



# Paris NASH Meeting

July 5 & 6, 2018  
Institut Pasteur

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# The value proposition of NASH therapy on the burden of disease related to obesity

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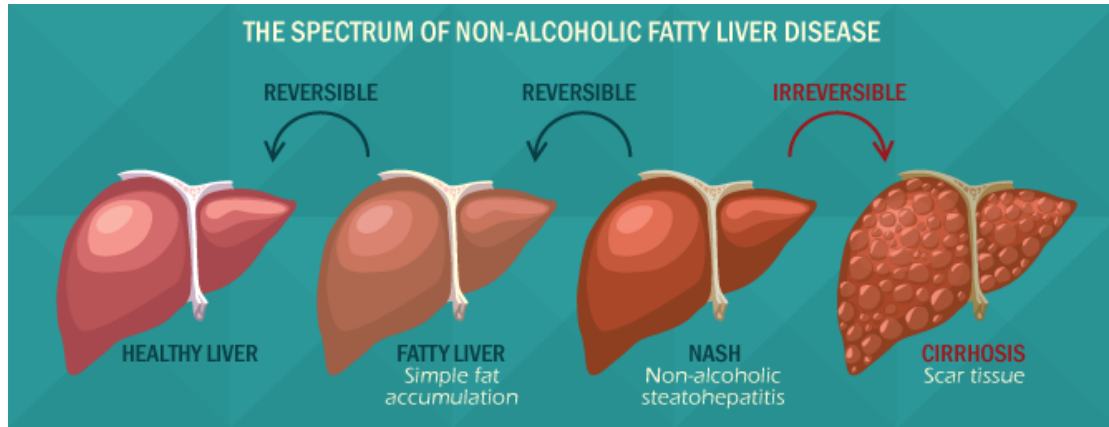
# This work would not be possible without the inputs of the following experts:

- China – Wei L
- France – Ratziu V
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- Japan – Eguchi Y, Nakajima A, & Tanaka J
- Spain – Arias-Loste M, Caballeria J, Crespo J, Romero-Gomez M & Lazarus J
- United Kingdom – Anstee Q, & Day C
- United States – Sanyal A, Loomba R & Younossi Z
- CDA – Estes C



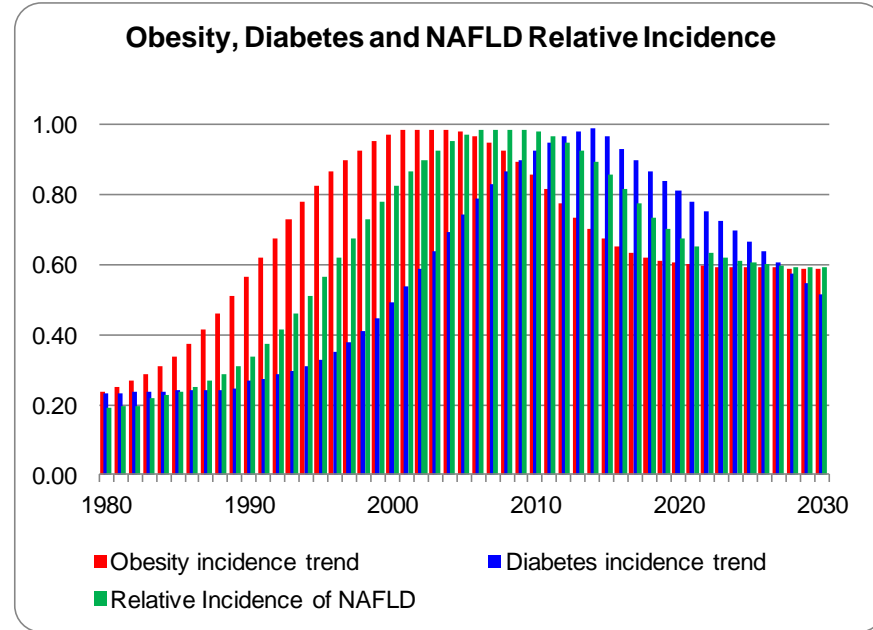
# Methodology

- Convened a panel of NAFLD experts in each country
- Collect published epidemiology data for NAFLD
- Gathered country specific rates for obesity and diabetes to estimate incidence
- Used published work to estimate progression rates for non-alcoholic fatty liver (NAFL) and nonalcoholic steatohepatitis (NASH)
- Modeled the disease progression
- Validates the forecasts against reported NASH related HCC cases

