

Reducing barriers to HIV testing – what influences testing offer and uptake?

Lessons learned from the HIV in Europe Initiative

2012 National Summit on HIV and Viral Hepatitis Diagnosis, Prevention and Access to Care

Dorthe Raben, Copenhagen HIV Programme on behalf of the HIV in Europe Initiative



Late diagnosis in Europe

- Of the estimated 2.5 million PLHIV in the European Region, 1 in 3 remain undiagnosed
- Over 50% of individuals are late presenters (LP) (CD4 < 350)
- The proportion of newly diagnosed persons who are LP decreased by 4% per year since 2000
- Considerable variation within different exposure groups and regions of Europe
- A substantial number of 'low risk' individuals continue to be LP

ECDC/WHO Europe 2011

Characteristics of individuals with HIV presenting late for care across Europe, Jens D Lundgren for the late presenters working group of COHERE in EuroCoord, IAS Washington, 2012



Health Policy in Europe

"defining national health policies remains an exclusive competence belonging to Member States. EU action shall not include the definition of health policies, nor the organisation and provision of health services and medical care.
 European health policy therefore consists of developing a shared competence with Member

States and complementing national policies."

- Large variations in HIV testing recommendations – only a few countries have a policy of normalisation of HIV testing
- Large variations in access to prevention, testing, care and treatment



The HIV in Europe Initiative - Objectives

• Pan-European initiative

Aim

• Ensure that HIV patients enter care earlier in the course of their infection and study the decrease in the proportion of PLHIV presenting late for care

How?

- Providing a platform for activities aiming to increase early diagnosis and care for people living with HIV across Europe
- Network of stakeholders exchange of best practices Representation from patient advocacy, policy makers, health professionals and European public health institutions (ECDC, WHO Europe, EMCDDA, Global Fund, CDC)
- Through collaborative projects, conferences and advocacy, barriers to testing on provider, client and administrative levels are investigated.



The people living with HIV Stigma Index implications for testing uptake

Stigma:

A cross analysis of findings from the People Living with HIV Stigma Index in Estonia, Moldova, Poland, Turkey, and Ukraine Late Testing, Late Treatment



The stigma index study concluded that fear of stigmatisation and criminalisation could delay uptake of both testing and care.

Phase II "From evidence to Action" (2012-2013): Development of advocacy and actions in Estonia, Moldova, Poland, Turkey, Ukraine and Belarus.



es HIV Indicator Conditions Guided HIV Testing – increasing testing offer rates

•The strategy to increase HIV testing through indicator condition guided HIV testing is feasible and (cost)-effective.

•Among 3588 individuals in 17 clinics routinely offered testing in 14 countries, eight indicator conditions associated with HIV were investigated and demonstrated an HIV prevalence of 1.8% (> 0.1%, a level determined to be cost-effective.)

•Healthcare professional related barriers: time limitations, perception of HIV as exceptional in regard to consent process, and lack of training.

HIDES 1 (2009-2011): to be published in PLoS ONE
HIDES 2 (2012-2013): screening of 14000 persons with 11 predefined indicator conditions



Guidance on Indicator Condition Guided HIV Testing

Target groups:

European and national medical clinical societies
European and National Policy Organisations
Health Care Professionals

Strategy:

 Encourage publications in medical journals

 presentations at medical conferences in specialties other than infectious diseases

Inclusion in guidelines and trainings



HIV Indicator Conditions: Guidance for Implementing HIV Testing in Adults in Health Care Settings



Some Conclusions

- Indicator condition guided HIV testing is a feasible and effective strategy to reduce the level of undiagnosed HIV infection in Europe.
- Expanding HIV testing in health care settings requires training – including on stigma as a barrier to testing.
- Political support on the national and European levels as well as auditing, monitoring and evaluation for impact is key.
- The results of the research are a good basis for advocacy across Europe.

