

# Real-World Data as External Controls in Clinical Trials

**PSC Partners**  
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**THE FORUM**  
For Collaborative Research™

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**Bettina E Hansen**

*Department of Epidemiology, Erasmus MC, Rotterdam, the Netherlands  
Institute of Health Policy, Management and Evaluation, University of Toronto  
& Toronto General Hospital Research Institute, UHN, Canada*

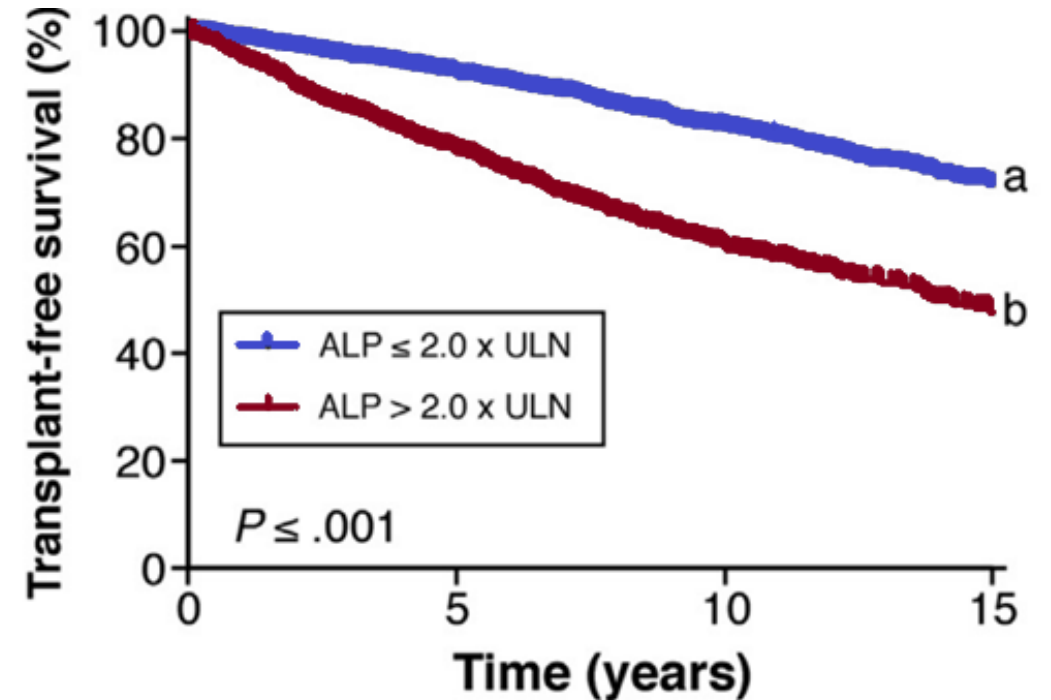


# Motivation 1: rare chronic disease

## Primary Biliary Cholangitis (PBC)

- Rare chronic autoimmune liver disease affecting bile ducts
  - Affects 1 in 1,000 women over age 40
  - First line therapy Ursodeoxycholic acid (UDCA)
  - A need for effective second-line therapy for patients with insufficient biochemical response to UDCA
  - Accelerated approval of OCA 2016: new treatment shows lowering of ALP in patients not responding to UDCA<sup>1, 2</sup>
- **Does treatment improve event free survival?**
- *Trial duration 10-15 years, biased dropout in placebo arm*

Global PBC Study Group<sup>3</sup>  
ALP associated with liver transplantation and death  
PBC patients treated with UDCA (N=4655)



1. Nevens et al. N Engl J Med. 2016 Aug 18;375(7):631-43  
2. Ocaliva Prescribing Information

3. Lammers et al., Gastroenterology 2014

# Motivation 2: rare chronic disease

## Paediatric disease: Alagille Syndrome (ALGS)

- a rare, genetic disorder characterized by bile duct paucity and extrahepatic clinical manifestations
- Key clinical features: cholestasis, xanthomas and severe debilitating pruritus
- Complications of cholestasis and severe pruritus are the leading indications for liver transplantation
- 2021&2022: Livmarli™ recently received FDA&EMA approval for the treatment of cholestatic pruritus in patients with ALGS 1 year of age and older<sup>1,2</sup>

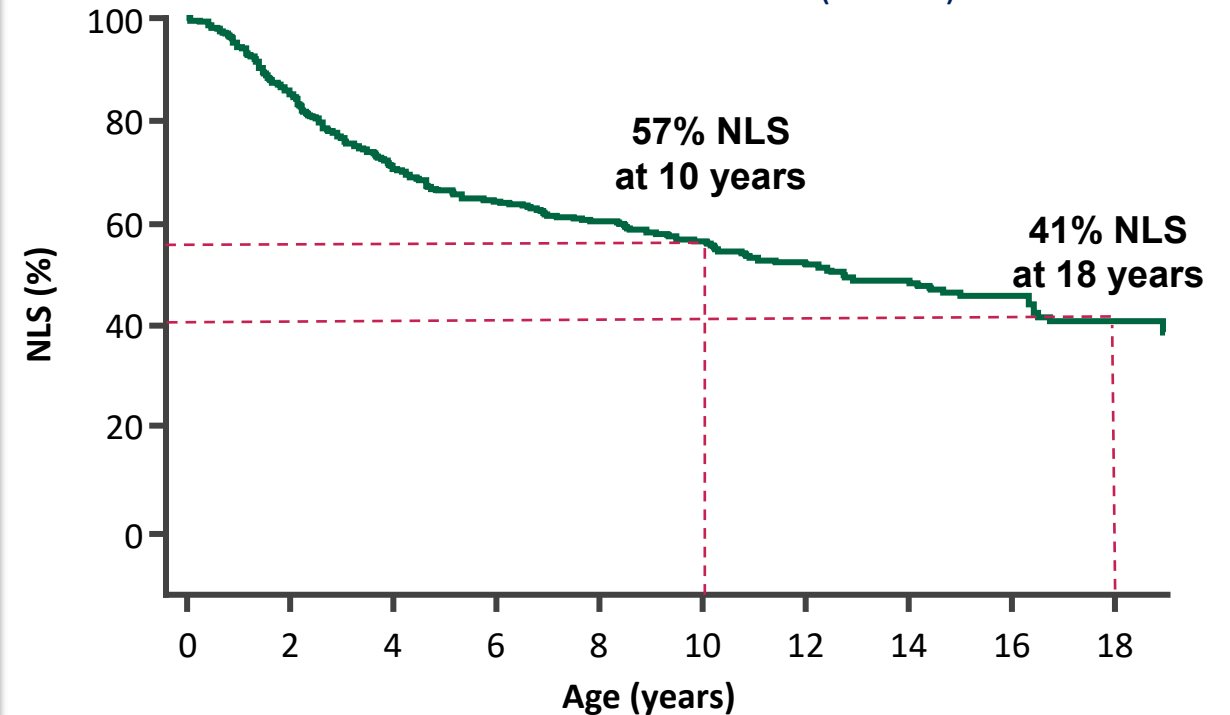
→ **Does treatment improve event free survival?**

- *Long term RCT not ethical*

1. Gonzales E, et al. *Lancet* 2021; In press;  
2. Mirum Pharmaceuticals, Inc. LIVMARLI™ (maralixibat) Prescribing Information. 2021.

## GALA<sup>3</sup> (Global)

Native liver survival (NLS) in patients with ALGS presenting with neonatal cholestasis (N=911)



Native Liver Survival = Transplant-Free Survival  
3. Vandriel SM, et al. *Hepatology* 2022

# Introduction

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## Use of real-world data/evidence<sup>1,2</sup>

- Describe natural history of disease
- Identify risk factors
- Post-marketing surveillance
- **Use external controls as comparator with treated patients**
  - When unmet need
  - Difficult to perform RCTs
  - Rare disease, paediatric population, long follow-up required