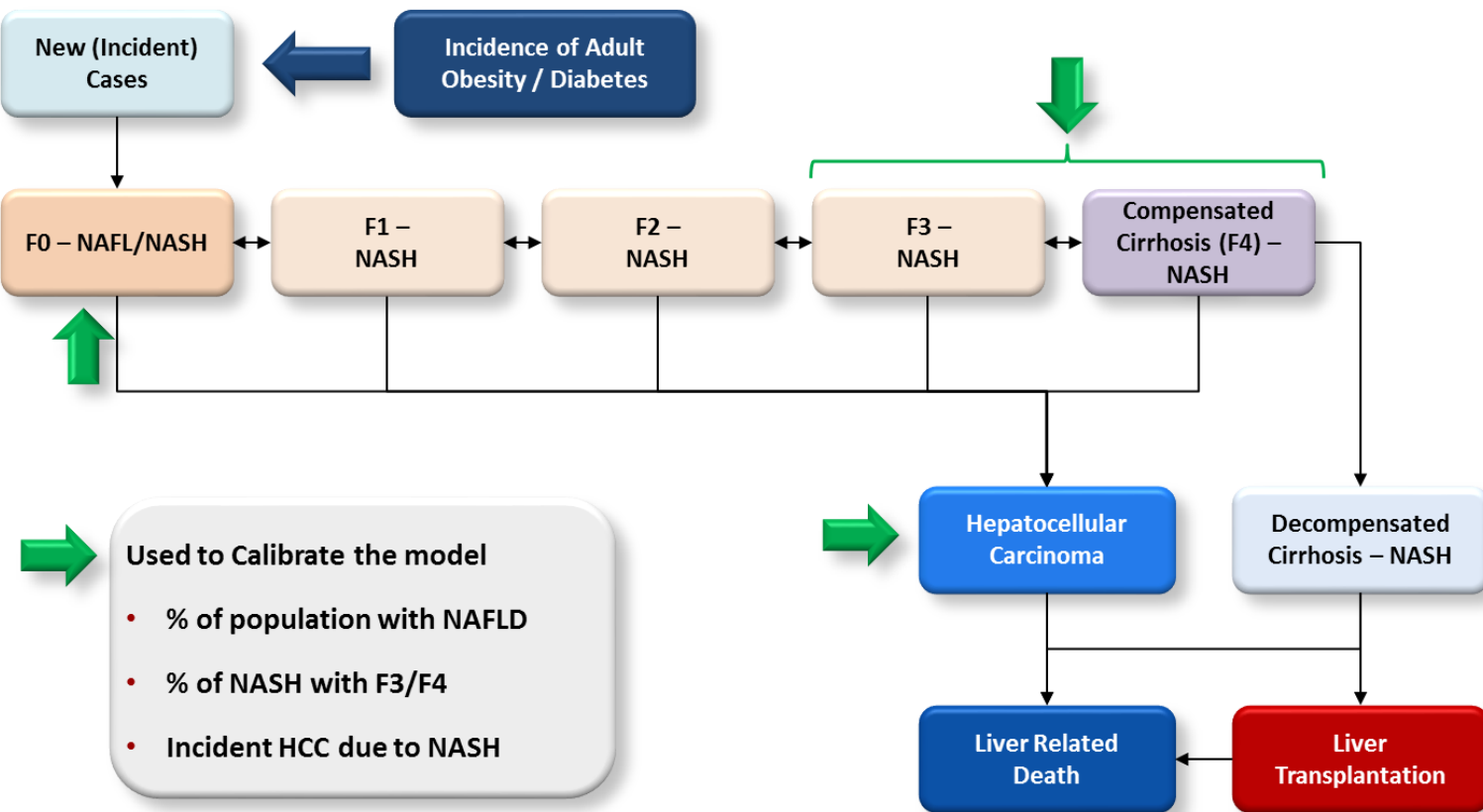


# Modeling Approach

- Built a disease progression (Markov) model
- Populations were handled as stocks whereas transition probabilities were handled as flows
- Started in 1950 to track steatosis onset for most individuals
- The population was allowed to age through 1 year age cohorts by gender
- Incidence rates of obesity and diabetes were used to estimate new NAFLD cases



