Novel Strategies for the Management of the <u>Heavily</u> Pre-Treated Patient with Limited Options for Complete Suppression

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# Outline

- How to switch versus when to switch?
  - How should we use new drugs as they become available?
  - Can we enhance the activity of existing drugs?
- Viral fitness
  - Is this simply phenomenology or can we manage patients based on alterations in viral fitness?
- Virulence/pathogenicity (for those "CD4 lovers")
  - Can we therapeutically alter the pathogenicity (not fitness) of HIV?
- Can we enhance immunologic control of HIV?
- Can we changes drugs before MDR emerges?

# How to Switch?

Construct a regimen with two if not three fully effective agents that the patient is able to access and tolerate . . .

#### How to Switch: Use at least 3 fully effective drugs



Katzenstein/Albrecht AIDS 2003

# When will patients with MDR and limited options have at least 2 effective agents?

The question is when to switch, not how to switch

### Tipranavir BI 1182.51: Study design





## Tipranavir/ritonavir in "deep salvage"





Curry K, et al. 5th International Workshop on Clinical Pharmacology of HIV Therapy; April 1-3, 2004; Rome, Italy

#### UK-427,857: CCR5 Antagonist (Entry Inhibitors)



10 day monotherapy study; 10 patients per arm; pure R5 (ViroLogic entry assay), VL > 5000, CD4 > 250

# Phase III studies: The provider/patient perspective

#### • TORO

- Good: liberal roll-over plan, access to state of art resistance testing, no limits on optimized background
- Bad: only one "new" drug provided, thus forcing desperate patients with MDR to risk sequential monotherapy
- Alternative: no other drugs available
  - Use phase II to define anti-HIV potency and drug-specific adverse events for drugs A and B
  - Phase III: Randomize to OB vs. OB plus AB
  - Use naïve patients to more precisely define drug-specific safety
- Alternative: one other drug available (ie, T20)
  - Immediate switch to T20 plus drug A vs. delayed switch to T20 plus drug B, using comparison to TORO studies to define a priori what kind of response would be needed to prove that drug A was effective



#### X4 Variants Emerge During Treatment with R5 Inhibitors

- One patient enrolled in a Phase II trial of UK-427,857 had dual tropic HIV at baseline
- Viral load did not change (or increased)
  - Dominant virus population shifted to mixture of dual tropic and X4 variants with complete loss of R5 variants
- Following cessation of treatment, R5 virus returned

Can partially effective drugs (or drug classes) become "fully" effective by increasing exposure?

# Abbott Study 049 Design



**Open-label, multi-center study in HIV-infected subjects** 

- Multiple PI-experienced, NNRTI-experienced
- HIV RNA > 1000 copies/mL

Abbott 049: Steady-State Lopinavir Mean (SD) Concentrations



## Abbott 049: Predictors of a viral load < 400 (week 48)

Predictor	Unadjusted	Adjusted	
Baseline VL	0.01	NS	
Fold change IC50	0.02	NS	
Number of LPV mutation	s 0.04	NS	
Active NRTIs	0.02	0.04	
LPV IQ	0.002	0.007	

#### **Tipranavir BI 1182.51: Controlled study of Dual Boosted PIs**



## Dual boosted PI therapy vs. RTV/TPV in "deep salvage"



#### APV trough plasma concentrations before and after TPV/r



LPV trough plasma concentrations before and after TPV/r



SQV trough plasma concentrations before and after TPV/r



# Summary: How to switch

 Although new drugs are being developed, practical and perhaps regulatory barriers prevent these new drugs from being used in an optimal manner

• Limited data exists to support strategies aimed at enhancing the exposure of existing drugs, but this remains an open question

 It also remains unclear whether having two inhibitors with unique resistance patterns works better than one inhibitor What should be done until an effective switch strategy can be performed?

Viral Fitness (Replicative Capacity)

#### **Failure to Switch Risks Future Options**



Change in protease inhibitor phenotype in 11 patients who had a transient virologic response to HAART and did not switch

J Virology 2002; 76:11104-12

#### Viral Evolution during Long-term Failure of HAART



# Replicative capacity decreases and remains low as PI resistance increases

Barbour et al; J Virology 2002; 76:11104-12

#### Viral Evolution during Long-term Failure of HAART



HIV may be constrained in its ability to become both highly resistant and highly fit, thus resulting in durable partial suppression

J Virology 2002; 76:11104-12

#### Viral Evolution during Long-term Failure of HAART



Replicative capacity (% of WT) declines as PI resistance increases, at least for the first two to three years

Charpentier, Hance. J Virology 2004; 78:4234-47

#### Viral Evolution during Long-term Failure of Enfuvirtide



Lu, Kuritzkes. J Virology 2004; 78:4628-37

# Fitness: Summary

- Some drugs select for mutations which reduce replicative capacity
  - Protease inhibitors
  - Enfuvirtide
  - NRTIs: 3TC, tenofovir (K65R), others
- Replicative capacity may decrease with time (as resistance increases) for protease inhibitors and perhaps enfuvirtide

# **Fitness: Future Directions**

- Are there resistance pathways which are less favorable to the virus?
  - Is it possible to design strategies that constrain the capacity of the virus to become resistant only at the cost of lower RC (and, therefore, lower on treatment viral loads)
- Once a virus with reduced RC has been established, what strategies should be considered to maintain those mutations (while limiting drug exposure and or further viral evolution)?

