HCV Diagnostics and Testing Update

CG Teo, MD, PhD Division of Viral Hepatitis CDC Idealized kinetics of some biomarkers appearing in blood: primary HCV infection (with resolution)



Time course of infection

Idealized kinetics of some biomarkers appearing in blood: chronic HCV infection



Time course of infection

Diagnostic markers of HCV infection*

Marker	Indicator of	Appropriate for 1 st -line testing?
RNA	current infection	Possibly
Ag	current infection	Possibly
IgG Ab	past or current infection	Yes
IgM Ab	early infection	Unlikely

*via single-specimen testing

Current CDC algorithm for testing for HCV infection



MMWR 2003;52(No. RR-3)

Significant changes since publication of CDC's 2003 HCV testing guidelines

- Rapid tests of IgG HCVAb are now available and receiving FDA approval and CLIA waiver
- Manufacture of RIBA may be discontinued
- Quantitative HCV NATs are as or more sensitive than qualitative NATs
- HCV Ag tests are also available and their performance characteristics have been actively validated in Europe
- Orally delivered anti-HCV pharmaceuticals are being developed and approved for treatment of chronic hepatitis C
- Persons with early HCV infection respond to antiviral treatment better than those with longstanding infection

Proposed Algorithm for Testing for Active HCV Infection



Contemporary issues in HCV testing

Benefits and feasibility of rapid testing for HCV IgG Ab Expanding HCV NAT

HCV Ag testing as alternative to HCV NAT

Identifying early HCV infection

Rapid testing for HCV IgG Ab

Setting	Beneficial?	Feasible?
Outreach center	Yes	Yes
Community		
health fair		
 pharmacy 		
Needle exchange		
Health-care provider office	Yes	Possibly

Expanding HCV NAT

- Reduce cost of testing
 - Bulk purchase of test equipment and reagents by public health agencies
 - Pooling
 - Early lifting of HCV patent
- (To what extent is "cost" the issue in the era of The Affordable Care Act?)
- Testing by public health laboratories following the model of the national influenza surveillance system

HCV Ag testing as alternative to HCV NAT

- Suitable for reflex testing of samples screened to be Ab-positive
- Sensitivity of viremia detection approaches but not equivalent to NAT
 - unlikely to be acceptable as 1st-line test for current HCV infection

Identifying early HCV infection

IgM HCVAb unreliable as marker of early infection

Other serologic markers being considered

- Low-avidity IgG HCVAb
- Ag-specific IgG HCVAb
- IgG HCV Ab subclasses
- Signature HCV genomic changes
- Specific interleukins, cytokines or miRNAs

Demonstration of seroconversion remains critical

Conclusions

- Rapid tests for IgG HCVAb open new vistas for identifying HCVinfected persons
- HCV NAT remains mainstay to identifying current HCV infection
- HCV Ag testing likely to be acceptable as reflex testing for HCV viremia
- Diagnosis of early HCV infection by single-specimen testing remains elusive