# The Markov model took into consideration the reversible nature of the disease



# NASH prevalence and obesity in the EU5 are lower than the US

	<b>BMI≥30</b>	<b>% of total population ≥15+ with NAFLD</b>	<b>% of NAFLD with NASH</b>	<b>% of total population ≥15+ with NASH</b>
<b>US</b>	28%	30%	20%	6.3%
<b>France</b>	16%	25%	16%	4.2%
<b>Germany</b>	19%	25%	18%	4.6%
<b>Italy</b>	16%	28%	17%	4.9%
<b>Spain</b>	18%	25%	17%	4.4%
<b>UK</b>	21%	25%	18%	4.8%





## Parallel Epidemics of Diabetes and Obesity

1994 2004

Diabetes →

Obesity →  
(BMI ≥30 kg/m<sup>2</sup>)

Legend for Diabetes:   
Green: <4%   
Yellow: 4%–4.9%   
Orange: 5%–5.9%   
Red: >6%

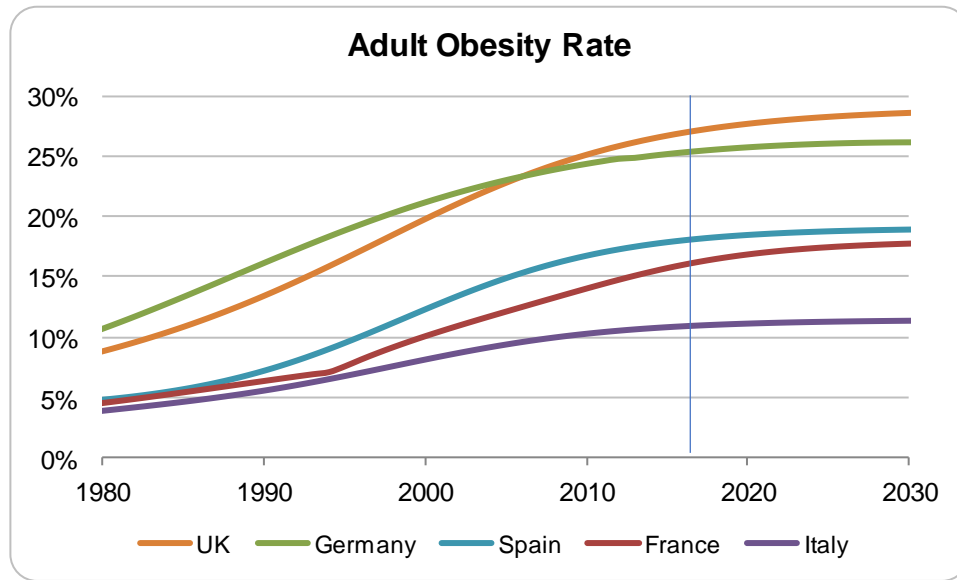
Legend for Obesity:   
Green: 10%–14%   
Yellow: 15%–19%   
Orange: 20%–24%   
Red: >25%

CDC. [www.cdc.gov](http://www.cdc.gov).

Ogden CL, Carroll MD, Kit BK, Flegal KM. Prevalence of childhood and adult obesity in the United States, 2011-2012. JAMA, 311(8):806-814, 2014.

