



Global Surveillance of **Antiretroviral Drug Safety**

For better health worldwide

Case Study on Monitoring Safety of ARVs in a Developing Country

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The need for pharmacovigilance in resource-constrained settings

- Increase in the availability and use of new essential medicines
- Increased patient concerns for safety and effectiveness
- Lack of systematic medicine safety approach
- Lack unbiased, evidence-based information to help guide treatment decisions and safetyrelated regulatory decisions





Case Study: Risk of anemia associated with zidovudine-based HAART

- In 2007, Namibia switched first-line highly active antiretroviral therapy (HAART) from stavudine (D4T) to AZT-based regimens following safety concerns associated with D4T.
- In 2008, 50% (22,050/43,329) of persons on HAART users were using AZT-based regimens.
- Spontaneous reports to TIPC of anemia-AZT-based HAART: most commonly reported adverse event in 2008 (34/58 reports).







Aim of Confirmatory Study Requested by MoH

♣ To determine the incidence of and risk factors for anemia in adults on AZT-based HAART

Corbell C., Katjitae I., Sagwa E., Mabirizi D., Nwokike J., Mengistu A., Lates J, Stergachis A.





Methods: Retrospective Cohort Study

1) Record-linkage and validation

Linkage of 3 databases used in the public sector:

- Pharmacy electronic ART dispensing tool (EDT):
 Contains HAART dispensing records and select patient demographics.
- National laboratory database, Meditech: laboratory values and some demographics for persons tested through the Namibian Institute of Pathology (NIP).
- Electronic patient medical record system (ePMS): clinical information and demographic information of HAART users





Methods:

1) Record-linkage and validation

- Persons who initiated HAART between January 2007 and June 2008 identified from EDT and linked to Meditech and ePMS using probabilistic record-linkage (PRL) methods.
- Matching variables: Last name, first name, date of birth, date of start HAART and facility.
- Validation by random selection of records for manual review of Patient Care Booklets.





Methods:

2) Retrospective cohort study for incidence of anemia

- Two cohorts of HAART users initiated between January 2007 and June 2008:

 - **π** D4T-based cohort
- Eligibility criteria: 19-65 yrs; at least one Hb reading after HAART.
- Outcome: Anemia defined as Hb<7.0 g/dl at least 1 month after starting HAART.
- Follow-up of records to June 30th 2009.





3) Nested case-control study design for risk of anemia associated with AZT-based HAART

- Subsample of cases and controls identified from the two HAART cohorts.
- Cases: Persons with Hb below 7.0 g/dl
- Controls: Persons with no anemia diagnosis frequency matched to cases using a ratio of 3 controls for every case.
- Identify additional covariates by manual abstraction of Patient Care Booklets.
- Target sample size: 105 cases and 315 controls required.





Comments on Case Study

- Follow-up of a key safety signal generated from National Pharmacovigilance Center's spontaneous adverse event reports.
- Results should be informative to HAART Technical Advisory Committee and other stakeholders.
- Assess the feasibility of the platform for assessing the safety and use of HAART to support evidence-based decision-making.



