Linking Infant Diagnosis to Treatment

> Dorothy Mbori-Ngacha February 9, 2006

#### Context

- >88% of women in Kenya make at least one antenatal visit
- 60% of MCH facilities in Kenya now have PMTCT services
- 80% of infants attend clinic at 6 weeks
- HIV treatment programs are scaling-up but <3% of people on treatment and children

#### Introduction

 Rapid progression of HIV disease in infants and high early mortality of infected infants

•HIV diagnosis should be made at the earliest opportunity

•Clinical criteria fail to identify the majority of children who need ART before the age of 18 months

#### Ghent Group: 3468 exposed (707 HIV-infected) children in 6 African countries - Lancet 2004;364: 1236-43.



# Entry points

- PMTCT programs
  - Identifying the HIV exposed child
  - Systematic follow-up (CTX prophylaxis, nutrition support)
  - Establish HIV infection status
- Clinical services
  - Out patient department
  - Paediatric in-patient wards

#### **Areas for Action**

- 1. Algorithms for diagnosis
- 2. Infrastructure and Technology
- 3. Training
- 4. Procurement and Supplies
- 5. Referral & linkages with HIV care and treatment programs

# Algorithms: Antibody test

- Liberal use of antibody testing to identify the HIV exposed children in our service
- More targeted use of DNA PCR to identify HIV infected children
  - Early enough to initiate treatment and avert deaths
  - Maximum yield

### Algorithms: Antibody test

 Antibody testing in the well child

 Infants of unknown HIV exposure status at 6-weeks or at first contact

– All HIV exposed infants at 12 & 18 months

# Algorithms: Antibody test

- Antibody testing in all sick children admitted to hospital
- Antibody testing of out-patient children with following indicator conditions
  - Failure to thrive
  - Pneumonia
  - Developmental delay
  - Recurrent visits/admissions

## **Algorithms: DNA PCR**

- DNA PCR testing in PMTCT programs at 6 week for the well non breastfeeding infants
- DNA PCR testing in PMTCT programs at 14 week for the well breastfeeding infant
  - Allows identification of children infected early who are more likely to progress rapidly
  - Linked to a visit already made by >70% of women in Kenya
- If HIV+ link to care and treatment per guidelines
- If HIV- use antibody to diagnose 9, 12, 18 months

#### Infrastructure

- DNA PCR available in research laboratories
- Establish a network of regional laboratories
- Logistics of transferring samples
- Quality assurance

# Training

- Development and training of providers on algorithms
- Sample collection
- Communication about results
- Laboratory personnel

#### PMTCT Program experience: Kenyatta National Hospital

- 90% of all mothers attending ANC return for 6-week visit
- DBS samples taken at 6-week visit
- Turn around time too long 4-6 weeks
- Rejection rate of samples too high
  - ? Sample collection criteria too stringent

## **Diagnostic HIV testing**

 Routine antibody screening of all patients admitted to paediatric wards

HIV test acceptance ~90%

- HIV infection exposure in 50% of patients majority aged < 2 years</li>
- HIV infection confirmed in 67% of exposed infants
- Need to expand to the out-patient department

#### **Operational issues**

- Linking antenatal record and infant record
  - New card developed and being piloted
- Human resources
- Integration of services PMTCT/MCH and HIV care and treatment

# No matter what your level of resources, there is always something that can be done for HIVaffected children



African Network for Care of Children Affected by HIV/AIDS