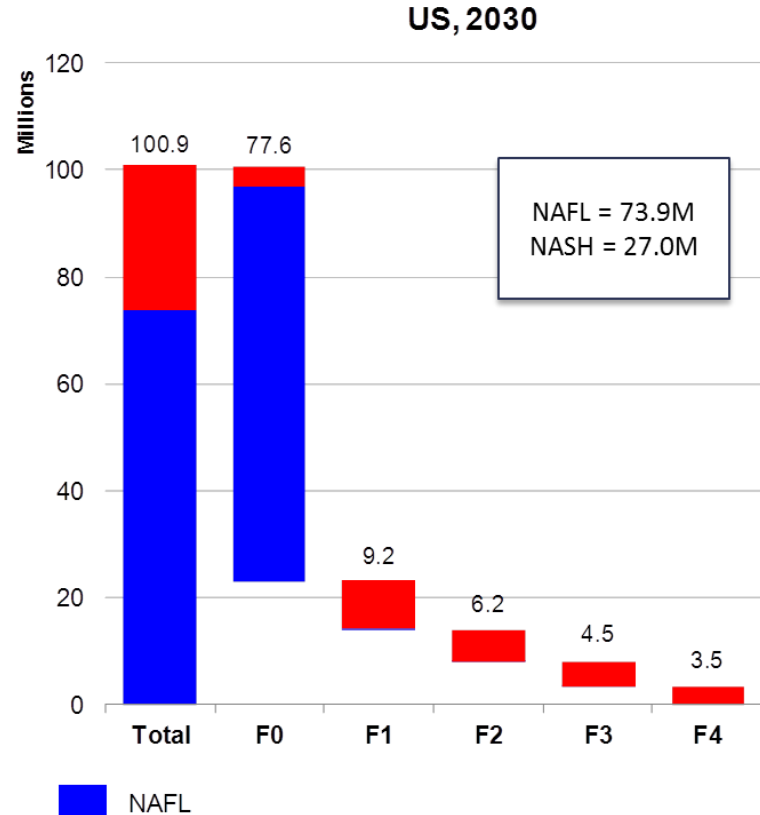
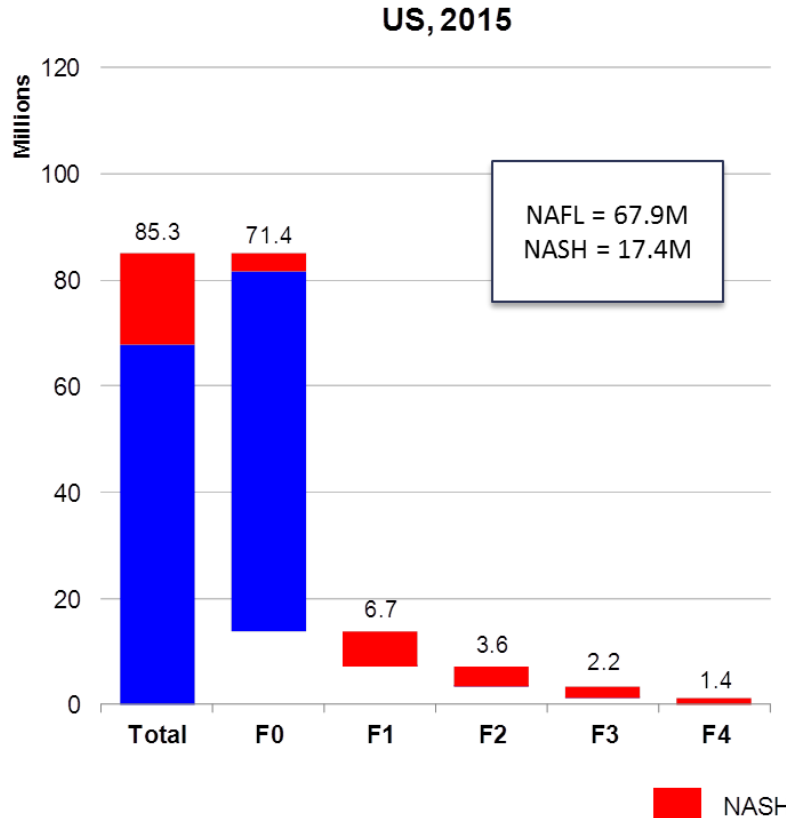
National Center for Health Statistics. Health, United States, 2014. Hyattsville, MD. 2015. Available at: <http://www.cdc.gov/nchs/data/abus/abus14.pdf>