# Protease Inhibitor Interruption (n=18) (continued reverse transcriptase inhibitor therapy)



3 of 18 patients had a consistent increase in viremia (> 0.5 log) prior to week 24

Mean change in viral load: 0.005 log copies/week (95% CI: -0.01 to +0.02)

# Reverse Transcriptase Inhibitor Interruption (continued Protease Inhibitor Therapy)



7 of 7 patients had an immediate and durable increase in viremia (> 0.5 log) with no early change in genotype

Delayed loss of M184V associated with continued rise in viremia



**Interruption of PI** 

Delayed increase in viremia

Temporally associated with loss of PI associated mutations and increased replicative capacity

## Vista ANRS 109: Reduced drug pressure to maintain MDR



- Low dose RTV/IDV and 3TC "calibrated" to prevent WT rebound while limiting further evolution (n=28)
- Median increase in VL at week 24 was 0.2 log (p=0.003)
- Slope in CD4 cell count decrease during the study did not significantly change
- No significant changes in the numbers of resistance mutations were seen in PR or in RT

Launay O, et al. 11<sup>th</sup> CROI, San Francisco, #649

Why not alter the "pathogenicity" of the virus therapeutically?

## PLATO: Reduced virulence of immunopathogenicity of MDR HIV



Change in CD4 stratified by steadystate VL during long-term virologic failure (N=628)

**Steady State Viral Load (copies/mL)** 

## PLATO: Steady State Viremia and Rate of CD4+ Cell Decline

![](_page_35_Figure_1.jpeg)

Steady State Viral Load (copies/mL)

Ledergerger et al., in press

### **Virus/Host Interactions Determine Disease Outcome**

![](_page_36_Picture_1.jpeg)

#### **Sooty Mangabey**

- Natural host of SIV
- •SIV infects and kills CD4 T cells at high rates
- •High levels of viremia
- •Minimal CD4 T-cell losses
- No increase in T-cell Activation

![](_page_36_Picture_8.jpeg)

#### **Rhesus Macaque**

- Not natural host of SIV
- •SIV infects and kills CD4 T cells at high rates
- •High levels of viremia
- •Rapid CD4 T-cell losses
- Large increase in T-cell Activation

## **T cell activation in UCSF SCOPE Cohort**

![](_page_37_Figure_1.jpeg)

\*The adjusted mean activated T cells was estimated using multivariable linear regression. Adjusted for viremia, hepatitis C, nadir CD4+ T-cell count

Hunt et al; CROI 2003

## Changes in T Cell Activation After Phenotypic Switch to Wild- Type Susceptibility In 20 Patients Discontinuing All Antiretrovirals

![](_page_38_Figure_1.jpeg)

Adjusted mean changes in T cell activation were predicted using a mixed effects repeated measures model and adjusting for changes in plasma HIV RNA levels and other factors

# Virulence: Future Directions

- What defines the host-specific pathogenicity/virulence of HIV?
- If immune activation, is there any role for:
  - Immunosuppressents
    - Prednisone, mycophenolic acid, cyclosporin . . .
  - IL-2 (up regulate Tregs)
  - IL-10

Can we alter the help the immune system control MDR HIV?

# **Hypothesis**

Drug-resistant HIV-1 variants which are less fit and perhaps less "virulent" — might replicate to levels that are sufficient to stimulate but not deplete HIV-1-specific CD4+ and CD8+ T-cells

### Gag-Specific CD4+ T Cell Response (n=175) (γ IFN-bright)

![](_page_42_Figure_1.jpeg)

J Infect Disease 2004; 189:312-21.

## Gag-Specific CD4+ T Cells (γ IFN-bright)

![](_page_43_Figure_1.jpeg)

J Infect Disease 2004; 189:312-21.

## **HIV-specific T cells and "discordant" responses**

![](_page_44_Figure_1.jpeg)

# Immunologic control of HIV

- High HIV-specific CD4+ T cell responses associated with durable control of drug-resistant HIV
  - Cause and effect
- Can we vaccinate patients epitopes containing drug-resistant HIV?
  - Supported by unpublished work linking HLA type to viral evolution
- Can HIV-specific immunity be enhanced with novel therapeutic strategies, including treatment intensification and/or use of immunomodulatory agents?

Other approaches?

## Sequential or Cyclic Salvage Therapy

![](_page_47_Figure_1.jpeg)

Maggiolo AIDS 2002;16:298-99

## **Strategic Selective Treatment**

350

Three-class failure, VL > 10,000 (n=34)

**Genotypic-driven switch** strategies whenever VL increases to > 10K

 $P \le 0.04$ P = 0.01P = 0.002P < 0.04P = 0.005P = 0.004300-250 -Cells/µcl  $200 \cdot$  $150 \cdot$ 100 -50-0 -8 2 10 12 basal 4 6 14 Months

Four or fewer drugs given

Limited disease progression observed

Maggiolo AIDS 2002;16:298-99

# Summary

- We need more effective drugs which patients can access and tolerate
- Until then, the issue really is how to keep patients out of trouble while preserving future options
  - When to switch (when is OK to not switch)
  - Partial or selective treatment interruptions vs. dose reduction
  - Diagnostics: RC, immune activation, tropisms . . .
- Future directions which are not really on anyone's radar screen include: immune suppressants, immune enhancers (including HIV vaccines), strategies to decrease "fitness" and/or pathogenicity, cyclic therapy . . .

# **Clinical Trial Designs**

Can we avoid TORO-like studies in the future?

# Phase III studies: The provider/patient perspective

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# The immune response to AIDS virus infection: good, bad, or both?

![](_page_53_Figure_1.jpeg)

Journal of Clinical Investigation, 2004

## **Drug-resistant HIV as an "attenuated vaccine"**

Drug-resistant variants spare intrathymic T-cell production (SCID-hu) and are associated with lower levels of T-cell turnover and activation in vivo, thereby permitting the continued production and survival of HIV-1-specific CD4+ and CD8+ T-cells

(Stoddart and McCune, Nature Med 2001; Deeks JID 2002)