

# Twenty Years' Experience with HIV Testing among Emergency Department Patients at the Johns Hopkins Hospital



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# BACKGROUND

- Prevalence of undiagnosed HIV infection among patients presenting to urban emergency departments (ED) remains high
- ED-based HIV testing has been shown to be cost-effective and represents opportunity for diagnosis of unknown infection
- Current CDC Guidelines for HIV testing in medical settings (2006) support HIV testing in ED setting

## **OBJECTIVE**

### To describe:

- Trends in HIV prevalence and incidence
- Trends in rates of unrecognized HIV infections
- Trends in risk-factors for HIV infection

...in ED patients over a 20-year period (1987-2007)

# **METHODS**

# Sampling

- Adult patients (ages ≥ 18 years) presenting to urban, Level I academic ED with 60K annual census and HIV testing programs in place
- Cross-sectional sampling periods of 6 weeks to 8 months in length between 1987 and 2007 (most recent Jun – Aug 2007)

### **Data Collection**

- Excess sera samples from medical blood draws
- Medical record review and patient interviews
- IRB-approved Identity-unlinked methodology

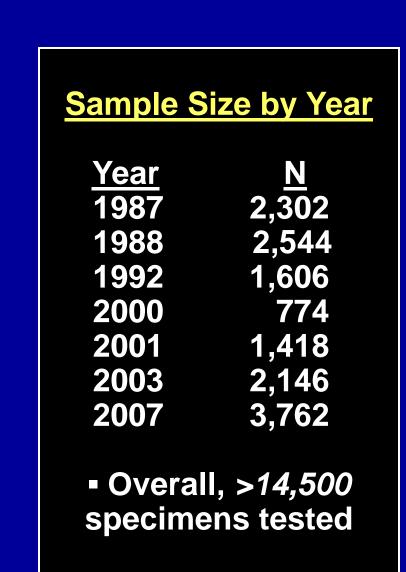
### Laboratory Testing:

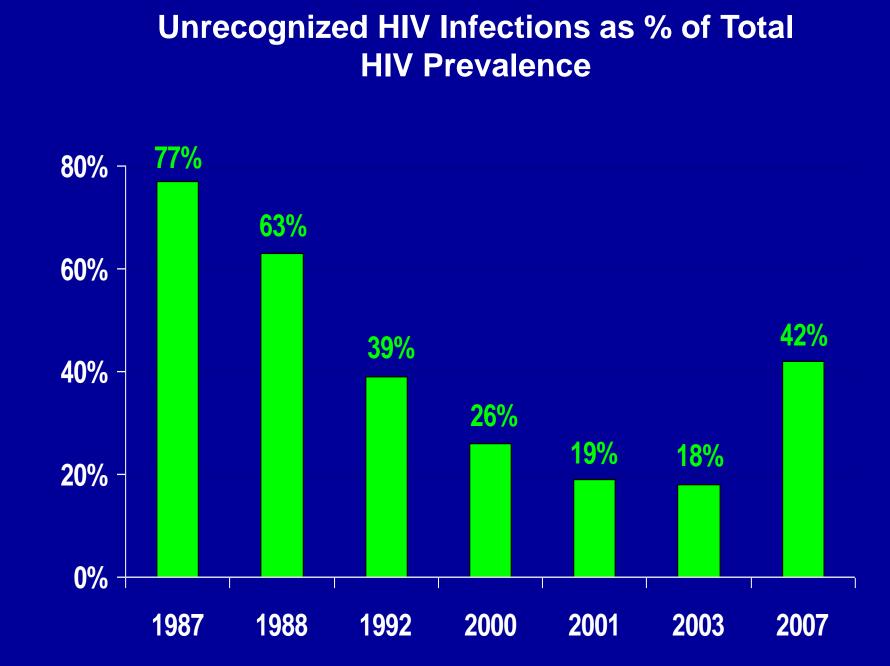
- EIA: Bio-Rad HIV-1/HIV-2 Plus O EIA
- WB: Bio-Rad HIV-1 Western Blot