# Obesity has been increasing in European countries as well

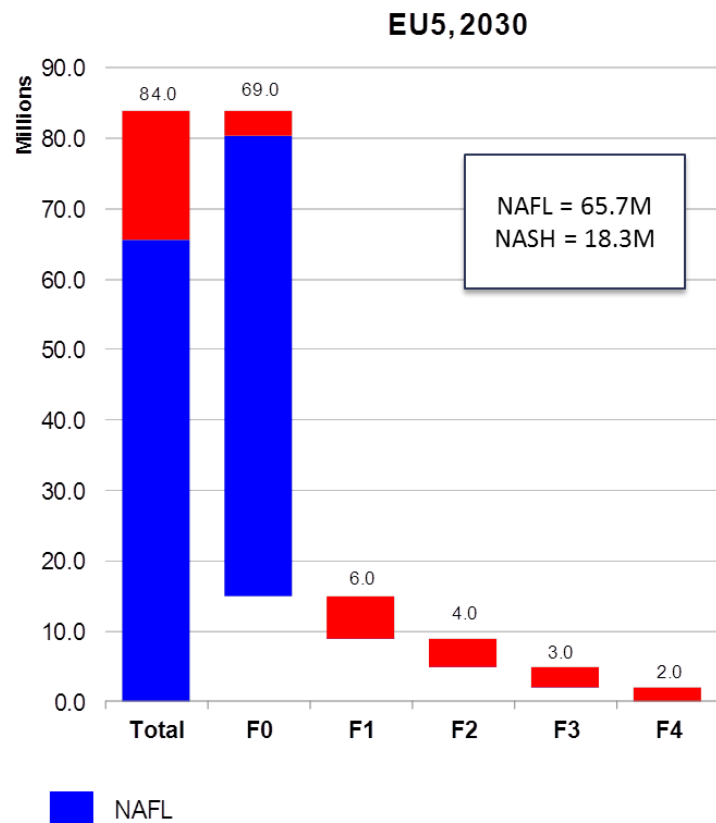
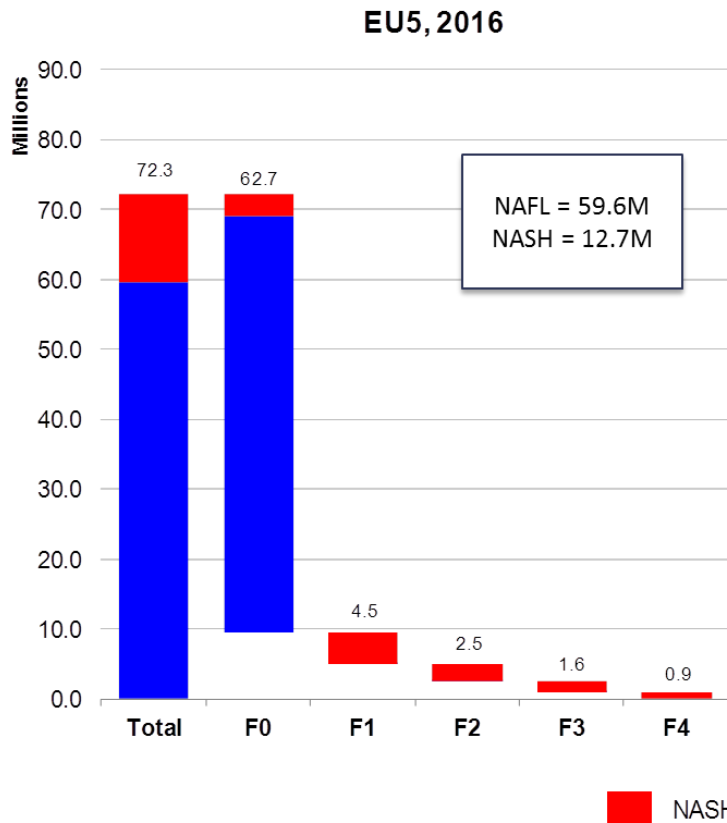


Adult obesity has been increasing but the rate of increase has slowed.