## Examples: treated patients without control arm

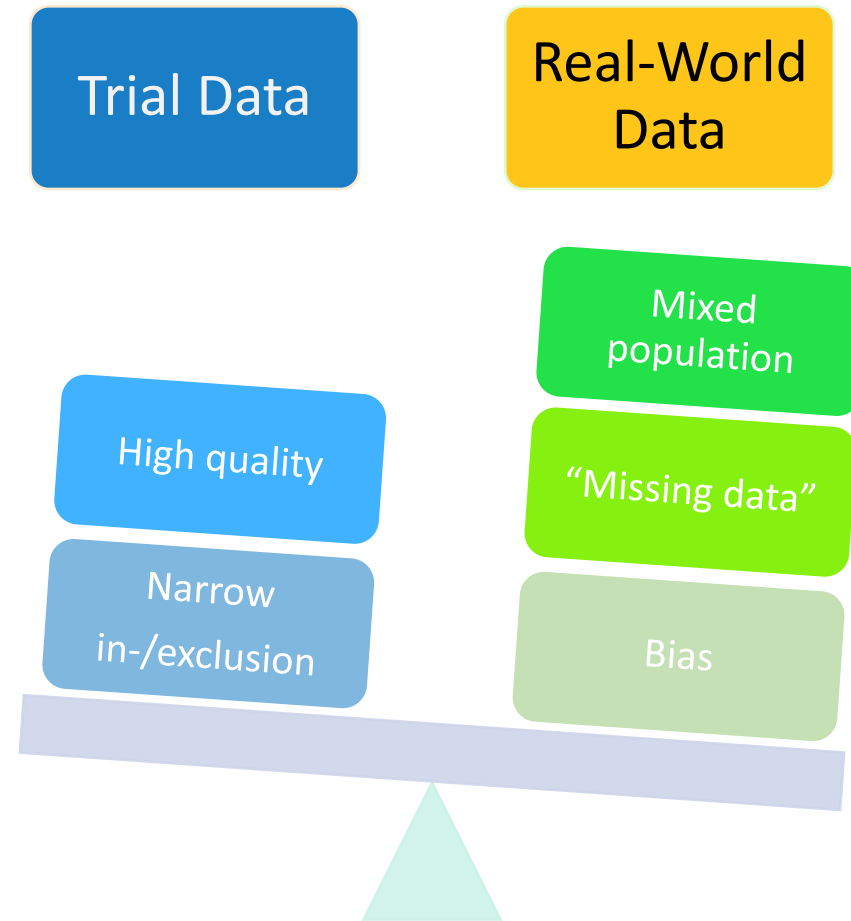
- Phase 3 study of OCA in PBC
    - placebo roll over after end phase 3
    - all treated with OCA
    - extended long term follow-up
  - Phase 2 studies of Livmarli in children with Alagille syndrome
    - all treated with Livmarli
    - extended long term follow-up
- External Control comparisons needed to understand if treatment improves event free survival**

1. Corrigan-Curay J, et al. *JAMA* 2018; **320**:867–868

2. [www.fda.gov/science-research/science-and-research-special-topics/real-world-evidence](https://www.fda.gov/science-research/science-and-research-special-topics/real-world-evidence) (Accessed 30 June, 2021)

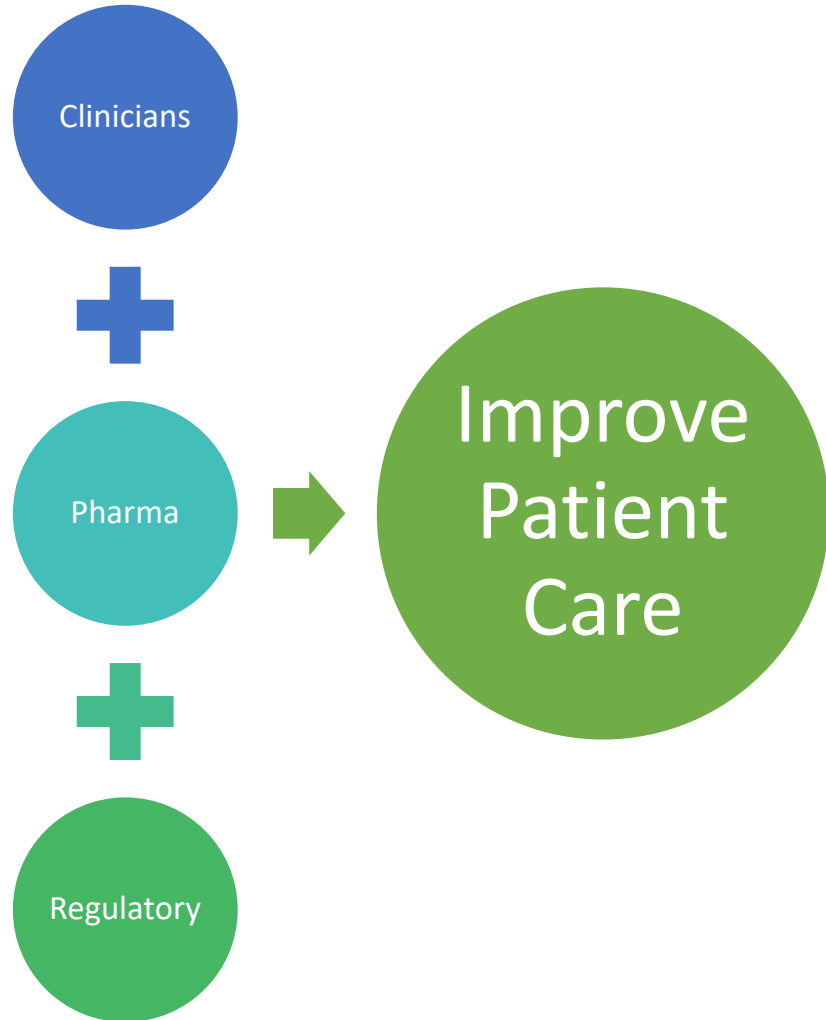
# Is it feasible to use Real-World Data as external controls?

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# Is it feasible to use Real-World Data as external controls?

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## Stakeholders

- Pharma: trial data
- Independent researchers / scientists: RWD
- Regulatory: advance treatment while guarding the integrity
- Patients

## Collaboration: willingness, transparency and trust

- Data sharing
- Protocol
- Statistical Analysis Plan

# Real-World Data (RWD)

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## *High bar of standardization and quality<sup>1</sup>*

- Prospective/ Hybrid/ Retrospective
- REB, Data Sharing, e-CRF
- Completeness, accuracy, and consistency
- Standardized outcome assessment
- Adjudication criteria
- Quality control
- Audits

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## **Data Standards for Drug and Biological Product Submissions Containing Real-World Data** **Guidance for Industry**

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### ***DRAFT GUIDANCE***

**This guidance document is being distributed for comment purposes only.**

Comments and suggestions regarding this draft document should be submitted within 60 days of publication in the *Federal Register* of the notice announcing the availability of the draft guidance. Submit electronic comments to <https://www.regulations.gov>. Submit written comments to the Dockets Management Staff (HFA-305), Food and Drug Administration, 5630 Fishers Lane, Rm. 1061, Rockville, MD 20852. All comments should be identified with the docket number listed in the notice of availability that publishes in the *Federal Register*.

For questions regarding this draft document or the Real-World Evidence Program, please email [CDERMedicalPolicy-RealWorldEvidence@fda.hhs.gov](mailto:CDERMedicalPolicy-RealWorldEvidence@fda.hhs.gov).

U.S. Department of Health and Human Services  
Food and Drug Administration  
Center for Drug Evaluation and Research (CDER)  
Center for Biologics Evaluation and Research (CBER)

October 2021  
Real-World Data/Real-World Evidence (RWD/RWE)

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1. <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/real-world-data-assessing-electronic-health-records-and-medical-claims-data-support-regulatory>. Accessed on November 2, 2021.