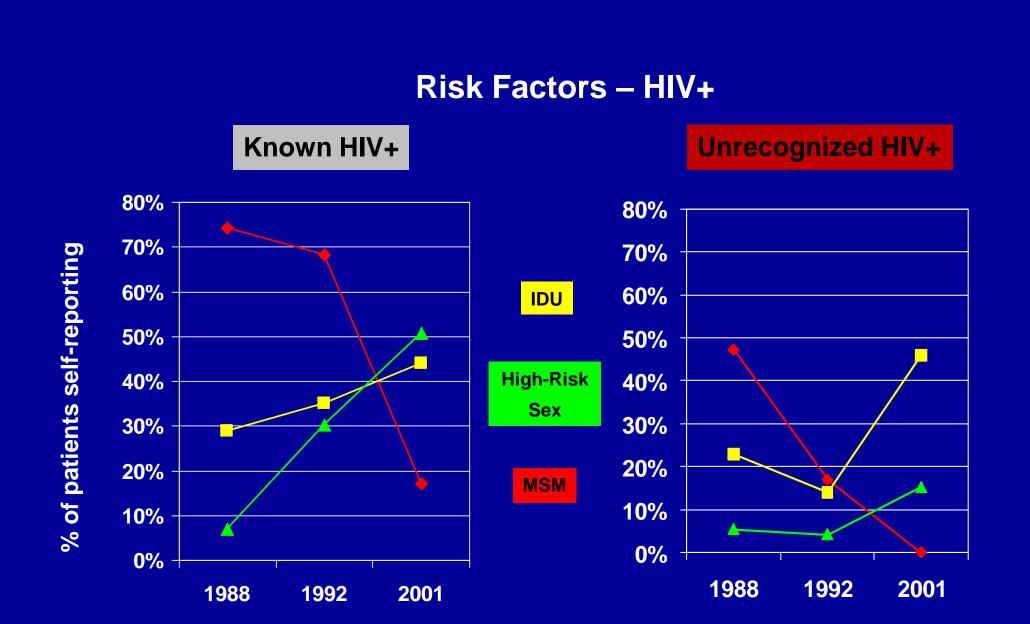
### HIV (+) Specimens:

- Viral Load Quantification: AMPLICOR® HIV-1 Monitor Test (ver. 1.5), Roche, Indianapolis, IN, USA
- Incidence Testing: Avidity assay (BioRad HIV 1/2+O EIA, Avidity) Bio-Rad Laboratories, Redmond, WA, USA

# RESULTS







\*2007 Risk Factor Analysis Pending

# CONCLUSIONS

### **Potential Limitations**

- Incomplete risk factor data
- No long-term follow-up of subjects
- Single institution

### Notable outcomes

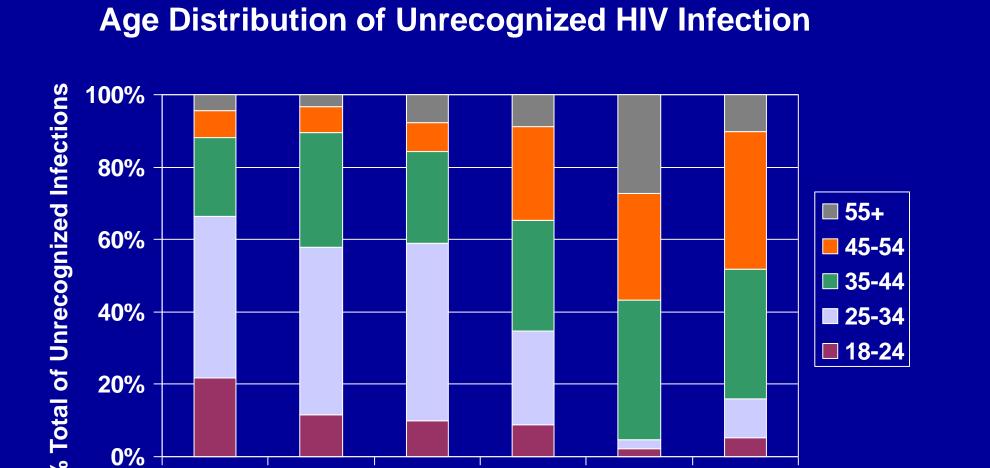
- Unique HIV data on ED population
- Patients in our ED continue to have high rates of HIV infection
- Recent overall prevalence and incidence trending downward
- Unrecognized infection rates had trended below national average with recent marked increase in unrecognized infection rates

### Practice Implications

- "Graying" of HIV+ population in our ED could signal change in epidemic and health status of patients with HIV
- Risk factors in our population mimic national data
- ED-based HIV testing can provide epidemiologic information about epidemic as well as diagnosis of unrecognized infection

### **Future Directions**

- Better understand clinical presentation, treatment, & disposition of patients with HIV
- Evaluate recent ED-based initiatives for identification & management of patients with HIV (National ED HIV Testing Consortium)
- Continue to define role of emergency departments in broader public health efforts to prevent, detect, & manage HIV infection



2001

**HIV Prevalence and Incidence** 

2000

1992

2001

2003

15%

12%