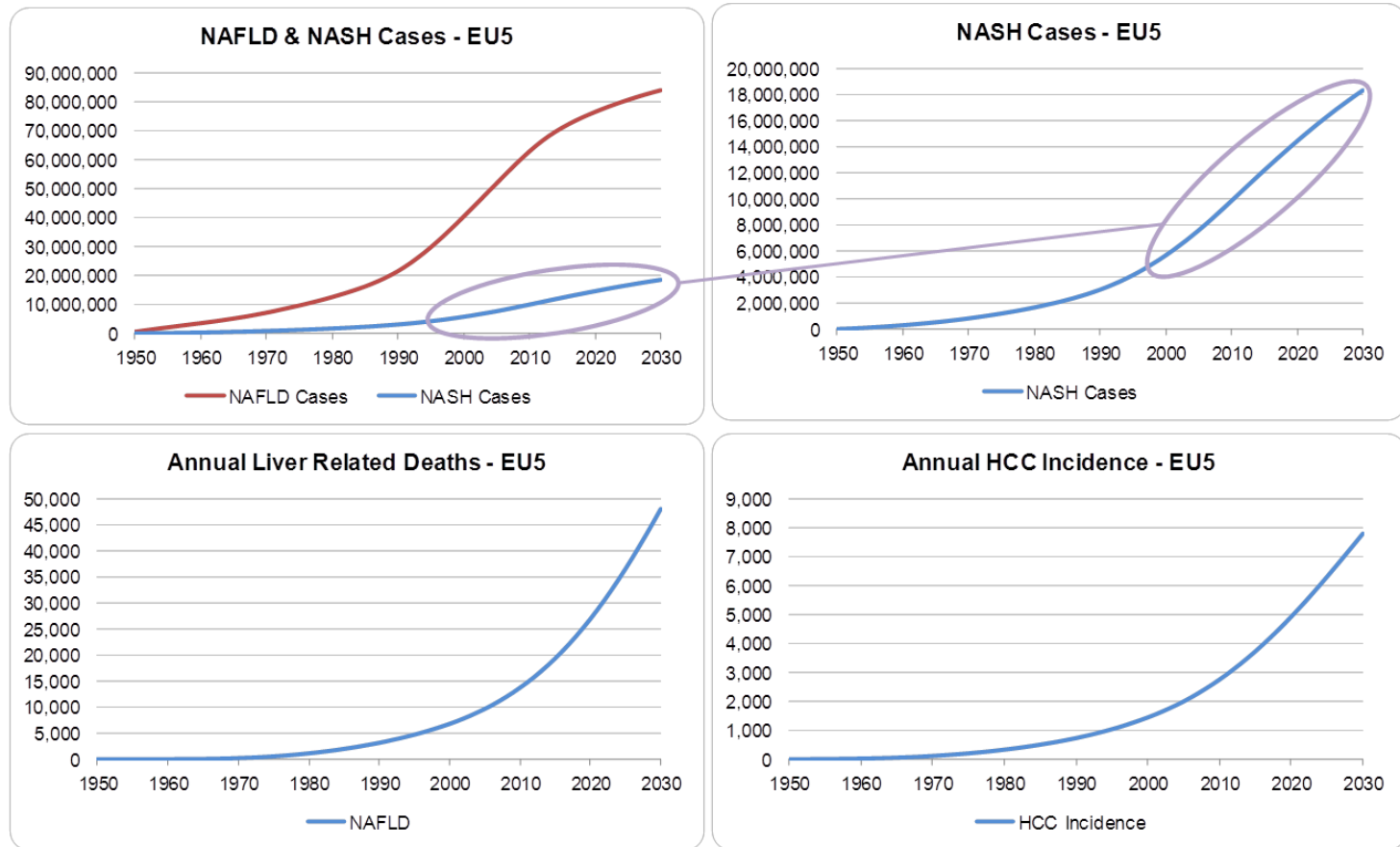
# NASH population is expected to grow by 60% while cirrhotic cases will increase by 160% in US



# NASH population is expected to grow by 45% while cirrhotic cases will increase by 120% in EU

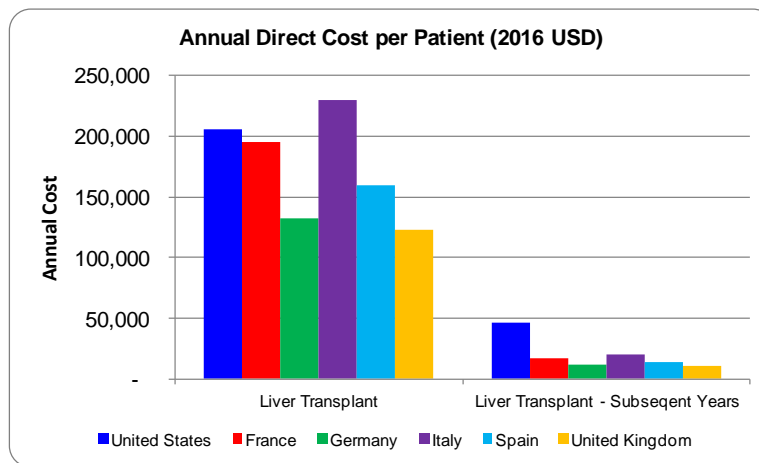
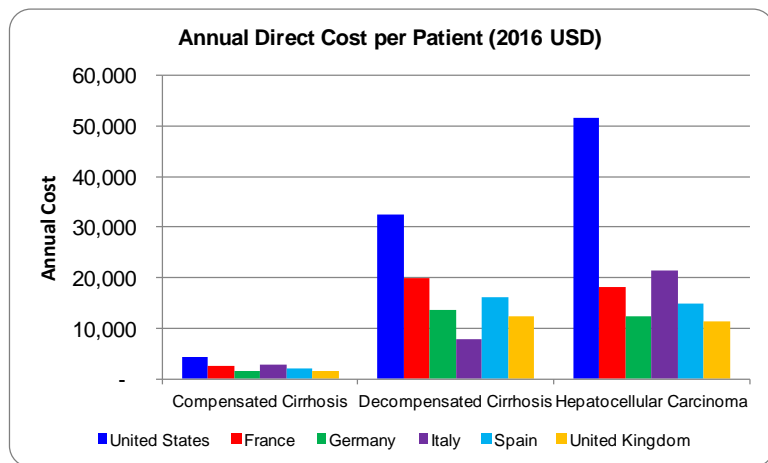