# Examples Real-World Data



Launched in 2012

PBC ongoing registry, retrospective<sup>1</sup>

>6000 patients, >40.000 visits,

25 sites from 18 countries



Launched in 2012

PBC ongoing registry<sup>2</sup>

6900 patients,

161 UK centres

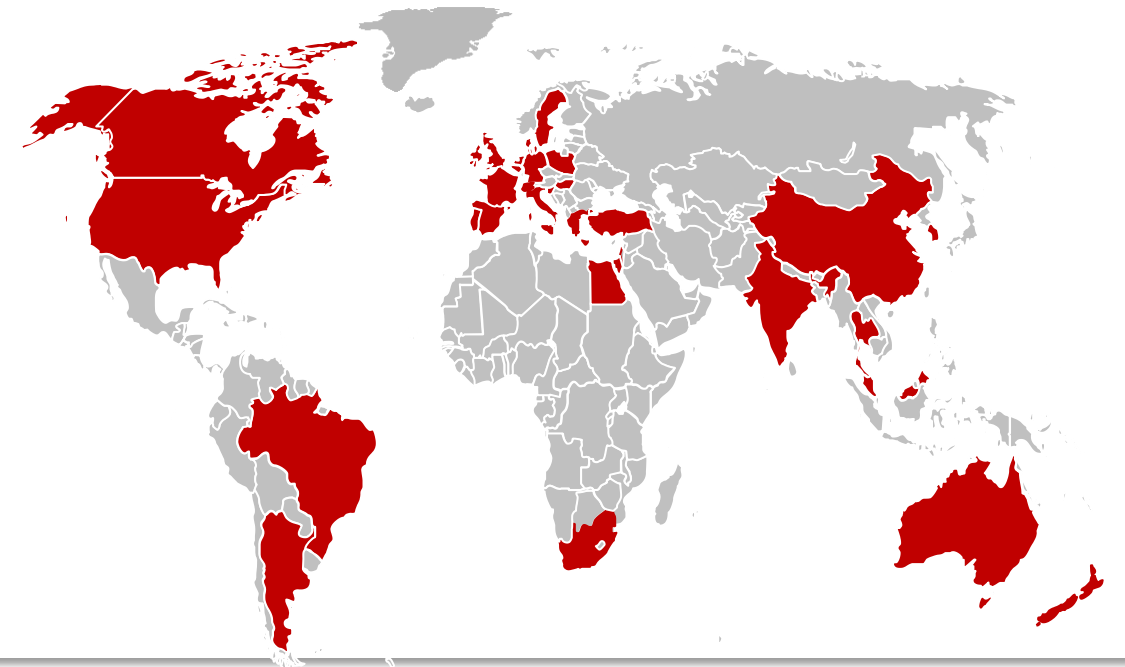


Launched in 2018

the global Alagille Alliance Study

Retrospective, >1400 patients, >12.000 visits,

56 sites from all regions of the world<sup>3, 4</sup>



1. Lammers et al., *Gastroenterology* 2014 2. Carbone et al. *Hepatology*. 2016;63(3):930-950.

3. Vandriel SM, et al. EASL 2020 (oral presentation) 4. Vandriel SM, et al *Hepatology* 2022

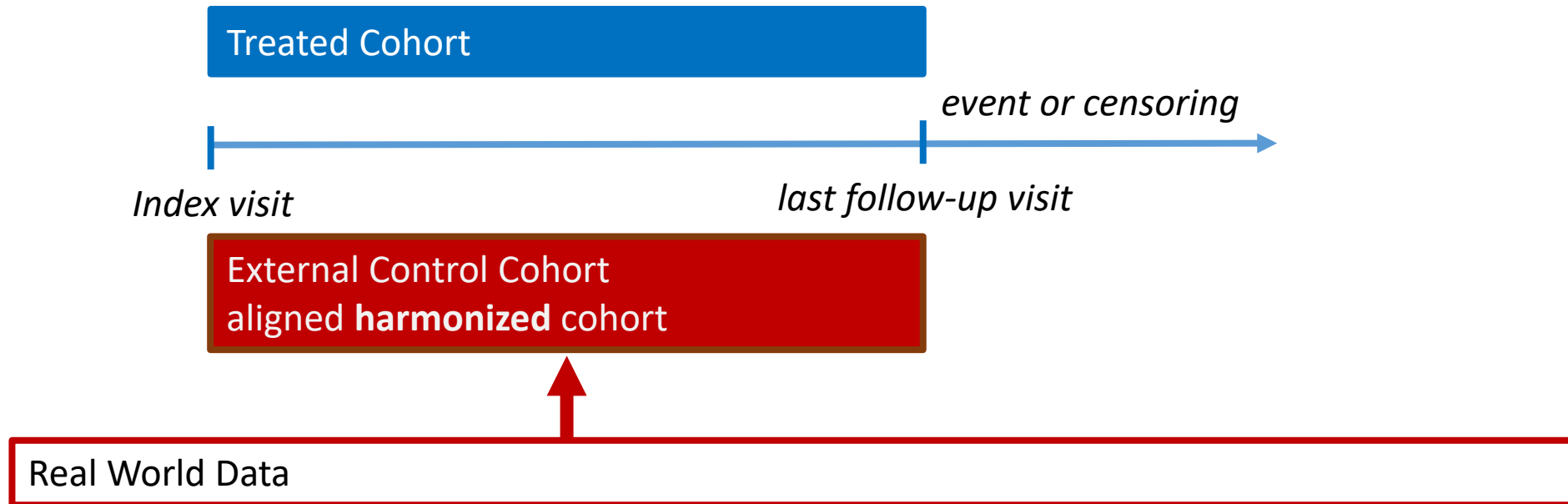


# Primary aim

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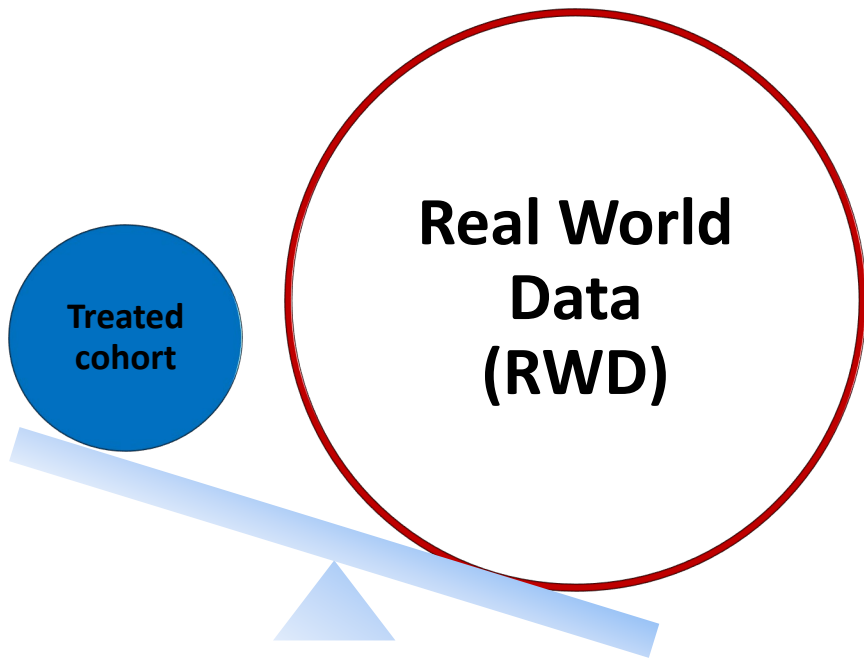
To compare time to clinical event in treated patients from an open label extension study with external controls

*Example: PBC open label extension study of OCA: Event defined as liver transplantation or death*  
*Example: Alagille open label extension study of Livmarli: Event defined as clinical event*



# Harmonize Design

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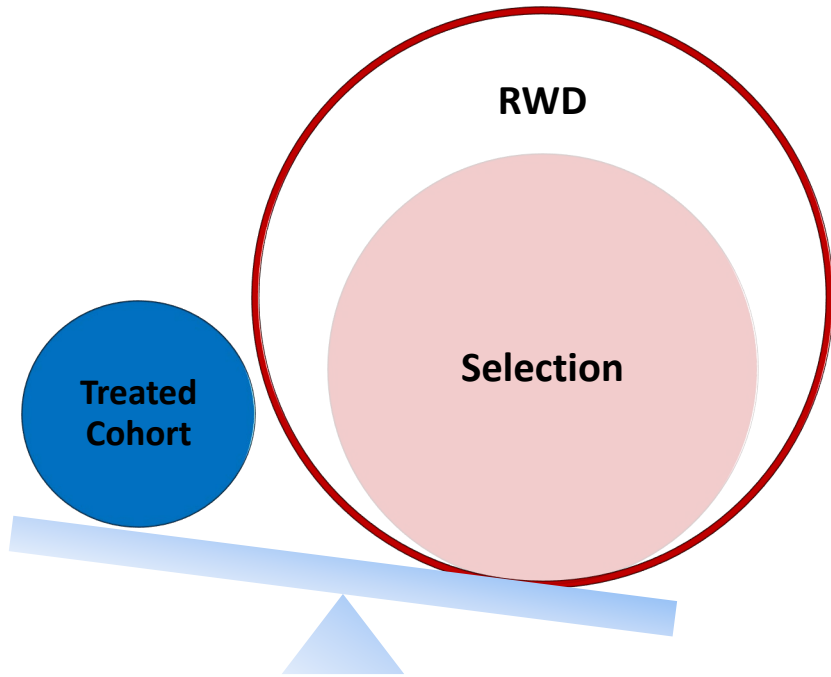


## Fit for Purpose

- Quality of data
  - Outcome(s) – use same definition
  - Lab-values – different labs, ULN, unit
  - Patient factors
  - Investigate completeness
  - Identification of confounders
- 
- Power analysis: pre-specified effect size or min. clinically relevant effect size

# Identification of patients & visits

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RWD = Real-World Data

## Selection process

- Apply aligned inclusion/exclusion criteria
- Overlay sites / regions
- Overlay calendar time / SOC treatment

