout
Virologic efficacy during treatment	Relative HDV RNA decline during treatment compared to baseline levels	HDV RNA (IU/ml) with a validated HDV RNA assay with sufficient sensitivity
Virologic efficacy off treatment	HDV RNA suppression/decline 24 weeks off-treatment and during further long-term follow-up	HDV RNA (IU/ml) with a validated HDV RNA assay with sufficient sensitivity
Serological efficacy-1	HBsAg levels (log declines and loss) at end-of-treatment and off treatment	validated quantitative HBsAg assay (IU/ml)
Serological efficacy-2	Seroconversion to anti-HBs at end-of treatment and off treatment	validated quantitative anti-HBs assay (IU/L)
Biochemical efficacy (1)	ALT normalisation at the end of treatment and off-treatment	Validated assays (IU/L)
Biochemical efficacy (2)	Relative ALT declines during treatment and off treatment	Validated assays (IU/L)
Combined virologic and biochemical response-1	HDV RNA decline of 2log (or PCR negativity if baseline viral load is <100 IU/ml) in combination with ALT normalisation at EOT	HDV RNA (IU/ml) with a validated HDV RNA assay with sufficient sensitivity. ALT (IU/L) with standard biochemical assays.
Combined virologic and biochemical response-2	HDV RNA decline of 2log (or PCR negativity if baseline viral load is <100 IU/ml) in combination with ALT normalisation at 24 weeks off treatment and further during long-term follow-up	HDV RNA (IU/ml) with a validated HDV RNA assay with sufficient sensitivity. ALT (IU/L) with standard biochemical assays.
Histological efficacy – grading	improvement of IAH or at least 2 points	Total Ishak inflammation score (A + B + C + D); 0–18 points
Histological efficacy – staging	No worsening of fibrosis scores	Ishak score (0–6 points)
Safety – Drug-specific AEs	AEs and SAEs	Severity and relation of study drug
Safety – Disease-specific AEs	HBV and HDV reactivation	HBV DNA, HDV RNA, ALT and other liver function parameters
ProQOLs	Quality of life during and after end of therapy	EQ5, SF-36, etc.

AEs, adverse events; ALT, alanine aminotransferase; cccDNA, covalently closed circular DNA; EOT, end of treatment; HBV, hepatitis B virus; HBsAg, HBV surface antigen; HDV, hepatitis D virus; SAEs, serious AEs.



Improved outcome of hepatitis delta in IFN α -treated patients



Wranke et al., Hepatology 2017;65:414-425



Novel HDV therapies: SWOT analysis

Strengths

- Standardized virological endpoints
- HDV RNA in addition to HBsAg + HBV DNA
- Liver biopsies are still performed
- Motivated patients

Opportunities

- High unmet medical need
- No approved therapy
- Some side effects acceptable
- HDV could help to develop HBV drugs

Challenges

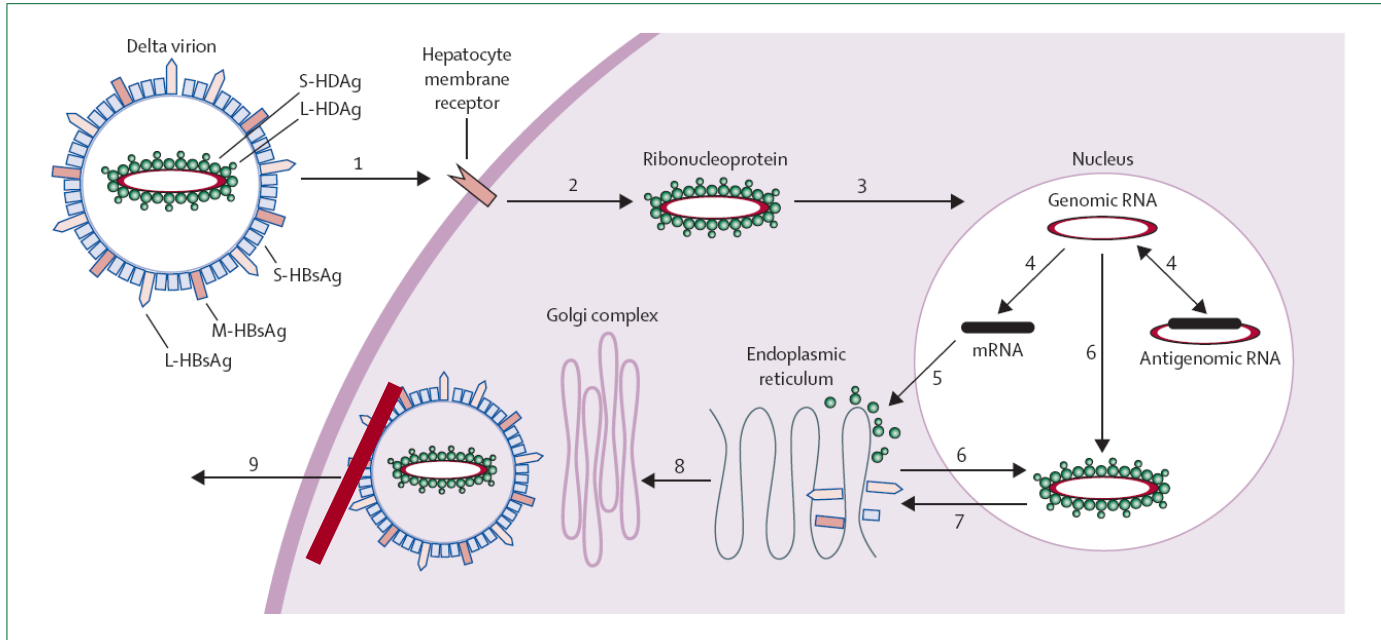
- Orphan Disease
- Heterogeneity
- Epidemiology of HDV infection
- Surrogates for clinical endpoints