# The increase in NAFLD cases is slowing down but NASH, HCC, and liver related deaths will increase



# Cost Inputs

- Annual direct costs per F4 / HCC patient were derived from the literature and inflated to 2016 USD based on Eurostat health inflation
- Costs for compensated cirrhosis were applied to 10% of prevalent cases (2015) increasing to 50% (2030) reflecting increased awareness and diagnosis



Eckman MH, Talal AH, Gordon SC, Schiff E, Sherman KE. Cost-effectiveness of screening for chronic hepatitis C infection in the United States. *Clinical infectious diseases* : an official publication of the Infectious Diseases Society of America. 2013;56(10):1382-93.

Postma MJ, Wiessing L, Jager J. Updated healthcare estimates for drug-related hepatitis C infections in the European Union. In: Jager J, Limburg W, Kretzschmar M, Postma MJ, Wiessing L, editors. *Hepatitis C and injecting drug use: impact, costs and policy options*. EMCDDA Scientific Monograph Series, ISSN 1606-1691; No 7. 389 p. : ill. ; 24 cm. Luxembourg: Office for Official Publications of the European Communities; 2004. p. 203-16.

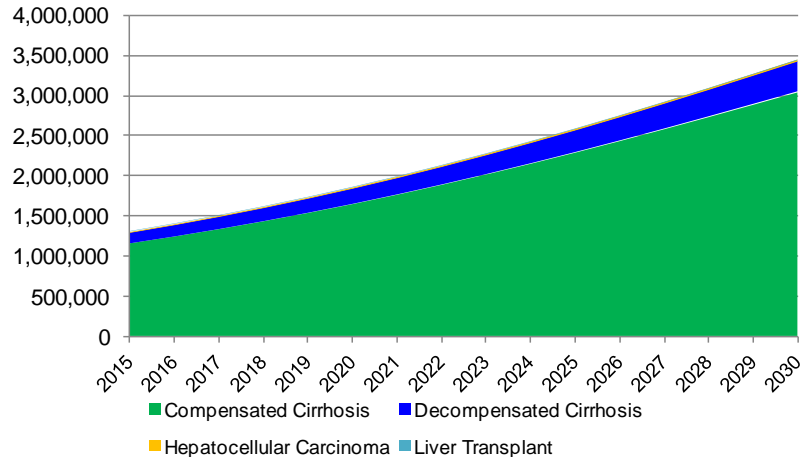
Sullivan SD, Craxi A, Alberti A, et al. Cost effectiveness of peginterferon alpha-2a plus ribavirin versus interferon alpha-2b plus ribavirin as initial therapy for treatment-naïve chronic hepatitis C. *Pharmacoeconomics* 2004; 22: 257-65.

Eurostat. 2017. Database - HICP (2015 = 100) - annual data (average index and rate of change) for Health Category (CP06).

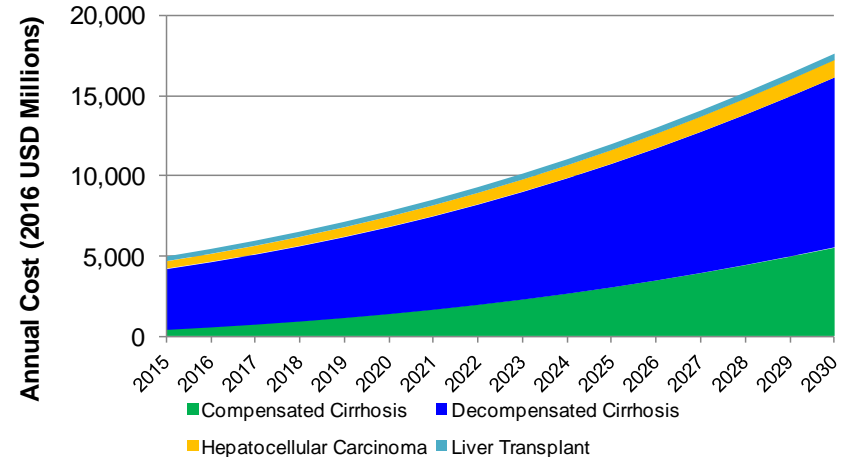
# Estimated Direct US Healthcare Cost - NASH