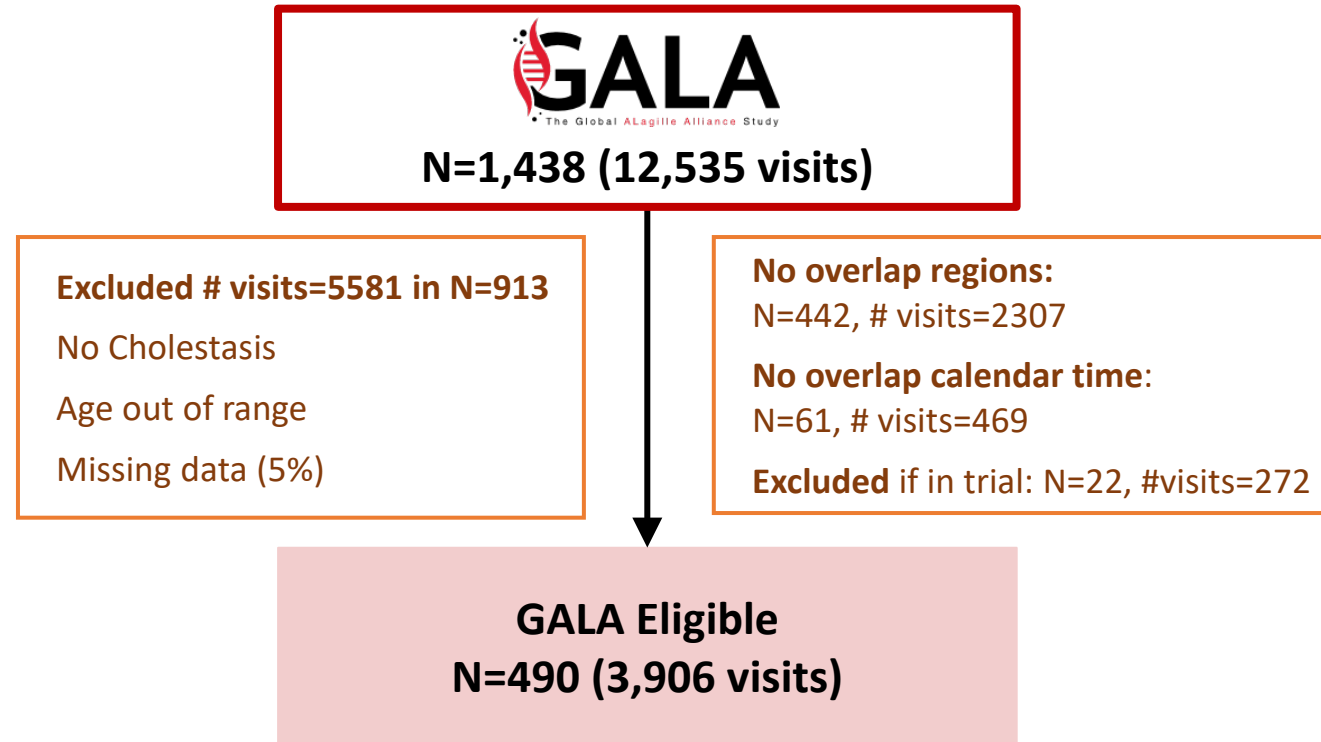
# Example external controls selection Alagille syndrome

Treated cohort: Alagille phase 2 open label extension of Livmarli: inclusion severe cholestasis, age 1-18yr

Real-World Data: External controls from GALA

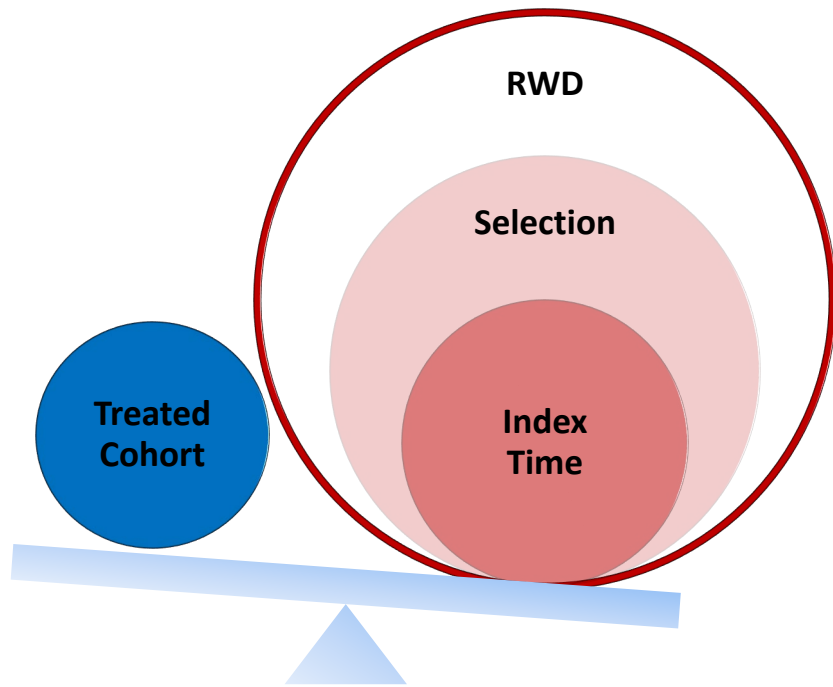
## Identification of patients and visits:

- A patient may be eligible with multiple visits



# Index visit

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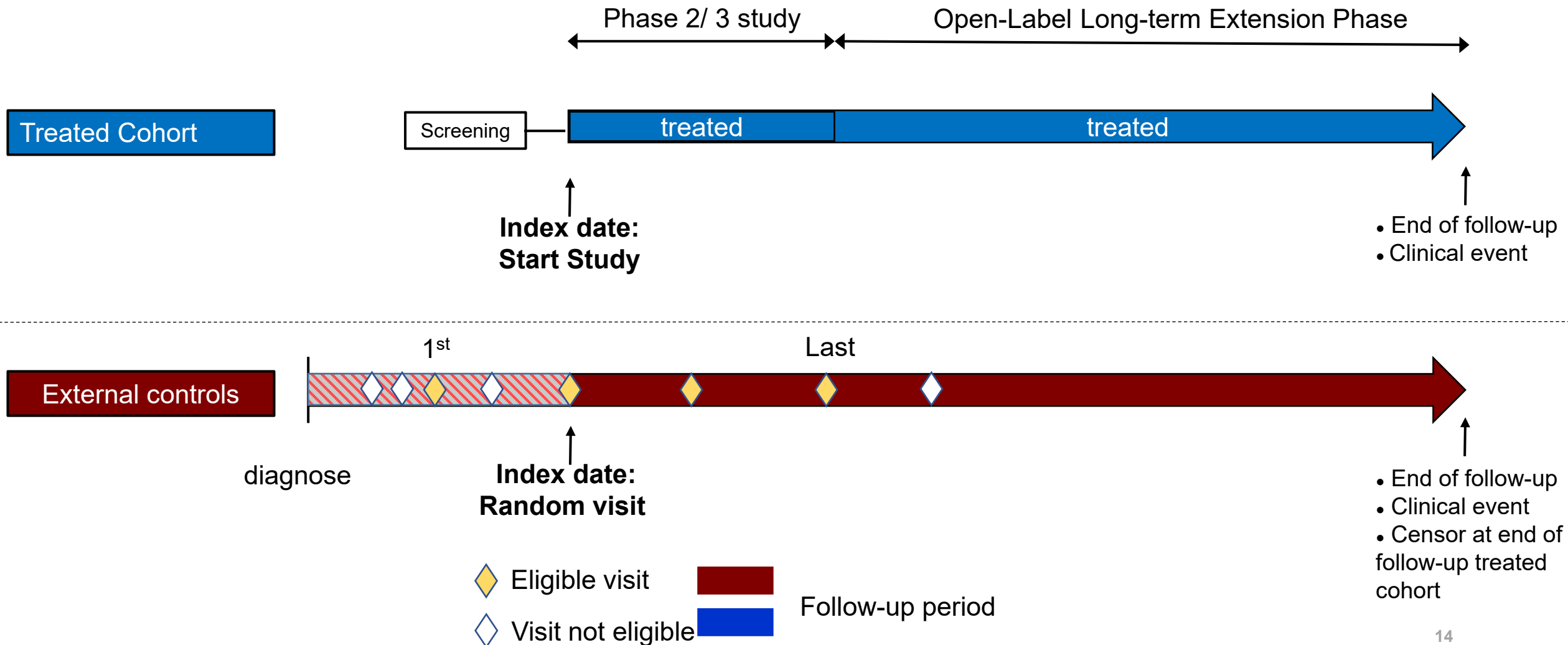