Threats

- Severity of liver disease
- Two infections
- Relapse after treatment (“SVR”?)
- PEG-IFNa backbone

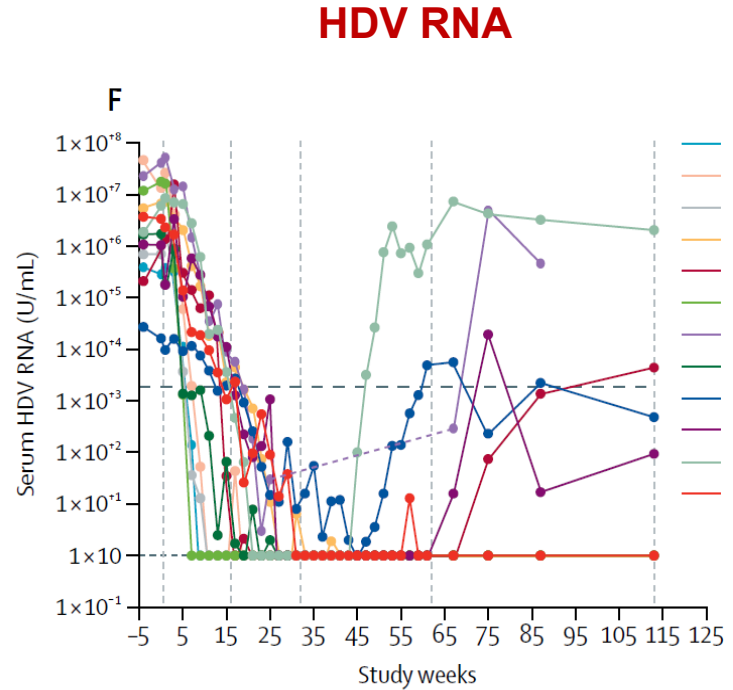
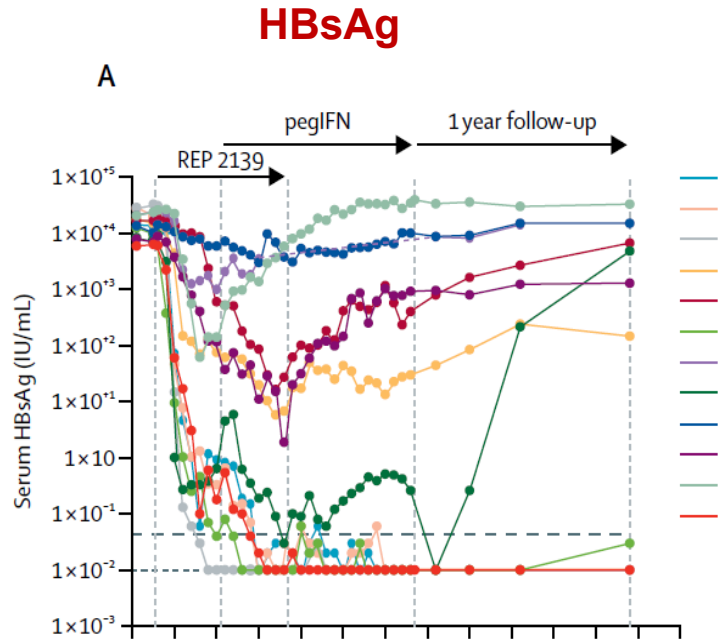