- Annual direct costs increase 260% from \$4.9 B (2015) to \$17.6 B (2030)
  - Decompensated cirrhosis comprises only ~1% of all prevalent NASH cases and ~10% of F4/HCC cases, but accounts for the majority of direct costs in this analysis
  - Assumed the number of liver transplants can not increase due to limited availability of donors

**Prevalent NASH Cases (F4 & HCC) – US, 2015-2030**



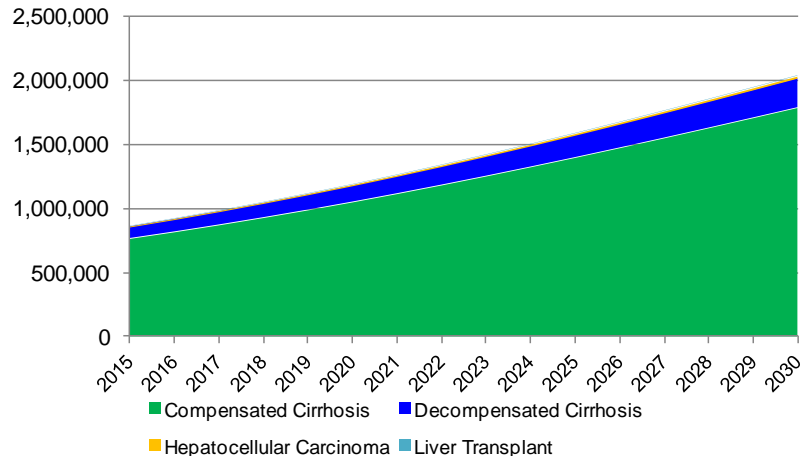
**NASH Costs – US, 2015-2030**



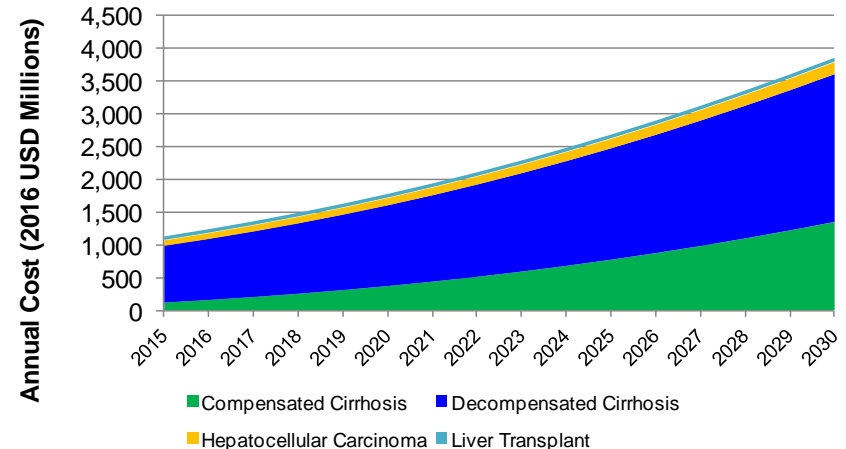
# Estimated Direct EU5 Healthcare Cost - NASH

- Annual direct costs increase 160% from \$1.1 B (2015) to \$3.9 B (2030)
  - Decompensated cirrhosis costs increases faster (160%) as compared to HCC (115%), while compensated cirrhosis costs increase ten-fold largely due to increased diagnosis
  - Assumed the number of liver transplants can not increase due to limited availability of donors

**Prevalent NASH Cases (F4 & HCC) – EU5, 2015-2030**



**NASH Costs – EU5, 2015-2030**







# Conclusions

- In the absence of interventions, advanced liver diseases associated with NAFLD will more than double over the next 15 years
- Direct healthcare costs in the US currently estimated at \$4.9 billion increasing by 260% to \$17.6 billion by 2030 without interventions
- In the EU5, the current healthcare cost is estimate at \$1.1 billion, which will increase by 160% to \$3.9 billion by 2030 without interventions
- Interventions are required to manage the increase in future disease burden and associated costs
  - Preventing progression to decompensated cirrhosis and HCC are critical for reducing direct healthcare costs
- These same interventions will also have an impact on other non-communicable diseases including cardiovascular diseases and diabetes
- Better reporting systems are required to track NAFLD related disease burden to measure progress