RWD = Real-World Data

## Choice of Index Time (start of follow-up)

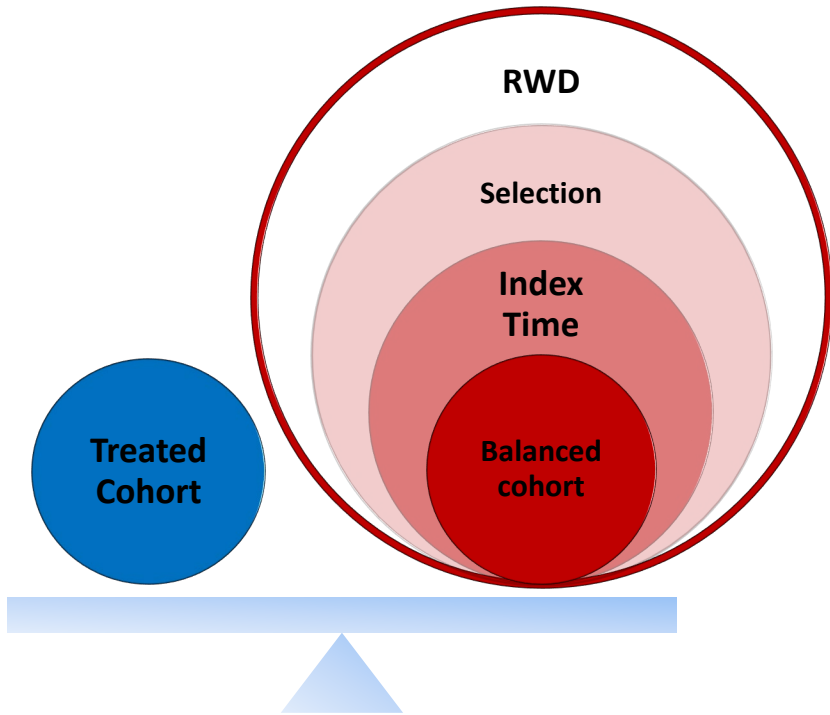
- First visit
- Random visit(s)
- Last visit
- Other methods:
  - Confirmatory visit
  - Multiple visits – weighted
  - ML-method
  - ...

# Careful selection of comparable index date



# Balanced design using weights

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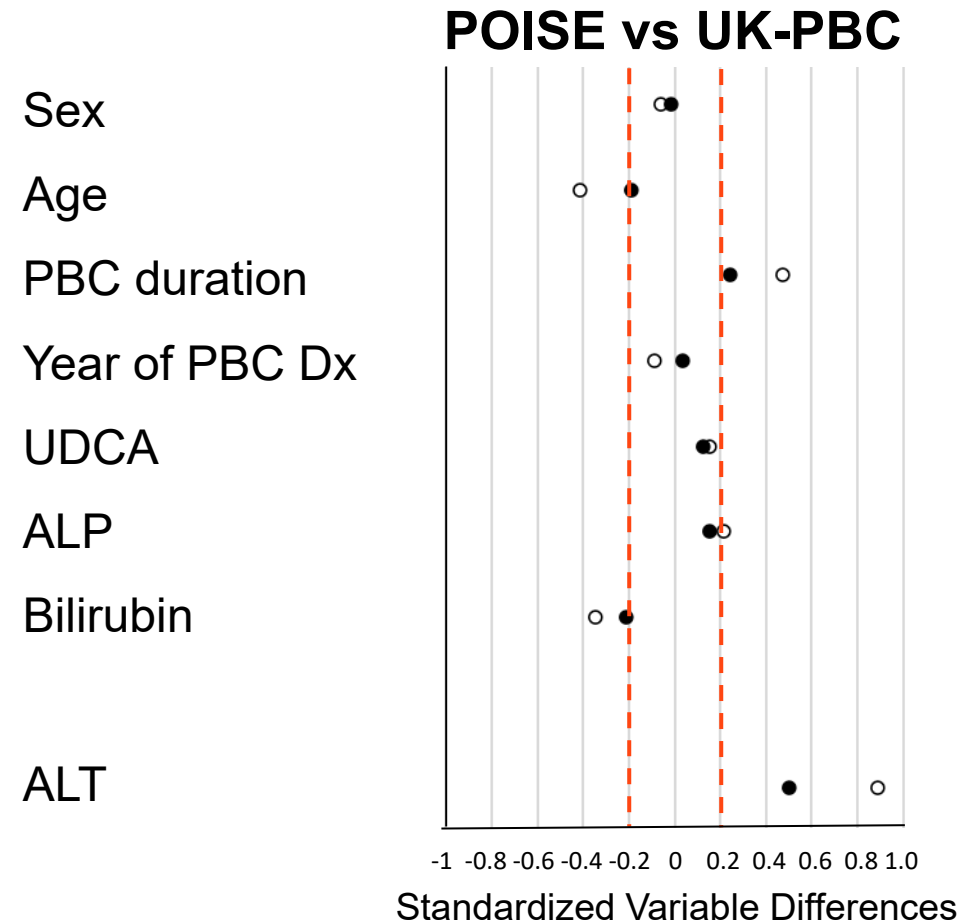
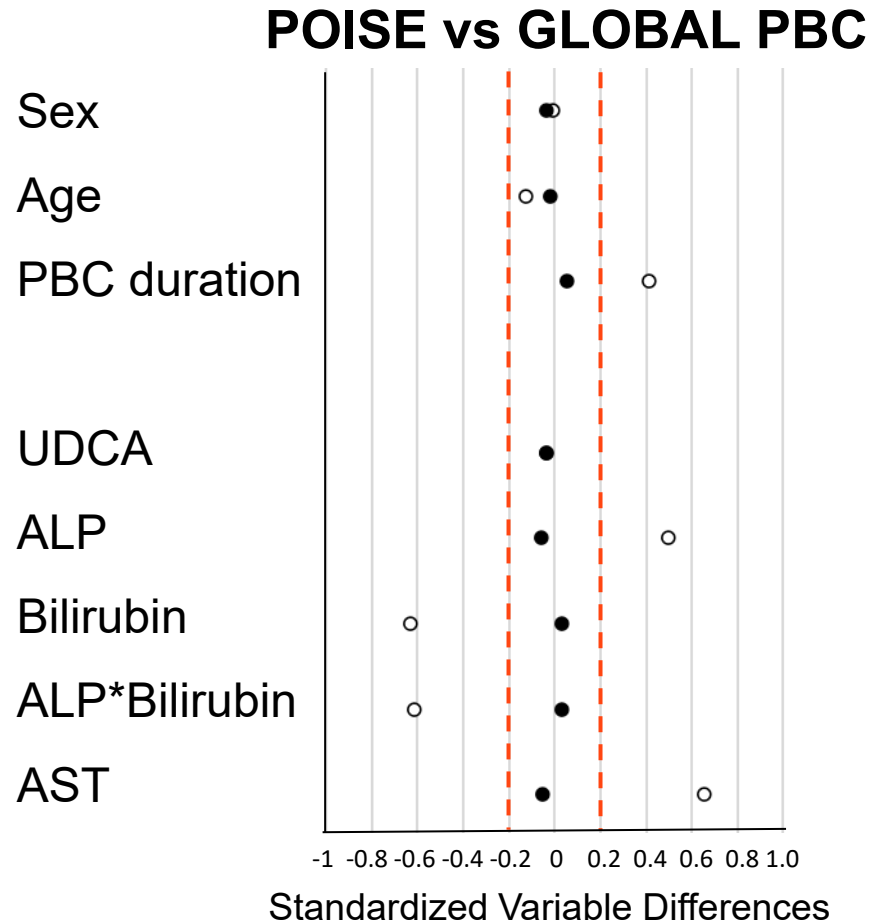


RWD = Real-World Data

## Assessment of balance

- pre-specified check and tests
- Estimate weights
  - Propensity scores
  - IPTW
  - ATT weights

# PBC: POISE OCA-Treated and External Controls Balance assessment





# Harmonize Design

Firewall:  
blinded for outcome

## Fit for purpose

- Define outcome, confounders
- Quality of Lab-values, patient and disease factors, missingness
- Power analysis