Blocking of subviral particle release



Nucleic Acid Polymers for HDV infection

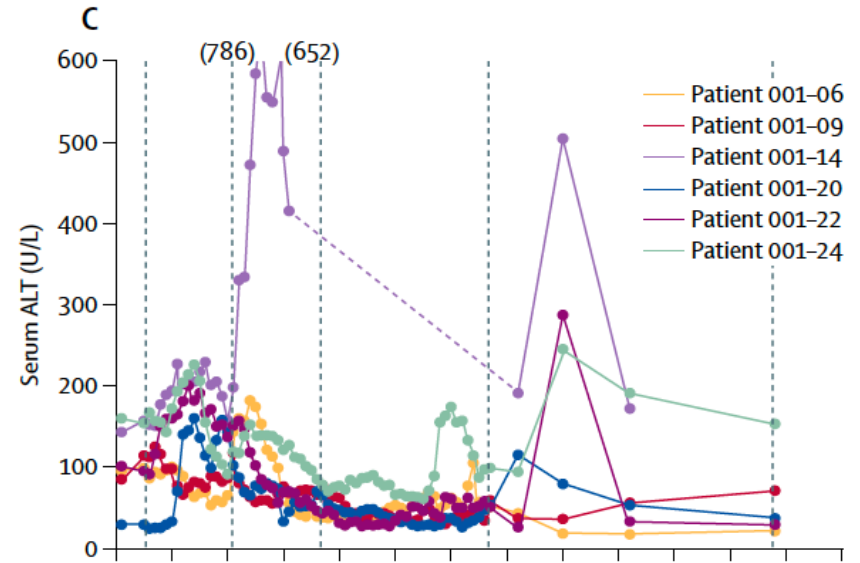
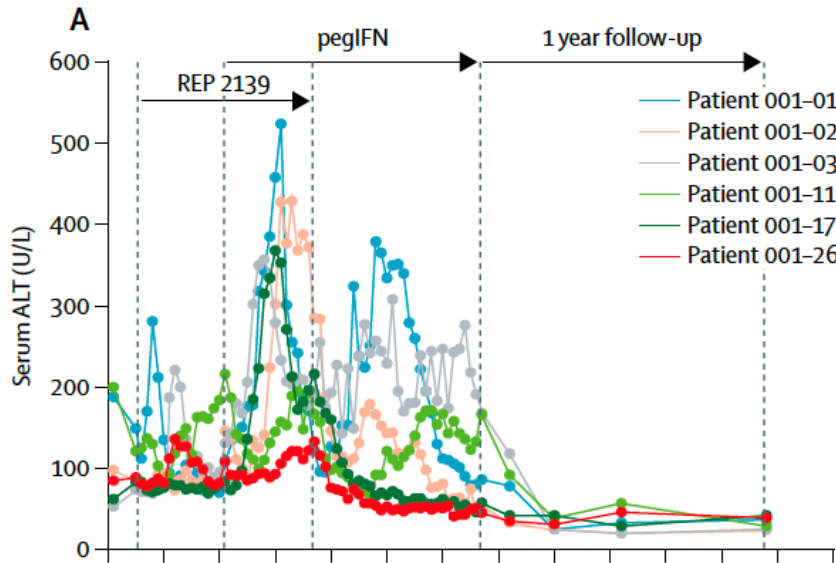
Rep-3129 : blocking particle release



Bazinet et al., Lancet Gastroenterol & Hepatol 2017



ALT flares during and after Nucleic Acid Polymers treatment



Bazinet et al., Lancet Gastroenterol & Hepatol 2017



Treatment goals in HBV/HDV coinfection

Table 1. Treatment goals for clinical trials in HBV/HDV coinfection.

Treatment goals	Parameter	Readout
Virologic efficacy during treatment	Relative HDV RNA decline during treatment compared to baseline levels	HDV RNA (IU/ml) with a validated HDV RNA assay with sufficient sensitivity
Virologic efficacy off treatment	HDV RNA suppression/decline 24 weeks off-treatment and during further long-term follow-up	HDV RNA (IU/ml) with a validated HDV RNA assay with sufficient sensitivity
Serological efficacy-1	HBsAg levels (log declines and loss) at end-of-treatment and off treatment	validated quantitative HBsAg assay (IU/ml)
Serological efficacy-2	Seroconversion to anti-HBs at end-of treatment and off treatment	validated quantitative anti-HBs assay (IU/L)
Biochemical efficacy (1)	ALT normalisation at the end of treatment and off-treatment	Validated assays (IU/L)
Biochemical efficacy (2)	Relative ALT declines during treatment and off treatment	Validated assays (IU/L)
Combined virologic and biochemical response-1	HDV RNA decline of 2log (or PCR negativity if baseline viral load is <100 IU/ml) in combination with ALT normalisation at EOT	HDV RNA (IU/ml) with a validated HDV RNA assay with sufficient sensitivity. ALT (IU/L) with standard biochemical assays.
Combined virologic and biochemical response-2	HDV RNA decline of 2log (or PCR negativity if baseline viral load is <100 IU/ml) in combination with ALT normalisation at 24 weeks off treatment and further during long-term follow-up	HDV RNA (IU/ml) with a validated HDV RNA assay with sufficient sensitivity. ALT (IU/L) with standard biochemical assays.
Histological efficacy – grading	improvement of IAH or at least 2 points	Total Ishak inflammation score (A + B + C + D); 0–18 points
Histological efficacy – staging	No worsening of fibrosis scores	Ishak score (0–6 points)
Safety – Drug-specific AEs	AEs and SAEs	Severity and relation of study drug
Safety – Disease-specific AEs	HBV and HDV reactivation	HBV DNA, HDV RNA, ALT and other liver function parameters
ProQOLs	Quality of life during and after end of therapy	EQ5, SF-36, etc.

AEs, adverse events; ALT, alanine aminotransferase; cccDNA, covalently closed circular DNA; EOT, end of treatment; HBV, hepatitis B virus; HBsAg, HBV surface antigen; HDV, hepatitis D virus; SAEs, serious AEs.