The HIV in Europe SC and Study Groups With Europe

HIV in Europe Steering Committee: Co-Chairs: Ton Coenen, AIDS Action Europe, Executive Director Aids Fonds & Soa Aids Nederland, Netherlands and Jens Lundgren, Professor & Chief Physician, University of Copenhagen & Rigshospitalet, Director, Copenhagen HIV Programme, Denmark, Members: Jordi Casabona, Scientific Director, Center for HIV/STI Epidemiological Studies of Catalonia Nikos Dedes, European AIDS Treatment Group (EATG), Greece, Valerie Delpech, Health Protection Agency, London, United Kingdom, José Gatell, Head, Infectious Diseases & AIDS Units, Clinical Institute of Medicine & Dermatology, Hospital Clinic, Professor of Medicine, University of Barcelona, Spain, Brian Gazzard, Professor of Medicine, Imperial College School of Medicine, HIV Research Director, Chelsea & Westminster Hospital, UK, Igor Karpov, Professor, Department of Infectious Diseases, Belarus State Medical University, Jürgen Rockstroh, Professor of Medicine University of Bonn and Head of an HIV outpatient clinic, Germany, Anders Sönnerborg, MD, PhD, Professor, Department of Medicine Karolinska University Hospital, Sweden, Nino Tsereteli, Executive Director of "Center for Information and Counseling on Reproductive Health – Tanadgoma", John de Wit, Professor and Director, National Centre in HIV Social Research, The University of New South Wales, and Visiting Professor of Social Psychology of Health and Sexuality, Utrecht University, Observers: WHO Regional Office for Europe, STI/HIV/AIDS Programme, Represented by Marita van de Laar, PhD, European Monitoring Centre for Drugs and Drug Addiction (EMCDDA), Represented by Lucas Wiessing, epidemiologist, principal scientist, The Global Fund to Fight AIDS, Tuberculosis and Malaria, Represented by Vitaly Zhumagliev, Centers for Disease Control and Prevention (CDC), Represented by Kevin Fenton, UNAIDS Regional Support Team ECA, Represented by Jean-Elie Malkin.

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Working Group on Estimation of HIV Prevalence in Europe (conveners: Andrew Phillips and Rebecca Lodwick, University College London Medical School, Royal Free Campus, London, UK)

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Panel on Guidance on Indicator Condition-Guided HIV testing in Adults: European Centre for Disease Prevention and Control, Sweden, represented by Marita van de Laar; WHO Europe, Denmark, represented by Lali Khotenashvili; Nathan Clumeck, CHU Saint-Pierre, Brussels, Belgium; Jose Gatell, Hospital Clínic – IDIBAPS, University of Barcelona, Spain; Brian Gazzard, Chelsea and Westminster Hospital, London, UK; Jens Lundgren, University of Copenhagen and Rigshospitalet, Copenhagen; Antonella d'Arminio Monforte, Infectious Diseases Unit, San Paolo University Hospital, Milan, Italy; Jürgen Rockstroh, Medizinischen Universitätsklinik, Bonn, Germany; Amanda Mocroft, University College London, UK; Ann Sullivan, Chelsea and Westminster Hospital, London, UK; Valerie Delpech, Health Protection Agency, UK; Martin Fisher, Royal Sussex County Hospital, Brighton, UK; Francesco Blasi, Alberto Mateelli, European Respiratory Society (ERS); Gabriele Arendt, Universitätsklinikum Neurologische Klinik Düsseldorf, Germany, European Neurological Society (ENS); Keith Radcliffe, European branch of the International Union against Sexually Transmitted Infections (IUSTI), Tallinn, Estonia; Deniz Gokengin, IUSTI Europe, Turkey; José Miro, Hospital Clinic IDIBAPS, University of Barcelona, Barcelona, Spain; Bruno Hoen, Centre Hospitalier Universitaire Hôspital Saint Jacques de Maladies Infectieuses et Tropicales, Besancon, France, on behalf of the European Society of Clinical Mikrobiology and Infectious Diseases (ESCMID); Erwin Tschachler, European Academy of Dermatology and Venereology (EADV); Anne-Françoise Gennotte, GP, Brussels VCT Center, Brussels; Mika Salminen, National Institute of Health and Welfare (THL), Helsinki, Finland (previously European Centre for Disease Prevention and Control).

The people living with HIV Stigma Index Advisory Group: Wolciech Tomozynski on behalf of ECLIC (the Eastern European Network for People living with HIV). Henrik Arildson on behalf of HIV

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HIV in Europe Working Together for Optimal Testing and Earlier Care



To identify political, structural, clinical and social barriers to achieving optimal testing and care



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Home

About

- Copenhagen 2012 Conference
- Project1:Late presentation
- Project2:Infected not yet diagnosed
- Project3:HIDES
- Project4:Stigma Index
- Call to Action 2010-2011
- Conferences
- HIV in Europe Resources
- National Initiatives
- EU and outside Europe
- Other Resources
- Relevant links

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NEWS

Presentations from the HIV in Europe Copenhagen 2012 Conference are now posted at the website



The conference has recieved funding from the European Commission under the Health Programme 2008-213. However, the sole responsibility for the study lies with the author

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News

HIV 2012 Spain

Wednesday, May 16, 2012 HIV 2012 Spain will be held in Madrid on May 29 2012. Programme HIV 2012 Spain

Press release 15 March 2012 Thursday, March 15, 2012

"The HIV epidemic in Eastern Europe is out of control and entering into care late is fuelling and HIV/TB epidemic" released 15 March 2012 - English released 15 March 2012 - Danish

Press release Thursday 1 March, 2012 Friday, March 02, 2012 HIV in Europe Copenhagen 2012 Conference

Conference Press release "New Indicator Disease reveal hidden HIV"

European Parliament Resolution, December 2011 Wednesday, December 14, 2011