## Selection

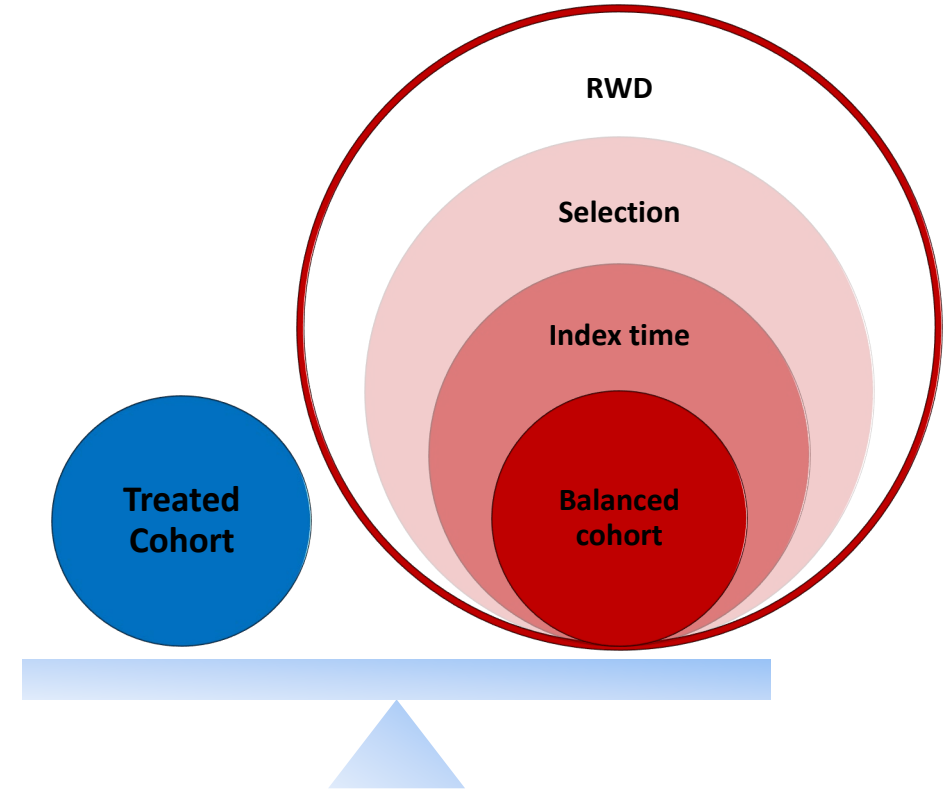
- Apply aligned inclusion/exclusion criteria
- Overlay sites / regions / calendar time

## Index Time

- First visit, confirmatory visit, random visit(s), last visit, other methods

## Assessment of balance

- pre-specified check and test
- weights: propensity scores, IPTW, ATT, ...



RWD = Real-World Data

# Analysis of time to event

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Firewall off  
un-blinded for outcome

## Rx arm

- Check for informative censoring

## Composite endpoint

- Characterize type of events over time in both Rx arm and RWD-selection

## Analysis of endpoint

- Kaplan-Meier and Cox regression methods
- Crude effect
- Weighted
- Adjusted for confounders

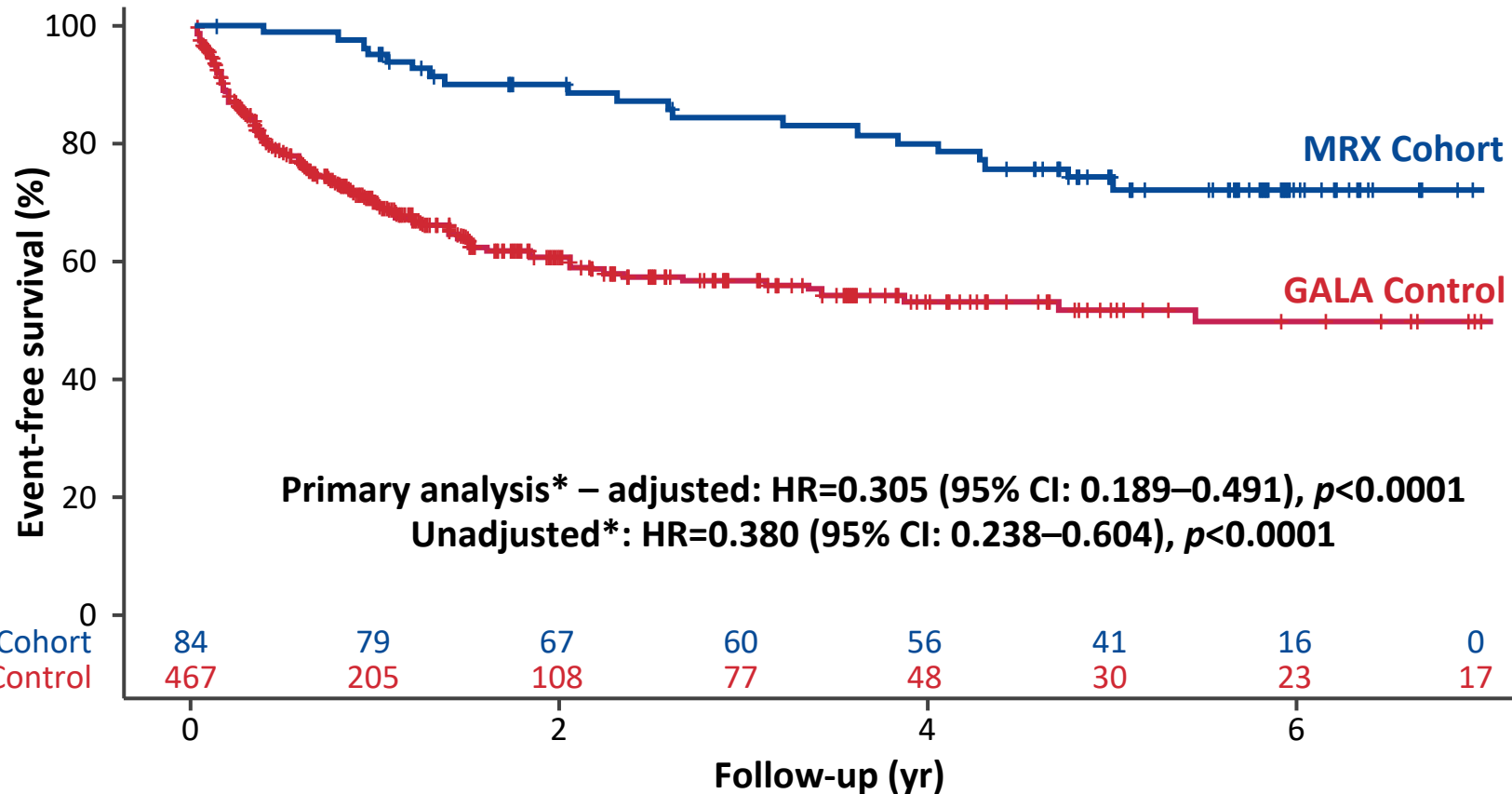
## Sensitivity analyses

- Range of selection of index time
- Pruning of time to avoid immortal time bias

## Subgroup analysis

- Concurrent calendar time
- Same region/ sites/or different sites

# Alagille: Livmarli shows significant improvement in event free survival (biliary diversion surgery, decompensation event, liver transplantation, or death)

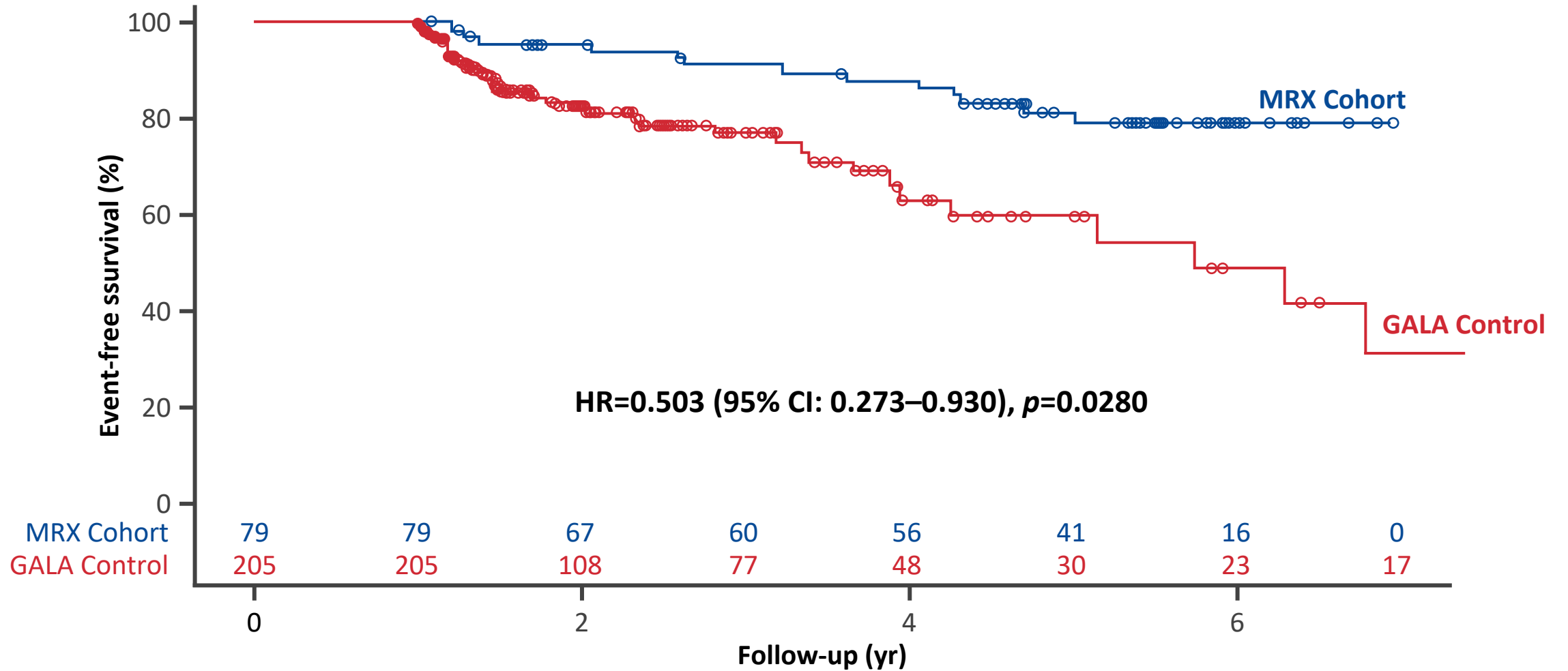


## Conclusions

Using this real-world evidence analytical method, a significant reduction in clinical outcomes was observed in MRX-treated ALGS patients compared with controls from the GALA database.

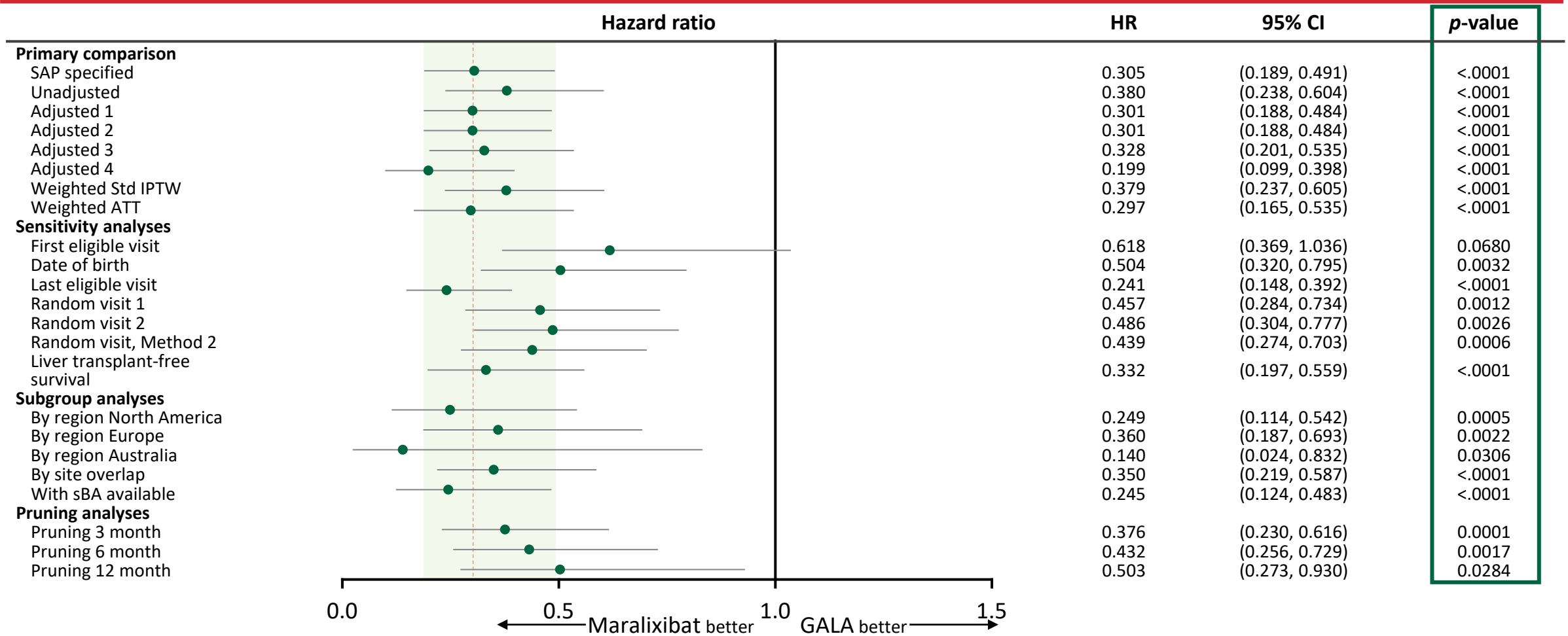
# Alagille: Livmarli shows significant improvement in EFS

## Pruning for events occurring in the first 12 months

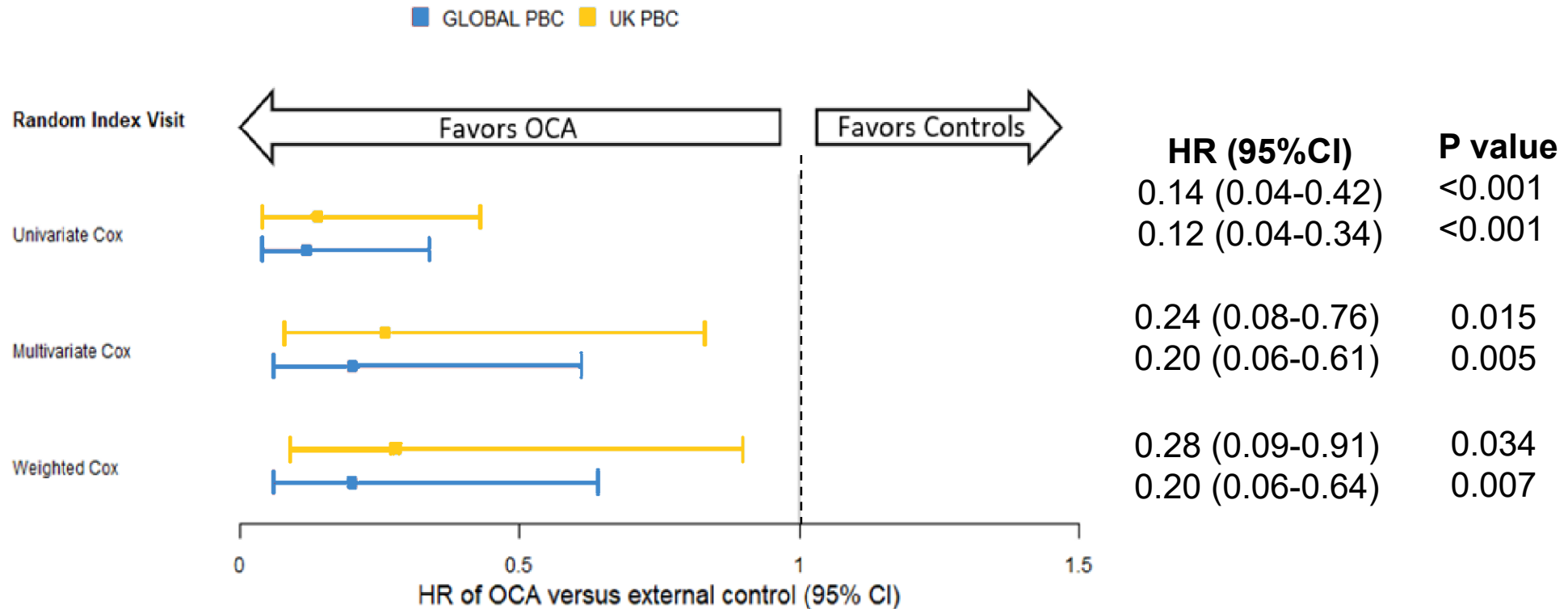


# Alagille: Consistent results observed across several sensitivity analyses

Estimated HR (95% CI) of EFS in MRX Cohort vs. GALA Control



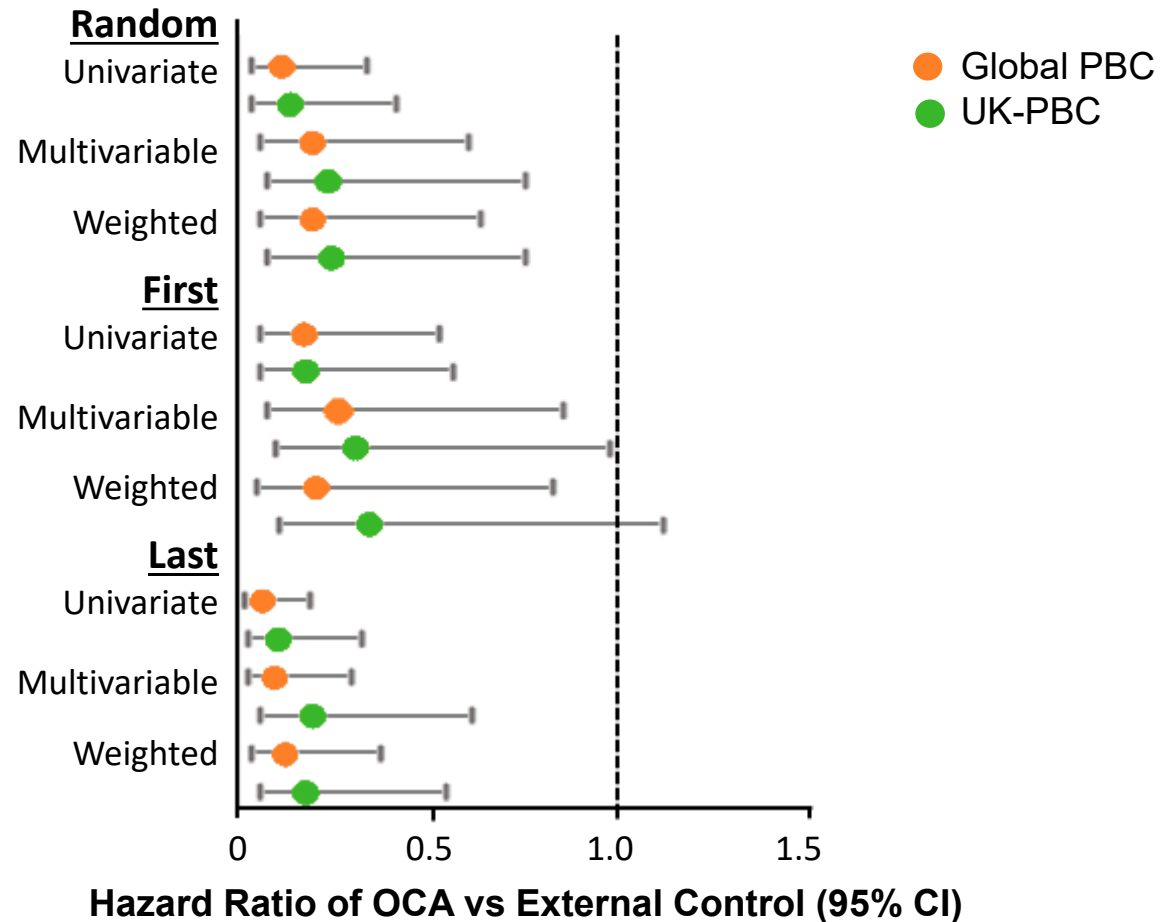
# PBC: OCA associated with lower risk for liver transplant or death



## Conclusions

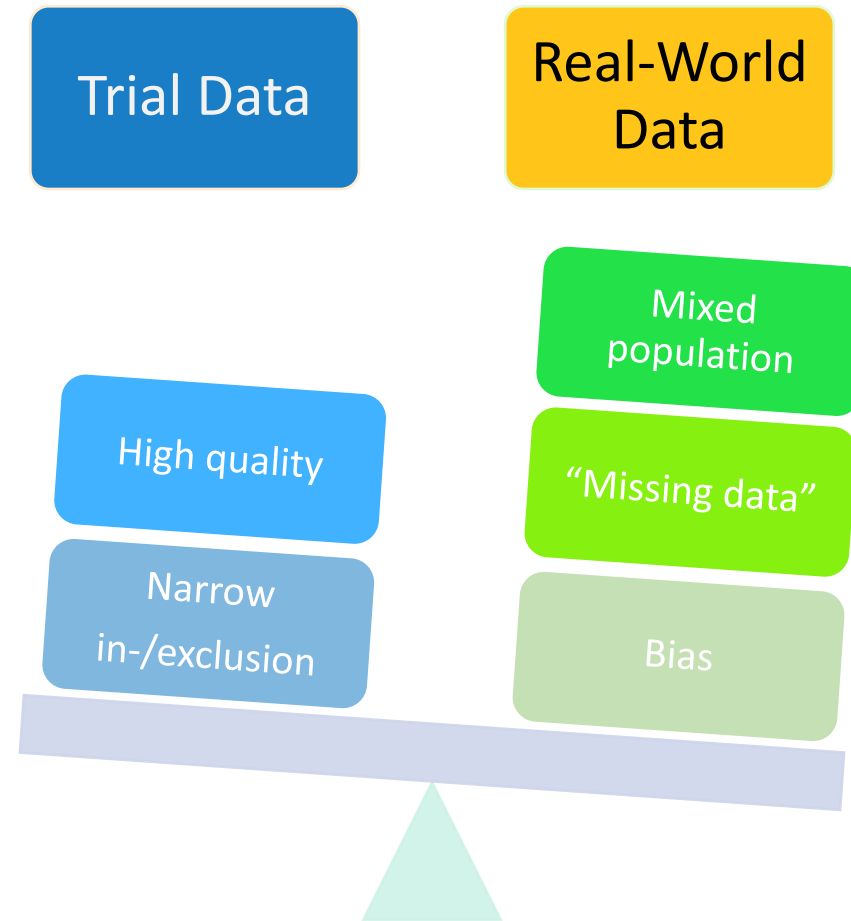
These are the first data showing improvement in the occurrence of clinically important outcomes with obeticholic acid in patients with PBC

# Sensitivity Analyses: Alternative Index Visits Demonstrate Consistent Findings



# Is it feasible to use RWD as External Controls? **Yes**

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*A collaborative strong need to **improve** methodology*

*A need for **quality** measures of Real-World Data*



# Key Takeaways

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- There is benefit in using real-world data and innovative methodology to study interventions
- Methodology can be successfully implemented to show benefit/harm of new intervention in a multitude of diseases

# Lessons learned and discussion points

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## Pros +

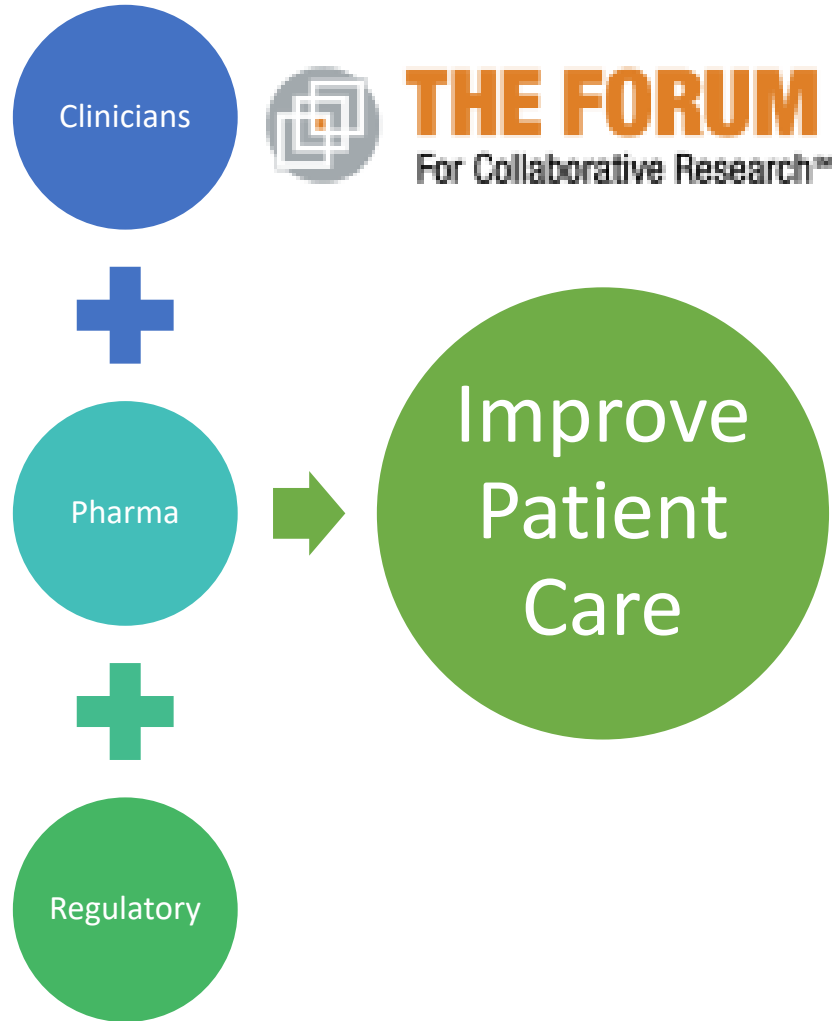
- Enthusiasm for collaboration is huge
- Open for ideas and improvement of methodology
  - Index time
  - Weights
- Improvement of understanding effect size through multiple sensitivity and subgroup analysis
- Validate findings with second RWD

## Cons -

- Challenge to assess quality
- No safety data
- Immortal time bias
- Challenge to get all right legally, ethical
- Publication and stakeholders

# Is it feasible to use RWD as External Controls?

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*A strong need to create easier pathways for collaboration*



Thank  
you